

**19th VTU Single Zone Inter-Collegiate Weight Lifting, Power Lifting [M&F]
Best Physique [M] Competition 2018-19**

Organized by: Global Academy of Technology, Bengaluru

Date: 30th & 31st October 2019

Result: Weight Lifting Competition [MEN]

Weight Lifting (M) UP TO 55 Kg. Category

Place	Name	Institution	Snatch	Clean & Jerk	Total
I	Raghavendra Bhaskar K	Yenepoya IT, Moodabidri	55	73	128
II	Jnanesh B S	GAT, Bengaluru	55	66	121
III	Alvas H L	Alvas IET, Moodabidri	55	65	120

Weight Lifting (M) UP TO 61 Kg. Category

Place	Name	Institution	Snatch	Clean & Jerk	Total
I	Manjunatha K R	GMIT, Davanagere	65	85	150
II	Ramesh	Alvas IET, Moodabidri	55	64	119
III	Akshay R Das	NIE, Mysuru	50	65	115

Weight Lifting (M) UP TO 67 Kg. Category

Place	Name	Institution	Snatch	Clean & Jerk	Total
I	Nischal R R	SDMIT, Ujire	73	93	166
II	Arjun Pradeep G	NMAMIT, Nitte	72	91	163
III	Sai Prakash M R	Yenepoya IT, Moodabidri	68	92	160

Weight Lifting (M) UP TO 73 Kg. Category

Place	Name	Institution	Snatch	Clean & Jerk	Total
I	Ranjith Kumar C D	NMAMIT, Nitte	68	96	164
II	Darshan B	SDMIT, Ujire	73	90	163
III	Rakshith	Yenepoya IT, Moodabidri	70	85	155

Weight Lifting (M) UP TO 81 Kg. Category

Place	Name	Institution	Snatch	Clean & Jerk	Total
I	Manoj S	GAT, Bengaluru	75	95	170