



Alva's Institute of Engineering & Technology
Shobhavana Campus, Mijar, Moodbidri, D.K - 574225

Phone: 08258-262725, Fax: 08258-262726

13-08-2019

CIRCULAR

It is hereby informed to all the students that an orientation on "Yoga and Meditation" by Dr. Vanitha Shetty, Principal, Alva's CNYS, Moodbidri is organized on 14th August 2019 at AIET Auditorium, Moodbidri. All the students are informed to attend the program.

Time: 11:00AM-1:00 PM

Venue: Auditorium, AIET


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Alva's Institute of Engg. & Technology,
Mijar. MOODBIDRI - 574 225, D.K

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Date: 17/8/2019


Circular

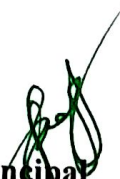
Conduction of Yoga & Meditation Training Program

AIET is organizing a Three week Yoga & Meditation training program from 21/8/2019 to 12/9/2019. The training will be held at Seminar Hall, Main building – First Floor, AIET for boys and Seminar Hall, Alva's Naturopathy and Yogic Science (in-front of AIET Girl's Hostel) for girls.

Monday to Saturday	1) Boys – 5:30-6:45 pm 2) Girls – 6.15 to 7.15 am
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Interested students can enroll your names on or before 20/8/2019.


Mr. Aneesh Jain M V
Training Coordinator
Dept. of ECE


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18-06-2020

CIRCULAR

AIET is organizing a mass yoga performance at Shobhavana Open Space, AIET on the occasion of "World Yoga Day" on 21st June 2020 by 7AM along with the students of Alva's CNYS, Moodbidri.

Interested students are kindly informed to participate actively in this event and make it successful.


Coordinator


Principal
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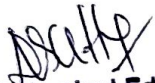
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15-7-2019

CIRCULAR

It is hereby informed to all the Final year students that 4-week Zumba Fitness Training Program will be conducted from 18st July 2019 onwards from 6.30 AM to 7.30 AM at AIET auditorium. All the interested students can attend the classes.


Director of Physical Education
Alva's Institute of Engg. & Technology
Mijar, MOODBIDRI - 574 225


Principal
Alva's Institute of Engg. & Technology,
Mijar. MOODBIDRI - 574 225, D.K

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14-08-2019

CIRCULAR

It is hereby informed that AIET Gym facility will be available for physical exercises from 16th August 2019 onwards between 6.30 AM to 7.30 AM and 5PM to 7.30 PM.

All interested students can utilize the Gym facility available at the campus.

Physical Director
Director of Physical Education
Alva's Institute of Engg. & Technical
Mijar, MOOBBIDRI - 574 225

Principal
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Alva's Institute of Engineering & Technology

Shobhavana Campus, Mijar, Moodbidri, D.K - 574225


Phone: 08250-262725, Fax: 08250-262726

Physical Education Department

06-09-2019

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It is hereby informed to all the students that jogging activity will be conducted from 9th September 2019 onwards near AIET Shobhavana from 6.30 AM to 7.30 AM. All the interested students can join the Jogging Activity.


Director of Physical Educa.
Physical Director
Alva's Institute of Engineering & Technology
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27-8-2019

It is hereby informed to all the students that a guest talk on Health, Stress and Time Management by Dr. P.V. Bhandary from Dr. A.V. Baliga Memorial hospital, Udupi will be organized on 28th August 2019 for the first year B.E students at AIET, Moodbidri. All the students are informed to attend the talk.

Time: 3.30 - 4.45 PM

Venue: Auditorium, AIET

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