



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
Shobhavana Campus, Mijar, Moodbidri, D.K – 574225
Phone: 08258-262725, Fax: 08258-262726

Swami Vasudev Jiggi, Sadhguru

Founder, ISHA Foundation

TOPIC: " *Life Audit* "

DATE: 17th February, 2018

VENUE: Karnataka Bank-Head Office, Mangalore

Invited event: 100 Passes of the event were given to Rostrum Club to be a part of talk by Sadhguru on the occasion of Founders Day of Karnataka Bank.

REPORT

Introduction of the guest: Sadhguru, a yogi and profound mystic of our times, is a visionary humanitarian and a prominent spiritual leader. A contemporary Guru, rooted as strongly in mundane and pragmatic matters as he is in inner experience and wisdom, Sadhguru works tirelessly towards the physical, mental, and spiritual well-being of all. His mastery of the mechanisms of life, an outcome of his profound experience of the Self, guides in exploring the subtler dimensions of life.

Event: Sadhguru, the mystic and the yogic guru he is, could not help but comment on the crisis the banking sector of the country is facing. He said that the wellness of the country is in its business and it depends on the banking system. Unfortunately the country happen to witness banking scams. He said money is a commodity that all people run behind and try to fill their warehouses with it. He said that money is just a transaction tool and should be in banks. Only commodity should be in warehouses. He said 300 years ago, we were the largest economy of the country. Current education system is producing human products, which is bad of the nation. He said keep in mind the life audit, that it is life and not money that is important. Its your karma that will determine your peace.

Outcome: Karnataka Bank MD and CEO Mr. Mahabaleshwara and Chairman Mr. P Jayaram Bhat were present during the session. A total of approximately 1500 people gathered to listen to the talk and we were delighted to be invited to the event with 100 passes being offered to Rostrum students.



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PHOTOS



Deepak Raj

Mr. Deepak Raj
Faculty Coordinator
Rostrum - The Speakers' Club

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Mr. Srinivas Arka

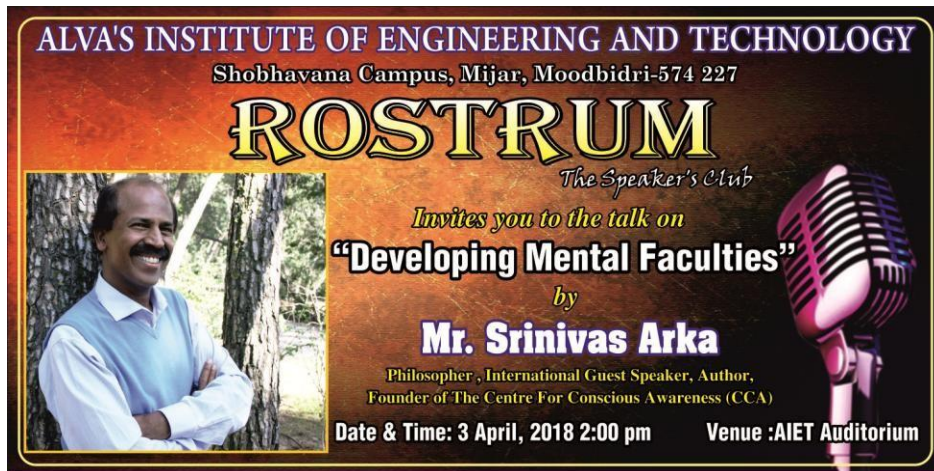
**Founder of the centre for Conscious Awareness,
Philosopher, Author**

TOPIC: " *Developing Mental Faculties* "

DATE: 3rd April, 2018

VENUE: AIET Auditorium

INVITE



REPORT

The guest talk by Mr. Srinivas Arka on 'Developing Mental Faculties' was hosted by Rostrum-The speakers' club on 3rd April, 2018 at AIET Auditorium, AIET. The talk was graced by the presence of Mr. Vivek Alva, Managing Trustee, Alva's Education Foundation, Dr. Kurian, Principal, Alva's Degree college, Dr. Vanitha, Principal, Alva's College of Physiotherapy. The event has a total of 450 students gathered from AIET and Alva's Naturopathy College.

Introduction of the guest: Srinivas Arka is a World Renowned Philosopher, Inspirational Speaker, Author, Developer of Human Positive Potential Programmes and a Founder of the Centre For Conscious Awareness (CCA) Registered Charities Globally. He is known for his work serving communities around the world. Highly regarded for his lectures, workshops and books, his work has inspired people around the world to explore and develop their intuitive awareness, thus helping them to achieve a more balanced and fulfilling life for themselves and where possible helping those around them.

Event: In the event, Mr. Srinivas advised the mind should act according to one's requirement and



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it will fail to control our mind it may lead to misery. "Mind is like a football and the body can be considered as the field. All senses are the players. The game is between logical mind and emotional heart, with soul as the umpire. The success depends on how skillfully and gracefully you play with the ball of your mind to reach the goals of life at various stages", he elaborated.

Outcome: The session was witnessed by all the rostrum student members and the other interested students and strength of the session was 320 including the faculty members. The guest addressed the importance of Meditation, diet, Yoga, creative activities and exercise which can help to improve intellect and create healthy emotions.



Chief guest and other dignitaries on the stage



Presenting a memento to the chief guest as a token of gratitude

D. K. Raj

Mr. Deepak Raj
Faculty Coordinator
Rostrum - The Speakers' Club

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