



**Alva's Institute of Engineering & Technology**  
**Shobhavana Campus, Mijar, Moodbidri, D.K – 574225**


**NAAC Internal Auditing Report**

## **Life skills activities Details**

<b>Year of implementation</b>	<b>Name of the agency involed</b>	<b>Addres and contact details of the agency</b>	<b>Name of the program</b>
2016-17	BACCE Foundation, Mangalore	No.302, Summit Apartments, Airport Road, Maryhill, Mangalore-575004.	Yoga and meditation orientation session
2016-17	BACCE Foundation, Mangalore	No.302, Summit Apartments, Airport Road, Maryhill, Mangalore-575004.	Yoga and meditation course
2016-17	BACCE Foundation, Mangalore	No.302, Summit Apartments, Airport Road, Maryhill, Mangalore-575004.	Personal Holistic Competence Foundation course (PHCFC)
2017-18	ISKCON Mangalore	Pvs Kalakunj, Kodailbail, Mangaluru, Karnataka 575003	Orientation program on Yoga Meditation and fitness training
2017-18	BACCE Foundation, Mangalore	No.302, Summit Apartments, Airport Road, Maryhill, Mangalore-575004.	Personal Holistic Competence Foundation course (PHCFC)

2018-19	BACCE Foundation, Mangalore	No.302, Summit Apartments, Airport Road, Maryhill, Mangalore- 575004.	Yoga and meditation course
2018-19	PGIMER, Chandigarh	Madhya Marg, Sector 12, Chandigarh, 160012	Training on Health and wellness
2018-19	Alva's CNYS, Moodbidri	2XC9+MQC, Tenkamijar, Karnataka 574225	World Yoga day And awareness Program
2018-19	Alva's college of Physical education	3X6G+XRR, Smt. Sundari Ananda Alva Campus, Vidyagiri, Moodubidire, Puttige Padavu, Karnataka 574227	Physical Fitness Training
2018-19	Ramakrishna Mission, Mangalore	Mangaladevi Temple Road, Mangaluru, Karnataka 575001	Talk on Swacha manas
2019-20	AIET, Moodbidri	Solapur - Mangalore Highway, Shobhavana Campus MIJAR, Moodbidri, Mangaluru, Karnataka 574225	Yoga, Pranayama and meditation training
2020-21	Alva's CNYS, Moodbidri	2XC9+MQC, Tenkamijar, Karnataka 574225	World Yoga Day celebration (online)
2020-21	KMC, Mangalore	Dr.B.R.Ambedkar Circle, opposite Jyothi Theatre, Balmatta, Mangaluru, Karnataka 575001	Cancer Awareness Program
2020-21	KMC, Mangalore	Dr.B.R.Ambedkar Circle, opposite Jyothi Theatre, Balmatta, Mangaluru, Karnataka 575001	Stress management training

  
Coordinator

  
Principal  
**PRINCIPAL**  
Alva's Institute of Engg. & Technology,  
Mijar, MOODSIDRI - 574 225, D.K