



Alva's Institute of Engineering & Technology
Shobhavana Campus, Mijar, Moodbidri, D.K – 574225

Certificate

This is to certify that the following programs are selected for the capacity building and life skills initiatives from the institution during the year of 2019-20.

1. Orientation on “Yoga and Meditation” by Swami Sharad Vihari Dasa
2. Yoga and Meditation Course
3. World Yoga Day Celebration
4. Zumba fitness training program
5. Gym and Jogging activity for physical fitness
6. Expert talk on health, stress and time management.


PRINCIPAL
Alva's Institute of Engg. & Technology
Mijar, MOODBIDRI - 574 225, D.K

Principal