

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

Shobhavana Campus, Mijar – 574225, Moodbidri

Dakshina Kannada, Karnataka, India



WOMEN EMPOWERMENT CELL REPORT

ACADEMIC YEAR

2017-18

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REPORT OF THREE-DAY WORKSHOP ON GENDER EQUITY FOR SOCIAL AND ECONOMIC DEVELOPMENT (September 28-30, 2017)



Dr Audrey Susheela Pinto, Professor of MSc Counselling, Post-Graduate Department of Social Work, Roshni Nilaya conducted a three-day workshop on Gender Equity for Social and Economic Development for the students, Faculty and SWOs of AIET.

She explained to them the concept of Gender, the importance of Gender Equity for economic and social development and how mankind can progress with Gender Equity as the cornerstone of all relationships.

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REPORT OF GUEST TALK

ON

WOMAN'S HEALTH AND WELLNESS

(October 5, 2017)



Dr Deepak Shedde, Gynaecologist and Obstetrics conducted sessions on Woman's Health, Productive Cycle and Prevention of Sex related illnesses.

Women's wellbeing in the families, workplace and society was important for progress of the society as she is the cornerstone of every family, society and the nation. A happy woman makes a happy family and a progressive society.

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REPORT OF WORKSHOP

ON

GENDER EQUITY AND WOMEN EMPOWERMENT

(November 19, 2017)



Ms. D Roopa IPS, Additional Director Civil Defence, Govt. of Karnataka Bengaluru, was the invited speaker. Mr. Vivek Alva, Managing Trustee of AEF, Prof. Kurien, Principal Alva's Degree College were the other dignitaries on the dais.

Ms. Roopa spoke on various subjects of interest to the young audience and taking them through her illustrious journey to the coveted position of IGP, her formative years at home and at school, her different choices of engagements leading to her dream destination, her dilemmas at the workplace etc. She also spoke on workplace ethics, sexual harassment, and women empowerment to the women faculty and students of AIET and Alva's Degree College.

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REPORT OF WORKSHOP ON WORKPLACE ETHICS, SEXUAL HARASSMENT AND WORK LIFE BALANCE (Dec. 7, 2017)



Mrs. Matharani Mathias, former Principal, Sarosh Institute of Hospitality Management, Mangalore and presently Corporate Life Style Trainer conducted one day workshop on Workplace Ethics, Sexual Harrassment and Work Life Balance for the students, faculty and SWOs of AIET.

She dealt at length on Visaka Committee Report, the genesis of this Committee and how it is enabling women at workplaces. She also mentioned that Gender equality is constitutional right and every citizen should be aware of it.

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ONE-WEEK TRAINING ON YOGA AND MEDITATION (Jan.10-17, 2018)



The PG students of Alva's College of Naturopathy and Yogic Sciences conducted yoga sessions for the faculty and students for a week for an hour. This training was helpful to students in concentration in the classrooms, made them aware of the need for body and mind fitness and has enhanced their academic performance.

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REPORT OF ONE-DAY CONFERENCE AT AIET

ON

INTERNATIONAL WOMEN'S DAY 2018 (March 12, 2018)



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The Women's Day Celebrations was organized by AIET for all women faculty and students and non-teaching staff. It preceded with the poster competition for students of all AEF institutions. The theme was Her Body, Her Mind and Her Enterprise. The felicitations to the successful women achievers of our district were preceded by sessions from the distinguished women achievers.

Dr Priya Ballal addressed the session on Her Body; Mrs Lakshmi Rao delivered an address on Her Enterprise; Dr Lavina Noronha lectured on Her Mind; Miss Shilpa shared her entrepreneurial journey of starting Halli Mane Rotis which was a story of rags to riches.

The noon lunch for students, faculty, and the guests i.e. Pulav, rotis and pallia was prepared and served by Miss Shilpa and her team at the Institute venue. This was done to showcase the women enterprise, her hardships, efforts and endurance against all odds.

The NCC cadets welcomed the guests of honour and escorted them to the auditorium. The female students performed Chende and Dollu Kunita to entertain the audience. Mrs Jaya Shetty, Mrs Meenakshi Shetty, Dr Vanitha Shetty and Dr Peter Fernandes were the other dignitaries on the dais.