

II	Umar Kunhi	Yenepoya IT, Moodabidri	70	91	161
III	Sanath S	NMAMIT, Nitte	63	87	152

Weight Lifting (M) UP TO 89 Kg. Category

Place	Name	Institution	Snatch	Clean & Jerk	Total
I	Ajith C	JVIT, Bengaluru	97	110	207
II	Philip Sigeon M	Alvas IET, Moodabidri	70	100	170
III	Vinay D	NMAMIT, Nitte	63	89	152

Weight Lifting (M) UP TO 96 Kg. Category

Place	Name	Institution	Snatch	Clean & Jerk	Total
I	Prakyath Shetty	Alvas IET, Moodabidri	98	121	219
II	Prajan M	BIT, Bengaluru	85	110	195
III	Yash Agarwal	KLE Dr. MSSCET, Belagavi	65	103	168

Weight Lifting (M) ABOVE 109 Kg. Category

Place	Name	Institution	Snatch	Clean & Jerk	Total
I	Sanjan Alva	Canara EC, M'luru	85	108	193
I	Nishanth J Rao	GAT, Bengaluru	78	106	184
I	Vaibhav V Prabhu	NMAMIT, Nitte	77	106	183



PRINCIPAL

Alva's Institute of Engg. & Technology,
Moodabidri, 574 125, K.

Team Championship: weight lifting Competition Men

Position	Name of the Institution	Points
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