



WOMEN EMPOWERMENT CELL ACTIVITY REPORT
ACADEMIC YEAR
2019-20

PRINCIPAL

Alvo's Institute of Engrg. & Technology
Mijet, MOODNUR - 574 305, KA



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
Shobhavana Campus, Mijar, Moodbidri, D.K – 574225
Phone: 08258-262725, Fax: 08258-262726

September 2, 2019

To,

The Principal,

AIET, Mijar, Moodbidri

Sir,

Women empowerment committee is proposing to conduct a Three Days Workshop on Counselling & Mentoring For Faculty & SWOs -Dr Audrey Pinto on Sept 6 - 8, 2019 from 9.30 am -12.30 am & 1:30 pm - 4:30 pm.

Committee has planned to invite both boys and girls and intended at improving the gender sensitisation in the institute. The program is proposed to be conducted in the MBA Seminar Hall.

Kindly approve the same and do the needful.

Thanking you,
Yours Sincerely,


Dr. Claret Mendonca
Chief Coordinator- WEC



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

Shobhavana Campus, Mijar, Moodbidri, D.K – 574225

Phone: 08258-262725, Fax: 08258-262726

September 1, 2019

Dr Audrey Susheela Pinto,
Professor of MSc Counselling,
Post-Graduate Department of Social Work,
Roshni Nilaya

Dear Madam,

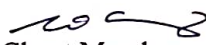
Thank you for accepting our invitation to conduct Three Days Workshop on Counselling & Mentoring For Faculty & SWOs organized by the Women Empowerment Cell of the Institute.

The venue for the workshop will be MBA Seminar Hall. The dates are from Sept 6 - 8, 2019; from 9.30 am -12.30 am & 1:30 pm - 4:30 pm.

We look forward to actively participate in the workshop.

Thank you,

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator



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September 1, 2019

CIRCULAR

A three Days Workshop on Counselling & Mentoring For Faculty & SWOs by Dr Audrey Pinto, has been organized by the Women Empowerment Cell of the Institute for faculty and Students.

The venue for the workshop will be MBA Seminar Hall. The dates are from Sept 6 - 8, 2019; timing from 9.30 am -12.30 am & 1:30 pm - 4:30 pm. Kindly register your names for the workshop.

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator

cc: Principal, Deans, HODs, SWOs, AO



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THREE-DAY WORKSHOP ON COUNSELLING & MENTORING FOR FACULTY & SWOs

Date : 6-8 September, 2019



Dr Audrey Pinto, Professor, conducted three day workshop on Professional Counselling and Mentoring for the faculty and SWOs of AIET. She used case studies, role plays and group activities to illustrate the much needed skills. She also shared her rich practical experience in counselling the youth as a professor and a social worker at Roshni Nilaya and currently, a faculty at Alva's PG College.

PRINCIPAL
Alva's Institute of Engg. & Technology,
Mijar. MOODBIDRI - 574 225, D.K



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LIST OF PARTICIPANTS

SL NO.	USN	NAME
1	4AL17CS069	PUNITH G
2	4AL17IS041	S NIKIL TEJASWI
3	4LV16MBA03	ANUP AVVANNAVAR
4	4AL17CS070	RACHANA K N
5	4LV16MBA01	AJITH KUMAR K
6	4AL17ME012	ARJUN R
7	4AL18EC400	SUSHANT POOJARY
8	4AL17ME011	APPORVA C KADADEVAR
9	4AL17EC037	JYOTI DONUR
10	4AL17MBA50	VINOD BANKAPURA
11	4AL18CV024	NAVEEN K S
12	4LV17MBA09	HARSHA M G
13	4AL17ME022	GIRISH L
14	4AL18CS088	SPOORTI S DAROJI
15	4AL17CS044	KOUSHIK S N
16	4AL18EC013	DHANUSH K
17	4AL17EC094	VENKATESH LAGAMANNA KAMBLE
18	4LV16MBA26	MEGHA Y
19	4AL18MBA29	HEMANTHA MANJUNATHA NAIK
20	4LV17MBA07	FRANKY BAPTIST FALLEIRA
21	4AL18ME019	KEERTHAN SUBHASHCHANDRA KUCKIAN
22	4AL17ME029	K MAHANTHESH
23	4AL18MBA55	RAJESHWARI V S
24	4AL17CS022	CHEETHANA J
25	4AL17EC016	CHANDAN C
26	4AL17CV414	MOUNESH A PATTAR
27	4AL17CS400	BHARATH S
28	4AL17EC005	AKSHAN SANDEEP D SOUZA
29	4AL17MBA24	POOJA
30	4AL18EC026	KIRTI BASWARAJ SHIVAPUJE
31	4AL18MBA83	SUSHIMITHA L



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32	4AL18CV021	MOHAMMED SUHAIB
33	4AL18MBA35	KIRAN B GOUDAR
34	4AL18CS043	LAXMAN PUNDALIK BUDIHAL
35	4AL17CS049	MADAN GOWDA V
36	4AL17CS059	PRAJNA
37	4AL17EC002	ABHISHEK M SHASTRY K
38	4AL17CV063	SHARANABASAPPA PATIL
39	4AL17CS051	MAHEK SABHA
40	4AL17CV410	MAKBUL LALSAHEB YALAGOD
41	4AL17ME088	VINODRAJ
42	4AL17ME035	MADHU G K
43	4LV15MBA42	KUMAR SHANKARAPPA L
44	4AL18CV022	MOHAMMED ZAINUDDIN
45	4AL17ME072	SRIVATSA H S
46	4AL17ME053	ROHAN PRABHU
47	4AL17EC008	AKSHAY
48	4AL18IS017	POOJA K G
49	4AL18MBA02	ABHISHEK H D
50	4LV17MBA01	AISHWARYA KOTIAN
51	4LV15MBA30	SOUKHYA NAIK
52	4AL17ME083	VEENA V
53	4LV16MBA49	SHETTY SHRUTI S
54	4LV15MBA06	PRATHAP N S
55	4AL18ME011	ELISH GANESH
56	4AL18CS027	JAHNAVI P C
57	4LV15MBA10	RASHMI R
58	4AL17CS039	KANAKA B S
59	4LV15MBA28	SRIDHAR.M
60	4AL18EC005	AKSHATHA Y E
61	4AL18CV015	KAVYA H P
62	4AL18IS014	NAVEEN BAVANI K
63	4AL18MBA76	SUBHIKSHA JAIN
64	4AL17IS002	AKSHATHA L HEGDE



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65	4AL18CS080	SHREE KIRAN R BIAT
66	4AL18ME404	MARDANALI G NADAF
67	4AL18ME010	DHEERAJ H TANDEL
68	4AL17CS033	HEMALATHA S
69	4AL17ME415	RAVI
70	4AL18CV401	HARI PRASAD R
71	4AL18MBA80	SUNIL KUMAR B V
72	4LV16MBA04	ANVITHA AISHWARYA SEQUEIRA
73	4AL17CS098	SPOORTHY M S
74	4AL17IS040	ROOPASHREE J
75	4AL18IS019	RANJAN KUMAR
76	4LV16MBA13	DILIP THOLAR
77	4AL18CS012	ASHISH GRACION MENEZES
78	4AL18ME026	PREETHAM S

Outcome

Dr Audrey Pinto led a three-day programme for AIET teachers and SWOs on professional counselling and mentoring. She demonstrated the necessary abilities through case studies, role plays, and group exercises. She also offered her extensive practical expertise as a professor and social worker at Roshni Nilaya, as well as a faculty member at Alva's PG College. The event benefited a total of 78 individuals from diverse departments.

PRINCIPAL

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
Shobhavana Campus, Mijar, Moodbidri, D.K – 574225
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October 3, 2019

To,

The Principal,

AIET, Mijar, Moodbidri

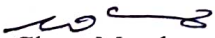
Sir,

Women empowerment committee is proposing to conduct a Half day Training for the Non-Teaching Staff, AIET on Personal Savings & Investment Avenues on Oct. 19, 2019 from 1:30 pm - 4:30 pm.

Committee has planned to invite both boys and girls and intended at improving the gender sensitisation in the institute. The program is proposed to be conducted in the MBA Seminar Hall.

Kindly approve the same and do the needful.

Thanking you,
Yours Sincerely,


Dr. Claret Mendonca
Chief Coordinator- WEC



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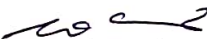
October 14, 2019

CIRCULAR

Half-day training for the non-teaching staff of AIET on personal savings and investment avenues by Dr. Claret Mendonca, Professor in PG Department of MBA, has been organized by the Women Empowerment Cell of the Institute.

The venue for the workshop will be MBA Seminar Hall. The date is on October 19, 2019; timing from 9.30 am - 12:30 pm. Kindly register your names for the workshop.

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator

cc: Principal, Deans, HODs, SWOs, AO



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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REPORT ON HALF-DAY TRAINING FOR THE NON-TEACHING STAFF OF AIET ON PERSONAL SAVINGS AND INVESTMENT AVENUES.

Date: October 19, 2019

The Non-Teaching Staff of AIET were guided by Dr. Claret Mendonca on how to cultivate a relationship of trust and understanding in their families. The role of women in building homes and societies was also discussed. She informed them on how to save on a regular basis towards life goals and the different avenues available for investments.


PRINCIPAL

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LIST OF PARTICIPANTS

SL NO.	NAME
1	HARSHITH G B
2	PONICA J
3	AMIN VISHAK DINESH
4	BHANDARY DARSHAN SATISH
5	ASHWINI
6	DHANYA LAXMAN BYNDOOR
7	SHAUN WINSTON PEREIRA
8	DHANYAKUMAR C A
9	MITHUN GOWDA B
10	SHRADHA
11	MAHESH H
12	BINDU N R
13	SUSHMITA
14	PADMANANDAN B S
15	SHETTY RITVIK SUDHAKAR
16	RAJESHA T
17	VASANTHA
18	SINDHU N
19	BHAT SOWMYASHREE MAHABALA
20	SOYAB P NADAF
21	PRAMODH G
22	SOUJANYA HM
23	SAJJALASHRI V DEVAPUR

Outcome

Dr. Claret Mendonca advised AIET's Non-Teaching Staff on how to foster a trusting and understanding connection with their families. Women's contributions to the construction of homes and societies were also discussed. She educated them on how to set aside money on a regular basis for long-term goals and the various investment options available. The event benefited a total of 23 people from various departments.

(PRINCIPAL)

Alva's Institute of Engg. & Technology,
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November 4, 2019

To,

The Principal,

AIET, Mijar, Moodbidri

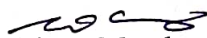
Sir,

Women empowerment committee is proposing to conduct a Self defence Demonstrations for Girls- By the students of the college on November 12, 2019 from 4.00PM- 4.45 PM.

Committee has planned to invite both boys and girls and intended at improving the gender sensitisation in the institute. The program is proposed to be conducted in the MBA Seminar Hall.

Kindly approve the same and do the needful.

Thanking you,
Yours Sincerely,


Dr. Claret Mendonca
Chief Coordinator- WEC



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November 5, 2019

CIRCULAR

Students of Alvas Institute of Engineering and Technology are exhibiting and demonstrating self-defence activities. This is organised by the Women Empowerment Cell of the Institute for faculty and Students.

The venue for the Program will be MBA Seminar Hall. The date is on November 12, 2019; timing from 4.00PM- 4.45 PM. Kindly register your names for the Program.

Regards,


Dr Claret Mendonca

Assoc. Professor & HOD

WEC Chief Coordinator

cc: Principal, Deans, HODs, SWOs, AO



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WOMEN EMPOWERMENT CELL

REPORT OF SELF DEFENCE AWAENESS TRAINING

November 12, 2019

Harassment of women and girls is common in our society, and many of these incidents go unreported, leading to horrible crimes against women and girls. It is critical to address such complex situations in order for females to be able to protect themselves from negative consequences. We can secure a society full of robust and strong women who can defend themselves by forcing them to learn self-defense.

As a result, pupils exhibit self-defense training programmes to other girls in various classrooms. This has raised knowledge about good and bad touch among children, particularly among girls, alerting and encouraging them to speak up about unfavourable conditions.



PRINCIPAL

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LIST OF PARTICIPANTS

SI No.	USN	Name
1	4AL16EC403	Gowda Rachita B V
2	4AL14CS041	MAHESHA
3	4AL14MBA73	VINAY KUMAR G H
4	4AL16CV062	PRABHULING
5	4AL15EC007	AMITKUMAR KONNUR
6	4AL15CV045	KRISHNAVENI P
7	4AL16CS018	ARUNA KUMARI V
8	4AL16CS117	VARSHA H SHETTY
9	4AL16IS045	Roopesh N
10	4AL14MBA56	SHREEVIDHYA
11	4AL14EC068	RAINA BENITA LOBO
12	4AL16CV019	BHOOMIKA T C
13	4AL14EC102	YASHODHA A BOMMANAHALLI
14	4AL14ME011	Ashley Nihal Dcunha
15	4AL15CV418	VENKATESH CS
16	4AL14CS044	MANJULA K C
17	4AL14CS090	THANYA P N
18	4AL14ME707	Bharamesh M Nyamagoud
19	4AL15ME403	ALTAF YAKSHAMBI
20	4AL14EC014	ASHOK SINGH RAJ PUROHIT
21	4AL15CS029	DEEKSHITHA
22	4AL16CV025	DARSHAN M
23	4AL14IS004	ADIKESHAVAMURTHY S MAROOR
24	4AL15ME428	MANJUNATH L
25	4AL15CS040	HEMA R
26	4AL15CV012	ANAND P R
27	4AL15CV404	MOHD. SAHUL HAMMED
28	4AL16CS036	HANISHREE M S
29	4AL16CV020	BORISKHAIDEM
30	4AL15ME726	RIYAS AHAMED K N
31	4AL15EC024	GAGANASHREE P



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32	4AL13ME704	Amal Dev U
33	4AL16CV005	AMITH R
34	4AL14EC073	SANDESH KUMAR K M

Outcome

Harassment of women and girls is widespread in our society, and many of these events go unreported, resulting in heinous crimes against women and girls. In order for females to be able to defend themselves from undesirable repercussions, it is necessary to address such difficult situations. By mandating women to study self-defence, we can ensure a society full of robust and powerful women who can protect themselves. As a result, students in various schools demonstrate self-defence training programmes to other girls. This has increased children's awareness of good and poor touch, particularly among girls, alerting and encouraging them to speak up about unfavourable circumstances. The event benefited a total of 34 participants from various departments.

PRINCIPAL

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Phone: 08258-262725, Fax: 08258-262726

November 28, 2019

To,

The Principal,

AIET, Mijar, Moodbidri

Sir,

Women empowerment committee is proposing to conduct a Prevention of Suicides and De-Addiction from On-Line Gaming on Dec.7, 2019 from 10.00 am -1.00 pm & 2:00 pm - 4:00 pm.

Committee has planned to invite both boys and girls and intended at improving the gender sensitisation in the institute. The program is proposed to be conducted in the MBA Seminar Hall.

Kindly approve the same and do the needful.

Thanking you,
Yours Sincerely,


Dr. Claret Mendonca
Chief Coordinator- WEC



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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Dec.3, 2019

Dr Lavina Noronha,
Palliative Care Centre at Vamanjoor,
Mangalore

Dear Madam,

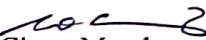
Thank you for accepting our invitation to conduct One-day training on Prevention of Suicides and De-Addiction from On-Line Gaming organized by the Women Empowerment Cell of the Institute.

The venue for the workshop will be MBA Seminar Hall. The date is on Dec.7, 2019; from 10.00 am -1.00 pm & 2:00 pm - 4:00 pm.

We look forward to actively participate in the workshop.

Thank you,

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator



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Dec.3, 2019

CIRCULAR

One-day training on Prevention of Suicides and De-Addiction from On-Line Gaming by Dr Lavina Noronha, Palliative Care Centre at Vamanjoor, has been organized by the Women Empowerment Cell of the Institute for faculty and Students.

The venue for the workshop will be MBA Seminar Hall. The date is on December 7, 2019; timing from 10.00 am -1.00 pm & 2:00 pm - 4:00 pm. Kindly register your names for the workshop.

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator

cc: Principal, Deans, HODs, SWOs, AO



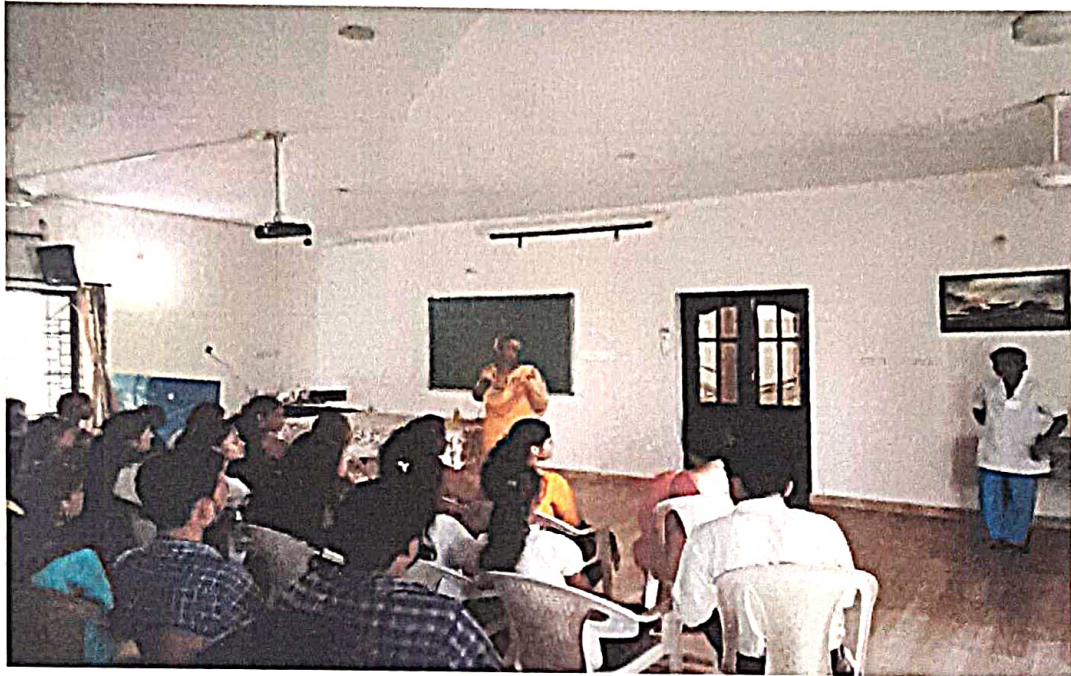
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PREVENTION OF SUICIDES AND DE-ADDICTION FROM ON-LINE GAMING

Date : 7 December, 2019



Dr Lavina Noronha, Founder, Ave Maria Palliative Care Centre trained faculty and students on how to prevent suicides and also imparted Counselling and Geriatric Care skills to the participants.




PRINCIPAL
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LIST OF PARTICIPANTS

SL NO.	USN	NAME
1	4AL17CS083	SHAH DHRUVIL AMIT
2	4LV17MBA02	AKHILESH
3	4AL17CV417	PRATHAPA M
4	4AL17ME016	C ZULKIFLY
5	4AL17CV054	PREETHAM S
6	4AL18IS012	MAHANTESH GIDADAMANI
7	4LV15MBA18	SANATH KUMAR
8	4AL17IS026	MANISH R
9	4AL18EC030	MALLAPPA S PARAGOND
10	4AL17EC017	CHANDAN N R
11	4AL17MBA34	SHREE RAKSHA SHETTY
12	4AL18EC024	KHAZI MOIN AHMED
13	4AL17EC067	PAVAN M
14	4AL17CV084	VISHAL S
15	4AL17MBA15	LAXMI BASAVARAJ ONKAR
16	4LV16MBA45	SANJAYA KUMARA S BANNIKATTI
17	4AL17CV027	LIDISE Y SANGTAM
18	4AL18CV025	NEHA N RATHOD
19	4AL17IS022	KAVYASHREE S
20	4AL17EC069	PERSIS P
21	4AL17CS035	JAYALAKSHMI M
22	4AL18EC046	SANTOSHKUMAR REDDY
23	4LV15MBA20	SANTOSH KULKANI
24	4LV16MBA15	HARSHAVARDHAN M R
25	4AL17CS057	PAVANA P
26	4AL17IS042	SAI KUMAR S
27	4LV17MBA08	GANESH S
28	4AL18EC017	GULAM RABBANI
29	4AL17ME021	DEVARAJ P SATARADDI
30	4LV17MBA16	KAVYASHREE T S
31	4AL17ME056	S Y MOHAN KUMAR
32	4LV16MBA55	SUSHRUT RAMACHANDRA HARIKANTRA
33	4AL18MBA24	GEETHA
34	4AL17MBA14	JUNAID K
35	4AL17IS038	RAKESH T
36	4AL18EC040	PREETHAM S RAI
37	4AL17EC080	ROSHNI A B
38	4AL18CS016	CHANDANA S
39	4AL17ME701	ASHISH S SHETTY
40	4AL17CS042	KAVYA R SHETTY
41	4AL17MBA04	ABHISHEK K
42	4AL18CV041	SHREEGANESH G R
43	4AL18EC004	ADARSHA S
44	4AL18CS003	ADARSHA N Y
45	4AL18CS058	PRAMOD P M
46	4AL17EC020	CHANNABASAVA
47	4AL17CS025	DATTA KIRAN A B



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48	4LV16MBA42	RAVI SA SA NARENDRA
49	4AL18CS077	SHAILASHREE
50	4AL17ME700	AMARA N S
51	4LV16MBA51	SHRUTI C
52	4AL18MBA56	RAKSHA KAVA
53	4AL17IS005	ALBIN GEORGE
54	4AL17MBA26	PRATHIKSHA SALIAN
55	4LV16MBA17	KALAVATHI H R
56	4AL18ME024	NABISHARIF
57	4AL17EC012	BRUNDA H Y
58	4LV16MBA59	YASHASWINI B
59	4AL17CS056	PALLAVI
60	4AL17MBA28	SANTHOSH D
61	4AL18ME032	VYSHNAV S B
62	4AL17CV044	NIDHI S
63	4AL18EC051	SOURAV K
64	4AL17EC091	SWASTIK R GOWDA
65	4LV15MBA40	VISHAL M G
66	4AL18CS008	ANUSH RATNAKAR SHETTY
67	4AL17EC065	PADMASHREE B S
68	4AL17IS023	KSHAMA
69	4AL17CS401	GOURAMMA
70	4AL18MBA18	DEEKSHITH KUMAR
71	4AL18CS026	IJAZ IBRAHIM
72	4AL17CS013	ARUNA K
73	4LV15MBA24	SHARATH
74	4AL18CS067	RAJESH GOURANNAVAR

Outcome

Dr. Lavina Noronha, Founder of Ave Maria Palliative Care Centre, provided training to teachers and students on how to prevent suicides as well as counselling and geriatric care abilities. The event benefited a total of 74 people from various departments.

PRINCIPAL

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

Shobhavana Campus, Mijar, Moodbidri, D.K – 574225

Phone: 08258-262725, Fax: 08258-262726

December 11, 2019

To,

The Principal,

AIET, Mijar, Moodbidri

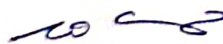
Sir,

Women empowerment committee is proposing to conduct a Entrepreneurship Awareness for Women on December 23, 2019 from 2:00 pm - 4:00 pm.

Committee has planned to invite both boys and girls and intended at improving the gender sensitisation in the institute. The program is proposed to be conducted in the MBA Seminar Hall.

Kindly approve the same and do the needful.

Thanking you,
Yours Sincerely,


Dr. Claret Mendonca
Chief Coordinator- WEC



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

Shobhavana Campus, Mijar, Moodbidri, D.K – 574225

Phone: 08258-262725, Fax: 08258-262726

December 19,2019

To,

Mr. Stany Alvares,
President,
Rachana Entrepreneurship Development Cell, Mangalore

Dear Sir,

Thank you for accepting our invitation to conduct Entrepreneurial awareness Program for our students organized by the Women Empowerment Cell of the Institute.

The venue for the Program will be MBA Seminar Hall. The date is on December 23,2019; from 2.00PM - 4:00 pm.

We look forward to actively participate in the Program.

Thank you,

Regards,


Dr Claret Mendonca

Assoc. Professor & HOD

WEC Chief Coordinator



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

Shobhavana Campus, Mijar, Moodbidri, D.K – 574225

Phone: 08258-262725, Fax: 08258-262726

December 19,2019

CIRCULAR

An entrepreneurial awareness program by Mr. Stany Alvares, President, Rachana Entrepreneurship Development Cell, Mangalore, has been organized by the Women Empowerment Cell of the Institute for faculty and Students.

The venue for the Program will be MBA Seminar Hall. The date is on December 23,2019; timing from 2:00 pm - 4:00 pm. Kindly register your names for the Program.

Regards,


Dr Claret Mendonca

Assoc. Professor & HOD

WEC Chief Coordinator

cc: Principal, Deans, HODs, SWOs, AO



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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WOMEN EMPOWERMENT CELL

REPORT OF ENTREPRENEURIAL AWARENESS PROGRAM

December 23, 2019

Entrepreneurship Awareness Programmes are held on a regular basis at Alva's Institute of Engineering and Technology, Moodabidri, to cultivate the talent of young people by educating them on various elements of industrial activity essential for the establishment of MSEs, particularly among girls. Mr. Stany Alvares, President, Rachana Entrepreneurship Development Cell, Mangalore was the expert. These EAPs were created for young students with available skills to encourage them to pursue self-employment. The students were energised and inspired by this presentation on entrepreneurship awareness exercises. This also included information on product/project selection and project profile preparation, marketing avenues/ methods, product/service pricing, export potential, infrastructure facilities available, banking and financial institutions, cash flow, accounting, product casting, and so on.




PRINCIPAL

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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Phone: 08258-262725, Fax: 08258-262726

LIST OF PARTICIPANTS

Sl No.	USN	Name
1	4AL17CS069	PUNITH G
2	4AL17IS041	S NIKIL TEJASWI
3	4LV16MBA03	ANUP AVVANNAVAR
4	4AL17CS070	RACHANA K N
5	4LV16MBA01	AJITH KUMAR K
6	4AL17ME012	ARJUN R
7	4AL18EC400	SUSHANT POOJARY
8	4AL17ME011	APPORVA C KADADEVAR
9	4AL17EC037	JYOTI DONUR
10	4AL17MBA50	VINOD BANKAPURA
11	4AL18CV024	NAVEEN K S
12	4LV17MBA09	HARSHA M G
13	4AL17ME022	GIRISH L
14	4AL18CS088	SPOORTI S DAROJI
15	4AL17CS044	KOUSHIK S N
16	4AL18EC013	DHANUSH K
17	4AL17EC094	VENKATESH LAGAMANNA KAMBLE
18	4LV16MBA26	MEGHA Y
19	4AL18MBA29	HEMANTHA MANJUNATHA NAIK
20	4LV17MBA07	FRANKY BAPTIST FALLEIRA
21	4AL18ME019	KEERTHAN SUBHASHCHANDRA KUCKIAN
22	4AL17ME029	K MAHANTHESH
23	4AL18MBA55	RAJESHWARI V S
24	4AL17CS022	CHEETHANA J
25	4AL17EC016	CHANDAN C
26	4AL17CV414	MOUNESH A PATTAR
27	4AL17CS400	Bharath S



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28	4AL17EC005	AKSHAN SANDEEP D SOUZA
29	4AL17MBA24	POOJA
30	4AL18EC026	KIRTI BASWARAJ SHIVAPUJE
31	4AL18MBA83	SUSHMITHA L
32	4AL18CV021	MOHAMMED SUHAIB
33	4AL18MBA35	KIRAN B GOUDAR
34	4AL18CS043	LAXMAN PUNDALIK BUDIHAL
35	4AL17CS049	MADAN GOWDA V
36	4AL17CS059	PRAJNA
37	4AL17EC002	ABHISHEK M SHASTRY K
38	4AL17CV063	SHARANABASAPPA PATIL
39	4AL17CS051	MAHEK SABHA
40	4AL17CV410	MAKBUL LALSAHEB YALAGOD
41	4AL17ME088	VINODRAJ
42	4AL17ME035	MADHU G K
43	4LV15MBA42	KUMAR SHANKARAPPA L
44	4AL18CV022	MOHAMMED ZAINUDDIN
45	4AL17ME072	SRIVATSA H S
46	4AL17ME053	ROHAN PRABHU
47	4AL17EC008	AKSHAY
48	4AL18IS017	POOJA K G
49	4AL18MBA02	ABHISHEK H D
50	4LV17MBA01	AISHWARYA KOTIAN
51	4LV15MBA30	SOUKHYA NAIK
52	4AL17ME083	VEENA V
53	4LV16MBA49	SHETTY SHRUTI S
54	4LV15MBA06	PRATHAP N S
55	4AL18ME011	ELISH GANESH
56	4AL18CS027	JAHNAVI P C
57	4LV15MBA10	RASHMI R
58	4AL17CS039	KANAKA B S



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Phone: 08258-262725, Fax: 08258-262726

59	4LV15MBA28	SRIDHAR.M
60	4AL18EC005	AKSHATHA Y E
61	4AL18CV015	KAVYA H P
62	4AL18IS014	NAVEEN BAVANI K
63	4AL18MBA76	SUBHIKSHA JAIN
64	4AL17IS002	AKSHATHA L HEGDE
65	4AL18CS080	SHREE KIRAN R BHAT
66	4AL18ME404	MARDANALI G NADAF
67	4AL18ME010	DHEERAJ H TANDEL
68	4AL17CS033	HEMALATHA S
69	4AL17ME415	RAVI
70	4AL18CV401	HARI PRASAD R
71	4AL18MBA80	SUNIL KUMAR B V
72	4LV16MBA04	ANVITHA AISHWARYA SEQUEIRA
73	4AL17CS098	SPOORTHI M S
74	4AL17IS040	ROOPASHREE J
75	4AL18IS019	RANJAN KUMAR
76	4LV16MBA13	DILIP THOLAR
77	4AL18CS012	ASHISH GRACION MENEZES
78	4AL18ME026	PREETHAM S

Outcome

Entrepreneurship Awareness Programmes are held on a regular basis at Alva's Institute of Engineering and Technology, Moodabidri, to nurture the talent of young people by teaching them on various aspects of industrial activity necessary for the development of MSEs, especially among girls. The expert was Mr. Stany Alvares, President, Rachana Entrepreneurship Development Cell, Mangalore. These EAPs were designed to encourage young students with available abilities to explore self-employment. This presentation on entrepreneurship awareness exercises enlivened and encouraged the kids. The event benefited a total of 78 people from various departments.

PRINCIPAL

Alva's Institute of Engg. & Technology,
Mijar. MOODBIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
Shobhavana Campus, Mijar, Moodbidri, D.K – 574225
Phone: 08258-262725, Fax: 08258-262726

December 27, 2019

To,

The Principal,

AIET, Mijar, Moodbidri

Sir,

Women empowerment committee is proposing to conduct a One-week training on Yoga and Meditation on Jan.17-22, 2020 from '6.30am to 8.30am and 6pm to 7pm. .

Committee has planned to invite both boys and girls and intended at improving the gender sensitisation in the institute. The program is proposed to be conducted in the Auditorium.

Kindly approve the same and do the needful.

Thanking you,
Yours Sincerely,


Dr. Claret Mendonca
Chief Coordinator- WEC



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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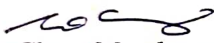
Jan.10, 2019

CIRCULAR

One-week training on Yoga and Meditation has been organized by the Women Empowerment Cell of the Institute for the girls Students.

The venue for the workshop will be Auditorium. The dates are from Jan.17-22, 2020; timing from 6.30am to 8.30am and 6pm to 7pm. . Kindly register your names for the workshop.

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator

cc: Principal, Deans, HODs, SWOs, AO



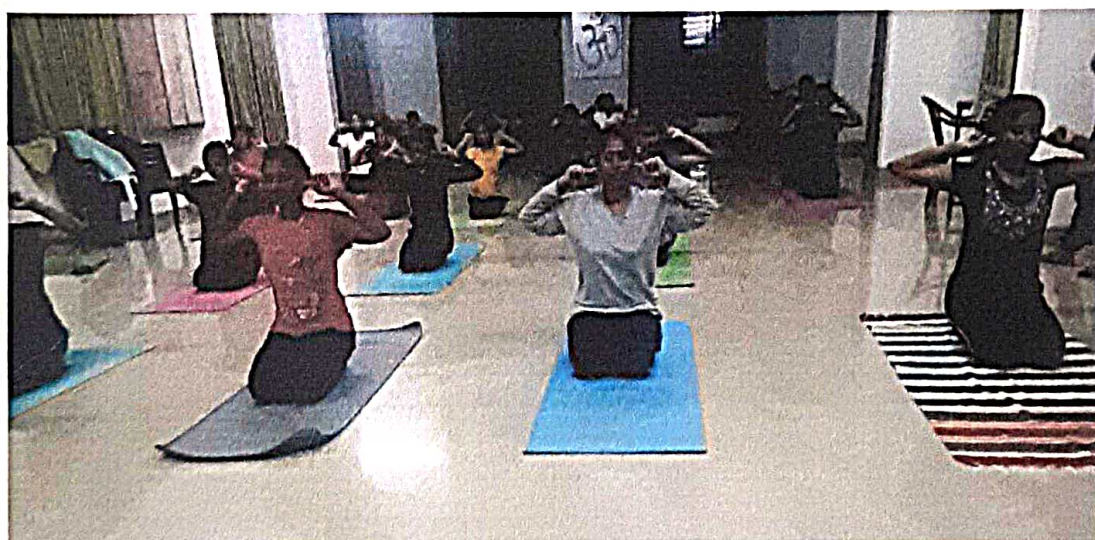
ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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ONE WEEK TRAINING ON YOGA AND MEDITATION

Date : 17 to 22 January, 2020



The PG students from Alva's College of Naturopathy and Yogic Sciences conducted one hour of yoga sessions for the faculty and students for a week. The training has helped students to realize the benefits of being fit and it has enhanced their academic performance.

PRINCIPAL
Alva's Institute of Engg. & Technology
Mijar, MOODSIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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LIST OF PARTICIPANTS

SL NO.	USN	NAME
1	4AL17CS083	SHAH DIIRUVIL AMIT
2	4LV17MBA02	AKHILESH
3	4AL17CV417	PRATHAPA M
4	4AL17ME016	C ZULKIFLY
5	4AL17CV054	PREETHAM S
6	4AL18IS012	MAHANTESH GIDADAMANI
7	4LV15MBA18	SANATH KUMAR
8	4AL17IS026	MANISH R
9	4AL18EC030	MALLAPPA S PARAGOND
10	4AL17EC017	CHANDAN N R
11	4AL17MBA34	SHREE RAKSHA SHETTY
12	4AL18EC024	KHAZI MOIN AHMED
13	4AL17EC067	PAVAN M
14	4AL17CV084	VISHAL S
15	4AL17MBA15	LAXMI BASAVARAJ ONKAR
16	4LV16MBA45	SANJAYA KUMARA S BANNIKATTI
17	4AL17CV027	LIDISE Y SANGTAM
18	4AL18CV025	NEHA N RATHOD
19	4AL17IS022	KAVYASHREE S
20	4AL17EC069	PERSIS P
21	4AL17CS035	JAYALAKSHMI M
22	4AL18EC046	SANTOSHKUMAR REDDY
23	4LV15MBA20	SANTOSH KULKANI
24	4LV16MBA15	HARSHAVARDHAN M R
25	4AL17CS057	PAVANA P
26	4AL17IS042	SAI KUMAR S
27	4LV17MBA08	GANESH S
28	4AL18EC017	GULAM RABBANI
29	4AL17ME021	DEVARAJ P SATARADDI
30	4LV17MBA16	KAVYASHREE T S
31	4AL17ME056	S Y MOHAN KUMAR
32	4LV16MBA55	SUSHRUT RAMACHANDRA HARIKANTRA
33	4AL18MBA24	GEETHA
34	4AL17MBA14	JUNAID K
35	4AL17IS038	RAKESH T
36	4AL18EC040	PREETHAM S RAI
37	4AL17EC080	ROSIINI A B
38	4AL18CS016	CHANDANA S
39	4AL17ME701	ASHISH S SHETTY
40	4AL17CS042	KAVYA R SHETTY
41	4AL17MBA04	ABHISHEK K
42	4AL18CV041	SHREEGANESH G R
43	4AL18EC004	ADARSHA S
44	4AL18CS003	ADARSHA N Y
45	4AL18CS058	PRAMOD P M
46	4AL17EC020	CHANNABASAVA



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47	4AL17CS025	DATTA KIRAN A B
48	4LV16MBA42	RAVI SA SA NARENDRA
49	4AL18CS077	SHAILASHREE
50	4AL17ME700	AMARA N S
51	4LV16MBA51	SHRUTI C
52	4AL18MBA56	RAKSHA KAVA
53	4AL17IS005	ALBIN GEORGE
54	4AL17MBA26	PRATHIKSHA SALIAN
55	4LV16MBA17	KALAVATHI H R
56	4AL18ME024	NABISHARIF
57	4AL17EC012	BRUNDA H Y
58	4LV16MBA59	YASHASWINI B
59	4AL17CS056	PALLAVI
60	4AL17MBA28	SANTHOSH D

Outcome

For a week, PG students from Alva's College of Naturopathy and Yogic Sciences led one-hour yoga sessions for professors and students. Students have realised the benefits of being healthy, and their academic performance has improved as a result of the training. The event benefited a total of 60 participants from various departments.

PRINCIPAL

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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Phone: 08258-262725, Fax: 08258-262726

February 28, 2020

To,

The Principal,

AIET, Mijar, Moodbidri

Sir,

Women empowerment committee is proposing to conduct a Women's Day Celebrations 2020 and One-Day Workshop to Empower Women on Mar.7, 2020 from 10.00 am -12.30 pm & 2:00 pm - 4:00 pm.

Committee has planned to invite both boys and girls and intended at improving the gender sensitisation in the institute. The program is proposed to be conducted in the Auditorium.

Kindly approve the same and do the needful.

Thanking you,
Yours Sincerely,


Dr. Claret Mendonca
Chief Coordinator- WEC



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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Phone: 08258-262725, Fax: 08258-262726

Mar.3, 2020

Dr Asha Jyothi Rai,
Chairperson,
Aasare Charitable Trust ® Mangaluru.

Dear Madam,

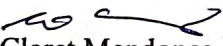
Thank you for accepting our invitation to be the chief guest Women's Day Celebrations 2020 and One-Day Workshop to Empower Women organized by the Women Empowerment Cell of the Institute.

The venue for the workshop will be Auditorium. The date is on Mar.7, 2020; from 10.00 am - 12.30 pm & 2:00 pm - 4:00

We look forward to actively participate in the workshop.

Thank you,

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator



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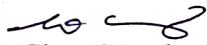
Mar.3, 2020

CIRCULAR

One-day Women's Day Celebrations 2020 and One-Day Workshop to Empower Women by Dr Asha Jyothi Rai, Chairperson, Aasare Charitable Trust ® Mangaluru. has been organized by the Women Empowerment Cell of the Institute for faculty and Students.

The venue for the workshop will be Auditorium. The date is on Mar.7, 2020; timing from 10.00 am -12.30 pm & 2:00 pm - 4:00. Kindly register your names for the workshop.

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator

cc: Principal, Deans, HODs, SWOs, AO



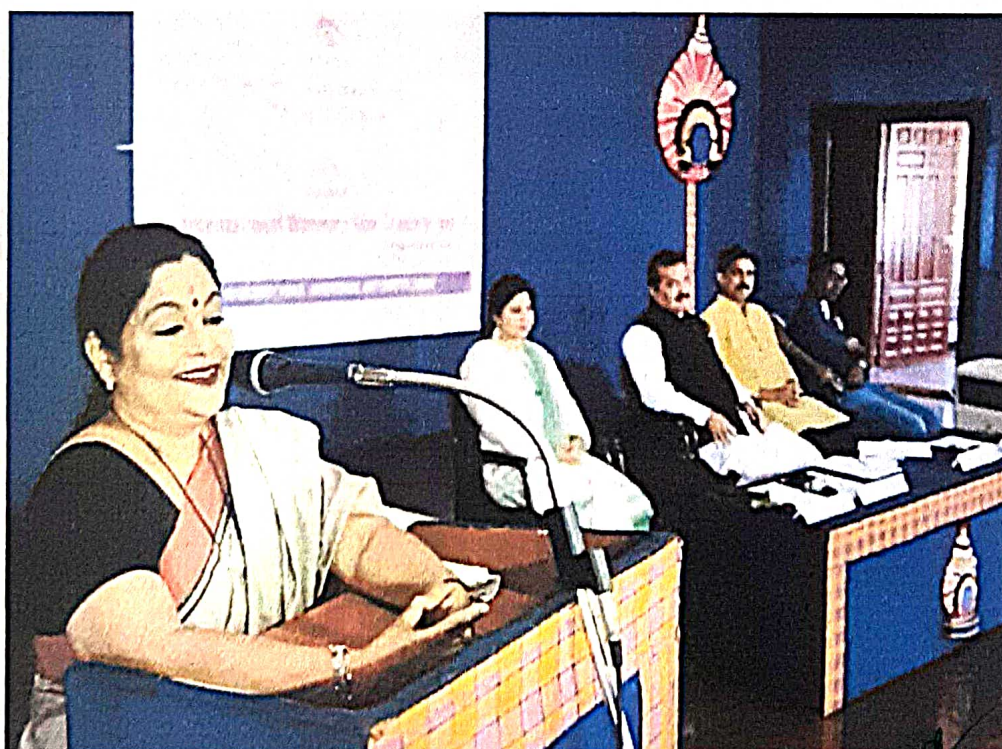
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WOMEN'S DAY CELEBRATIONS 2020 AND ONE-DAY WORKSHOP TO EMPOWER WOMEN

DATE: 7 MARCH 2020





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International Women's Day 2020 Celebrations was organized by Women's Empowerment Cell, AIET, Women's Development Cell, AEF jointly with Society for Human Resources Development (SHRD) on 7th of March, 2020 at AIET Auditorium. The celebrations were inaugurated by Dr Asha Jyothi Rai, Chairperson, Aasare Charitable Trust @ Mangaluru. The resource persons for the day were Ms Shahwar Banu, Associate Director-HR, Tieto Evry, Bengaluru and Dr Ashok Antony D'Souza, Professor and Chairman, PG Dept of Social



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Work, Rani Chennamma University, Belagavi. Dr Mohan Alva Chairman, Alva's Education Trust presided over the function.

One day workshop was organized for the faculty and students. Dr Rai delivered the key note address on Women's Social and Economic Empowerment. Ms. Shahwar Banu held a session on women in corporate world and Dr D'Souza shared his vast experience in working in the area of women's economic and social empowerment. Two local women who had created social impact through their work were felicitated by the Chairman and Management of AEF.

PRINCIPAL
Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

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LIST OF PARTICIPANTS

SL NO.	USN	NAME
1	4LV17MBA20	KULDEEP
2	4AL18IS024	SONALI SHETTY
3	4AL18CV413	VIRUPAKSHA R
4	4AL18IS018	PRAKYATH S SHETTY
5	4AL17CS087	SHETTY DISHA RAVINDRA
6	4AL17CV005	ASHWINI P CHANDRAPATTAN
7	4AL18MBA01	A R PAVITHRA
8	4AL18CS034	KARTHIK S
9	4AL17CS402	SHRADDHA
10	4LV15MBA19	SANDEEP D S
11	4AL18CV409	SUNIL NAIK H
12	4LV17MBA28	POOJARY RAKSHIT
13	4AL17IS008	ARVIND T
14	4AL18ME013	GAUTHAM S N
15	4LV16MBA53	SUPREETHA
16	4LV17MBA48	SURAJ S SALIAN
17	4AL18CS092	T K KOUSHIK CHINNAPPA
18	4AL17ME038	N SUNIL NAIK
19	4AL17CV413	MALLIKARJUN ANGADI
20	4AL17EC087	SHIVALINGAPPA SHIVAPUTRANAVI
21	4AL17ME087	VINEETH R SHETTY
22	4AL17MBA41	SUVEEKSHA SHETTY
23	4AL17EC081	NAGASHREE S
24	4AL17ME417	SHASHIKANT JANAMATTI
25	4AL17ME401	BHARATH N
26	4AL17CS105	TEJASWINI R
27	4LV16MBA37	PRATHAP CHANDRA SHETTY S
28	4AL17IS050	T K HARSHITH PRAASAD
29	4AL18CS023	GUDUGUNTI ANIRUDH
30	4LV16MBA10	CHETHAN
31	4AL17ME060	SHASHANK V POOJARY
32	4LV15MBA33	THOUFEEQ



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33	4AL18MBA05	AFNAN AHMED SHIEKH
34	4AL17ME420	VINEETH SHASHANK NAYAK
35	4AL17EC059	NAVEEN B M
36	4AL18EC019	HARSHITHA D S
37	4AL17ME413	PRAVEEN KUMAR YADAV S
38	4AL17ME005	ADITYA RATHORE
39	4AL17EC036	JAGADEESHA HEGDE
40	4AL18CS079	SHRADDHA ACHARYA
41	4AL17ME703	PAVAN R
42	4AL18ME406	SACHIN
43	4AL17EC402	VISHAL SHINDE
44	4AL18CS403	T M GIRIJA
45	4AL18CV016	KUSHANTH C
46	4AL18CS091	SWATHI B C
47	4AL18IS007	DEEPTHI
48	4AL17CS002	AJEYASHREE K
49	4LV16MBA54	SUSHMITA J S
50	4AL18MBA79	SUKSHITHA
51	4AL18CV038	SHIVAKUMAR
52	4LV15MBA13	RUDRESH
53	4AL18CS040	LANSON PEREIRA
54	4AL17CV088	YAJNESH MADIVALA
55	4AL17CS029	DSOUZA ELSTON RONALD
56	4AL18EC049	SINDHU S
57	4AL17ME020	CHIRAG K R
58	4AL18CS046	M R JEEVAN
59	4AL17EC072	PRAGATI M KUNDALKAR
60	4AL17CS071	RAGHAVI HARISCHANDRA GAONKAR
61	4AL17CS084	SHAIKA SHALA
62	4AL17IS051	THANGSABAM BIKUMAR SINGH
63	4AL18CV044	SUMUKCHAMNONGYENG
64	4AL17CS079	ROUSHA
65	4AL17IS032	NIKTIA SHETTY



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66	4AL17ME006	AKASH M
67	4AL17CS075	RANI M D
68	4AL17MBA40	SPANDANA K S
69	4AL17MBA16	MAYUR MUNNOLIMATH
70	4AL18CV008	ARUN KAGALGOMB
71	4AL18MBA22	DHANUSH
72	4AL17EC075	PRINCIA MELITA DSOUZA
73	4AL17CV090	YUVARAJ N
74	4AL18MBA44	NAGASHREE G H
75	4AL18MBA82	SUSHMITHA D
76	4AL18MBA51	PRAMOD BHAT
77	4AL17EC025	DHAMINI C L
78	4AL17CS003	AKSHAT KHANDELWAL
79	4AL18ME700	ABDUL KAREEM
80	4AL17CS055	NETRA SURESH GUDAGAMNALA
81	4AL17ME400	ASHIK RAI P
82	4AL17CV408	KUMARA SWAMY
83	4LV15MBA15	SACHIN KRISHNANAND PAWASKAR
84	4AL18CS018	CHINMAYEE S

Outcome

The keynote lecture on Women's Social and Economic Empowerment was given by Dr. Rai. Ms. Shahwar Banu spoke about women in the workplace, and Dr. D'Souza discussed his extensive experience working in the field of women's economic and social development. The Chairman and Management of AEF honoured two local women who have made a positive societal effect via their efforts. The event benefited a total of 84 people from various departments.

PRINCIPAL

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

Shobhavana Campus, Mijar, Moodbidri, D.K – 574225

Phone: 08258-262725, Fax: 08258-262726

March 12, 2020

To,

The Principal,

AIET, Mijar, Moodbidri

Sir,

Women empowerment committee is proposing to conduct a Webinar on Holistic Well Being by Dr Asha Jyothi Rai on Mar.25, 2020 from 10.00 am -12.00 noon.

Committee has planned to invite both boys and girls and intended at improving the gender sensitisation in the institute. The program is proposed to be conducted in the MBA Seminar Hall.

Kindly approve the same and do the needful.

Thanking you,
Yours Sincerely,


Dr. Claret Mendonca
Chief Coordinator- WEC



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

Shobhavana Campus, Mijar, Moodbidri, D.K – 574225

Phone: 08258-262725, Fax: 08258-262726

Mar.13, 2020

Dr Asha Jyothi Rai,
Chairperson,
Aasare Charitable Trust ® Mangaluru.

Dear Madam,

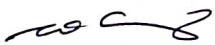
Thank you for accepting our invitation to conduct a Webinar on Holistic Well Being organized by the Women Empowerment Cell of the Institute.

The venue for the workshop will be Online mode. The dates is on Mar.25, 2020; from 2:00 pm - 4:00PM

We look forward to actively participate in the workshop.

Thank you,

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator



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Mar.13, 2020

CIRCULAR

Webinar on Holistic Well Being y Dr Asha Jyothi Rai, Chairperson, Aasare Charitable Trust
® Mangaluru. has been organized by the Women Empowerment Cell of the Institute for
faculty and Students.

The venue for the workshop will be Online Mode. The date is Mar.25, 2020; timing from
2:00 pm - 4:00. Kindly register your names for the workshop.

Regards,


Dr Claret Mendonca
Assoc. Professor & HOD
WEC Chief Coordinator

cc: Principal, Deans, HODs, SWOs, AO



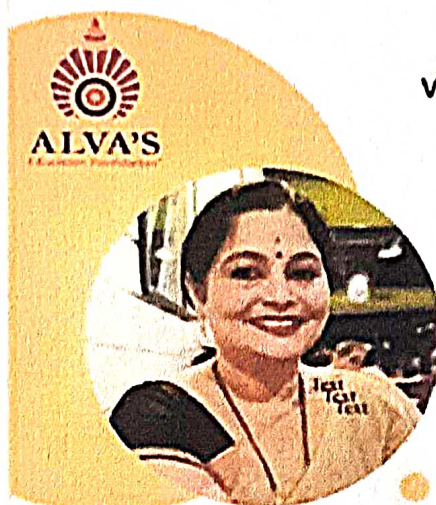
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TALK ON HOLISTIC WELL BEING BY DR ASHA JYOTHI RAI THROUGH WEBINAR AT AIET

Date : 25 March, 2020



WEBINAR

**TOPIC: BODY AND MIND
MANAGEMENT DURING COVID ERA**

RESOURCE PERSON

**DR. ASHA JYOTHI RAI
CHAIRPERSON, AASARE CHARITABLE
TRUST**

**CHIRAAAYU AYURVEDA CLINIC
MANGALORE**

Dr Asha Jyothi Rai, Ayurveda Doctor gave a lecture on body and mind management in Covid Era. She advised students to be active and work towards achieving their goals. She asked students not to get lost in the world of texting and messaging. Instead to seek opportunities on the net to advance in academics. She encouraged students to acquire good habits that will make their life meaningful and happy.

LIST OF PARTICIPANTS

SL NO.	USN	NAME
1	4LV17MBA34	PUNEETH L N
2	4AL18EC023	K GAURAV SHET
3	4AL17CS027	DHANYA BHAT
4	4AL17CS048	MADAN G GUDIGAR
5	4AL17CV033	MALKANNA SHARANAPPA KUDARI
6	4AL17EC042	KISHORE N
7	4AL17CS036	JAYRAJ CHIRAGKUMAR SHAIH

PRINCIPAL

Alva's Institute of Engg. & Technology,
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8	4AL17ME034	LAXAMANNAB HEBBAL
9	4AL17CS014	ASHA N BALAMURI
10	4AL17CV047	OM PRAKASH
11	4AL17MBA30	SHETTY AISHWARYA JAYARAMA
12	4AL17ME009	ALISAB MAHAMADSAB MULAGUND
13	4AL17CS076	RAVALI P
14	4AL17EC083	SAHANA S R
15	4AL17CS081	SANA F HABIB
16	4AL17MBA21	N B ARPITHA
17	4LV16MBA16	JAYANTH J
18	4AL18CS021	FELINA SIMON MENEZES
19	4AL17CS074	RAMITHA Y S
20	4AL18MBA60	RUCHITH A
21	4AL17EC009	BHAVITH
22	4AL18CV010	ARVIN YUMNAM
23	4LV16MBA21	KUSHA
24	4AL18ME017	KARANAM LALITH YASHWANTH
25	4AL18CS035	KAVOOR LATIKA VINAYAK
26	4AL17MBA01	ABDUL MAHSHEED
27	4LV16MBA12	DEVRAJ K V
28	4AL17EC035	HEMALATHA SANIL
29	4LV15MBA02	PRADEEP
30	4AL18CV404	MALIK FAISAL
31	4AL18CS032	K S PRAJWAL
32	4AL17ME705	SHRIDHAR SHIVAKUMAR HIEMATH
33	4AL17IS048	SRIHARI B
34	4AL17CS052	NAGASHREE ARUN M
35	4AL18EC044	RUBESH MURTHY G
36	4LV17MBA38	SANDEEP SHETTY
37	4AL18ME016	JAYANTH L U
38	4AL17ME069	SOURABH
39	4AL18EC047	SHALIVAHAN ISHWAR KUMBAR
40	4AL17IS028	METHISH R
41	4AL17ME702	KEERTHINATH B M
42	4AL17ME410	NAYAK RACHIT JAGANNATH
43	4LV16MBA56	VANISHREE
44	4AL17EC001	ABHISHEK
45	4LV15MBA43	NINGARAJ B.CHIPPALAKATTI
46	4AL17ME403	GURUSIDDAYYA STHAVARMATH
47	4AL17ME074	SUDDEP KUMAR JAIN
48	4AL17CS100	SUHAS M S
49	4AL18CV017	M SANJAY
50	4AL17EC039	KARAJAGI VISHAL PAWADI
51	4AL17IS052	WASHINGTON HUIDROM
52	4AL17ME079	SWAROOP K
53	4AL18MBA64	SANTHOSH KUMAR KC
54	4LV15MBA37	VENKATESHA M.G
55	4AL18CV007	ARADHYA V MATHAD
56	4AL18CS029	JASLINE SHARON TAURO
57	4LV15MBA26	SHASHIKUMARA G M



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58	4AL17EC082	SAHANA C
59	4AL17CS095	SNEHA K BAKALE
60	4LV17MBA12	JEEVITHA M T
61	4LV17MBA13	JOYSON FRANKLEN CORDA
62	4AL18IS016	P POOJA
63	4AL17CV006	ASHWINI S C
64	4AL17CV086	WAHENGBAM ARISTO SINGH
65	4AL17CV083	VIRAJ
66	4AL17IS035	PRIYA
67	4AL18CS096	VANISHREE S BINJADAGI
68	4AL18CS062	PRATIBHA SHETTI
69	4LV17MBA39	SANGRAM SHIVAJI PATIL
70	4AL18ME401	ANIL KUMAR S
71	4AL18MBA46	NATHASHA HEGDE
72	4AL17ME407	MOHAN KRISHNA M G
73	4AL18EC003	ABHISHEK S
74	4LV17MBA29	PRAJWAL
75	4AL17CV423	THILAK KUMAR K NAIK
76	4AL17IS044	SHETTY TUSHAR DHANANJAYA
77	4AL17MBA37	SHREYA
78	4AL17EC400	BHAVYA G B
79	4AL18IS002	ABHIMAN H R

Outcome

In the Covid Era, Dr. Asha Jyothi Rai, an Ayurveda doctor, presented a lecture on body and mind control. She encouraged students to be engaged and work for their objectives. She cautioned kids against being engrossed in the world of texting and messaging. Instead, look for possibilities to improve academically on the internet. She urged pupils to develop positive habits that would make their lives more meaningful and enjoyable. The event benefited a total of 79 people from various departments.

PRINCIPAL
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Mijur. MOODBIDRI - 574 225, D.K