



Alva's Institute of Engineering & Technology

Shobhavana Campus, Mijar, Moodbidri, D.K - 574225

Phone: 08258-262725. Fax: 08258-262726

14-08-2017

CIRCULAR

Orientation Session on Yoga Meditation and Fitness

AIET is conducting an orientation on Yoga, Meditation and Fitness by Swami Namanista Dasa, ISKCON Mangalore on 17-08-2017 at 11:00 AM in AIET auditorium. All students are kindly informed to attend the same.


Coordinator


Principal

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K

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Alva's Institute of Engineering & Technology

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Phone: 08258-262725, Fax: 08258-262726

Date: 29/8/2017

Circular

Conduction of Yoga & Meditation Training Program

AIET is organizing a Three week Yoga & Meditation training program from 4/9/2017 by yoga trainer Dr. Swathi from Alva's NYGS, Moodbidri.

The details of training sessions are as below.

Morning batch	6.15 AM to 7.15 AM	Yoga Hall, Alva's Naturopathy and Yogic Science
Evening batch	5:30 PM to 6:45 PM	Engg .Seminar Hall, Main block

Interested students can enroll your names to staff or student coordinators on or before before 4/9/2017.

Student coordinators:

Mr. Anand P R - 3rd year, Dept. of CV

Ms. Arpana - 3rd Year, Dept. of ECE


Dr. Basavaraju B
Coordinator


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Phone: 08258-262725, Fax: 08258-262726

Date: 01/03/2018

Circular

Conduction of Yoga & Meditation Training Program

AIET is organizing a Three week Yoga & Meditation training program from March 8th 2018 and the details of training sessions are as below.

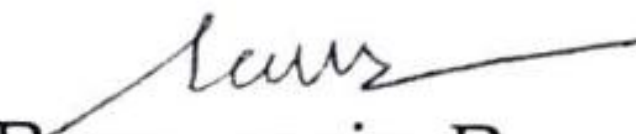
Morning batch	6.15 AM to 7.15 AM	Yoga Hall, Alva's Naturopathy and Yogic Science
Evening batch	5:30 PM to 6:45 PM	Engg. Seminar Hall, Main block

Interested students can enroll your names to staff or student coordinators before 7/3/2018.

Student coordinators:

Poojary Avinash - 3rd Year ME

Ashritha Jain R - 3rd Year CSE


Dr. Basavaraju B
Coordinator


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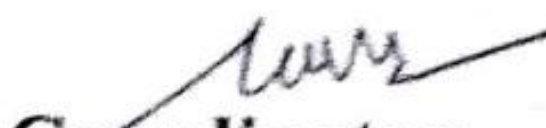
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17-06-2018

CIRCULAR

It is hereby informed to all the students that mass yoga performance is organized to students of Alva's Education foundation at Main block Quadrangle, Vidyagiri, on 21st June 2018 to celebrate "World Yoga day" at 7:00 AM. The interested students can participate actively in the event.


Coordinator


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07-07-2017

CIRCULAR

It is hereby informed to all the final year B.E students that Zumba Fitness Training by Mr. Sumanth Bernard Roche will be conducted from 4th August 2017 to 19th August 2017 at AIET auditorium from 6.30 AM to 7.30 AM. All the interested students can attend the classes.

Director of Physical Education
Alva's Institute of Engg. & Technical
Mijar, MOODBIDRI - 574 225

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07-08-2017

CIRCULAR

It is hereby informed that AIET Gym facility will be available for physical exercises from 11th August 2017 onwards between 6.30 AM to 7.30 AM and 5PM to 7.30 PM.

All interested students can utilize the Gym facility available at the campus.

Director of Physical Education
Alva's Institute of Engg. & Technology
Mijar, MOODBIDRI - 574 225

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Physical Education Department

07-09-2017


CIRCULAR

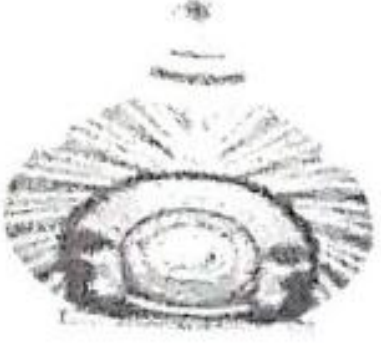
It is hereby informed to all the students that jogging activity is conducted from 10th September, 2017 onwards near AIET Shobhavana from 6.10 AM to 7.15 AM. All the interested students can attend the Jogging Activity.

Physical Director
Director of Physical Education
Alva's Institute of Engg. & Technical
Mijar, MOODBIDRI - 574 225

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CIRCULAR

28-08-2017

It is hereby informed to all the students that a guest talk on "Health, Environment and We" by Dr. K. M. Prabhu, Prabhu hospital, Moodbidri is organized on 28th Aug 2017 for 1st year B.E students at AIET, Moodbidri. All the students are informed to attend the same.

Time: 3.30 - 4.45 PM

Venue: Auditorium, AIET

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