

Moodbidri - 574227 6 Kar AIR SQN NCC, Mangalore



Tele: 08258-262724/7829200515

Email: ano.alvas.Gkar.air.ncc@gmail.com

By E-mail Only Alva's College Shobhabana Campus, Mija Moodbidri – 574225

No. 34/M/FIL-B NCC

23 Dec 2020

To, Mr. Vivek Alva, Managing Trustee, AEF, Moodbidri.

REQUEST TO PROVIDE TRANSPORTATION AND ACCOMMODATION FACILITY TO NORF TEAM

Sir

- 1. With respect to earlier email sent to Commandant, 10 Bn NDRF Dted on 19 Dec 2020, they accepted our invitation to conduct training program at our institute from 11 Jan to 13 Jan 2021.
- In this regard, a transport facility is required to bring the team from Koppa and drop them back to Bangalore (tentative). A bus with seats removable should be sent to pick the team and also to carry training materials.
- It is requested to transport department to provide bus facility for NCC cadets to reach the training location (details will be provided two days before the commencement of event).
- It is also requested to provide the support of Journalism department to cover the entire event for print media/digital media.



Copy to:

1. Administrative Officer

2. Transportation Department

3. Journalism Department

Thanking you,

Yours' Sincerely

(Parveez Shariff B G)

Flying Officer

Associate NCC Officer

FG OFFR PARVEE SMARIFF B.G.
ASSOCIATE NCC OFFICER
6 KAR AIR SQN NCC MANGALORE
ALVA'S EDUCATION FOUNDATION (R.)
MOODBIDRI



No. M.V-02/2020-TRG-10TH NDRF Office of the Commandant- 10th Battalion National Disaster Response Force (Ministry of Home Affairs)

A.N.U Campus, Post-Nagarjuna Nagar, District-Guntur. Andhra Pradesh PIN-522510. Tel/Fax No. 0863-2293050. Email- commandant10thndrf@gmail.com Dated, the December' 2020.

To,

Fg. officer Parveez Shariff B.G Associate NCC Officer, 6 Kar Air Sqn NCC, ALVA'S AIR WING NCC (FLIGHT-B). Moodbidri, Mangalore (KA) E-Mail ID :- ano.alvas.6kar.air.ncc@gmail.com Contact No. 91 7829200515

REGARDING CONDUCTING OF 03 DAYS DISASTER MANAGEMENT Subject:-TRAINING FOR NCC CADERS AT MOODBIDRI, MANGALORE (KE.)

Please refer to your E-Mail dated 19.12.20 on the subject cited above.

- 2. On the subject matter, it is to inform you that, 01 sub team from RRC Bengaluru is hereby detailed to conduct the "03 days Disaster Management Training for NCC cadets" at Alva's Institute of Engineering & Technology, Moodbidre (Karnataka) w.e.f 11.01.21 to 13.01.21.
- This is for your information and if you need any assistance please contact Sh. J.Senthil Kumar Asst. Comdt. (Contact No. 9440826957) tears commander RRC Bengaluru.

or Commandant- 10th BN, NDRF.

Copy to,-

Sh. J. Senthil Kumar A/C Team Commander RRC BLR for kind information and conduct above training programme on after completion of training programme proposed for volunteers of Sri Kshethra Dharmasthala Trust w.e. 04.01.21 to 09.01.21 and also submit report to this office on after completion of the

> FG OFFR PABLES SHARIFF ... ASSOCIATE NCC OFFICER 6 KAR AIR SQN NCC MANGALORE ALVA'S EDUCATION FOUNDATION (R.)

MOODBIDRI



Moodbidri - 574227 6 Kar AIR SQN NCC, Mangalore



DISASTER MANAGEMENT TRAINING PROGRAMME FOR 03 DAYS TO NCC CADETS AT AIET, MIJAR, MANGLORE W.E.F 11/01/2021 TO 13/01/2021.

DATE	TIME	SUBJECT	LEC	PRACT/DEMO	REMARKS.
		11 Jan 2021			
11/01/2021	1000-1040 HRS	COURSE INTRO, DUTIES OF MEDICAL FIRST RESPONDER & EMS	01		193
	1100-1140 HRS	PATIENT ASSESSMENT/ INITIAL ASSESSMENT	01		٠,
	1145-1225 HRS	BLEEDING CONTROL	01		
	1230-1300 HRS	BLEEDING CONTROL		01	• ;
2	1430-1510 HRS	SOFT TISSUES INJURIES	01	4	
	1515-1555 HRS	SOFT TISSUES INJURIES		01	
	1600-1640 HRS	MUSCULAR SKELETAL INJURIES	01		4
	1640-1700 HRS	REVISION AND QUESTION ANSWER	01		
		12 Jan 2021			:
12/01/2021	0900-0940 HRS	F.B.A.O	01		
	0945-1025 HRS	OXYGEN THEARAPHY	01		
	1030-1110 HRS	BLS & CPR	01		,
	1115-1155 HRS	CPR PRACT		01	
	1200-1240	LIFTING AND MOVING OF PATIENT	01		
	1245-1300	LIFTING AND MOVING OF PATIENT		01	-
	1430-1510	PREVENTIVE MEASURES BEFORE AND AFTER FLOOD	01		

FG OFFR PARVEEZ SHARIFF B.G.
ASSOCIATE NCC OFFICER
6 KAR AIR SQN NCC MANGALORE
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MOODBIDRI



Moodbidri - 574227 6 Kar AIR SQN NCC, Mangalore



	1515-1555	SWIMMING TECH.	01		14
	1600-1640	INTRO OF BOAT AND OBM	01		
1.0	1645-1700	REVISION	01		
		13 Jan 2021			
13/01/2021	0900-1300	SWIMMNG TECH, IMPROVISED FLOATING DEVICES, BOAT HANDLING			
	1500-1540	CSSR EQUIPMENTS & HANDLING		01	
	1545-1625	LANDSLIDE & CASE STUDY	01		
	1630-1700	VIVA TEST	01		9

ASSOCIATE NCC OF

6 KAR AIR SQN NCC MANUAL RE

ALVA'S EDUCATION FOUNDATION (R.)
MOODBIDRI

INSTITUTIONAL TRG ACTIVITY ATTENDANCE	RECORD SHEET: 6 KAR AIR SON NCC
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ASSOCIATE NCC OFFICE 6 KAR AIR SQN NCC MANGALORE ALVA'S EDUCATION FOUNDATION (IL.)
MOODBIDRI

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FG OFFR PARVEEZ SHARIFF B.G.
ASSOCIATE NCC OFFICER
6 KAR AIR SQN NCC MANGALORE
ALVA'S EDUCATION FOUNDATION (R.)
MOODBIDRI

Flt / Tp	No: FLIGHT-B Place:	MOODBIDRI Batch: 1st yr	/ 2rd yr / 3rd yr Date: 11 Jon Al
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	(Senior Cdt)	(PI Staff)	GOGA-Paruer Shariff.

STITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQUINCE separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet. PECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): Duration: 09:00 Hr Subject : NCC ACTIVITY Topic: DISTISTER MANDEMENT TRAINING Time | Start: 1900 Ks End: 1900 Ks | Instructor ANO! PI staff: Fg. Off. Parvey Shuif on FLT / TP ATTENDANCE SUMMARY MENU FOR REFRESHMENTS Allolled lice, Sandar, Buttermill, Saliji, Ros Enrolled Present Absent DIJD 27 27 22 05 WLI.WE 14 od, lapad. 14 14-00 TOTAL 41 41 TOTAL GLASSES: > IIF. | OO | CF. | OI 05 36 PROGRESSIVE ATTENDANCE RECORD OF CADETS IN ATTENDANCE 5-4 Cdls' Today. CF BF Sign Cdts' Name SINO Regimental No. Rank (Chits 10 01 00 1. KAR/19/SD/F/170S01 CDT SANATH KAMIN SUM COE 01 01 00 2. CDT SUMANTH PATELS R KAR/19/SD/F/170S03 00 01 01 CDT 翻 PARAMESH C 3. KAR/19/SD/F/170805 CI DI 00 Eurona 4. CDT PRITHVI P A KAR/19/SD/F/170806 DI 01 00 MAHAMMD EMRAN COT 5. 00.11100 KAR/19/SD/F/170907 An-OD CDT ABHISHEK S 6. KAR/19/SD/F/170S08 Yosh all sig 01 01 00 YESHWANTH BA CDT 7:0 KAR/19/SD/F/170S09 Reloby 01 01 00 CDT RISHAB, V 8. KAR/19/SD/F/170810 0.0 00 - AB .-00 PRUTHVI RAJ D.A CDT 9. KAR/19/5D/F/170811 chem 00 01 01 CDT SHRIKARA R M 10. KAR/19/SD/F/170812 01 Oin 00 al NITESH SEETARAM NAIK CDT 11. KAR/19/SD/F/170814 Ci an 00 M.RAVICHANDRA 01 CDT 12. KAR/19/SD/F/170815 Bur ot 00 DI SHIVAKUMAR CDT KAR/19/SD/F/170816 13. Sental 01 01 SHALIVAHAN ISHWAR KUMBAR 00 CDT 14. KAR/19/SD/F/170817 Ashwall S 01 00 CDT BHAKTH & D 15. KAR/19/SU/F/170819 6 01 CDT SAMEER SHAIK 00 KAR/19/SD/F/170321 16. 00 01 CDT KAR/19/SD/F/170822 ADWAITH.P 17. NB -00 00 NANDANA MAHENDRA HEGDE 00 CDT KAR/19/SD/F/170825 18. Afficient 0,1 01 KAR/19/SD/F/170826 CDT AKHILESH V 00 19. CDT AKHILESH HERKAL 00 KAR/19/5D/T/170828 Corper 01 01 20. CDT DHANARAJ KAR/19/SD/F/170832 OD 01 01 21. CDT K FAROOQ ABDULLA KAR/19/SD/F/170833 00 22. OI 01 CDT KAR/19/SD/F/170834 CHINMAYA BHAT K K 00 OD 23. ao CDT KAR/19/SD/F/170835 BRUESH REDDY KH 01 24. 00 01 COT KAR/19/SD/F/170837 DENIL PAUL 25 00 00 00 CDT KAR/19/SD/F/17083B MALLIKARUUN BASAVARAI GORAVAR Gray, 26. 01 1 4 00 SHAMJETSHABAM NOREN SINGH CDT KAR/19/SD/F/170840 27. Kuush. Iz OD 01 Place: MOODBIDRI Batch: 1 N VE / FIt / Tp No: FLIGHT-B 2nd Vr/ 3rd Vr Date: Sign: ST SMORINE OFFER PARTE SHARIFF B.G. gaffi-Prairies Shorift . Be ASSOCIATE NCC OF PISTOII) Name: Senior Cdt) ALVA'S EDUCATION FOUNDATION (R.) ...

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NOTE II Use separate sheet for different Balches &or subject/ activity. DONOT club different balches/activity in one sheet.

FG OFFR PARVEEZ SHARIFF S.G.
ASSOCIATE NCC OFFICER
6 KAR AIR SQN NCC MANGALORE
ALVA'S EDUCATION FOUNDATION (R.)
MOODBIDRI

Fit / Tp	No: FLIGHT-B Place: M	OODBIDRI Batch: 1st yr / 2nd yr /	Titur Dalai II (L)
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NOTE # Use separate sheet for different Batches & or subject/ activity. DONOT club different batches/activity in one sheet.

FG OFFR PARVEEZ SHARIFF 6.0.
ASSOCIATE NCC OFFICER
6 KAR AIR SQN NCC MANGALORE

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17.	KAR/20/SD/F/	160967	CDT -	Vikesh U S		-	- PD -	00	00	00
AND DESCRIPTION OF THE PERSON NAMED IN	KAR/20/5D/F/	160968	CDT		R Suvarna •	AC-CO-CARGOSCOSCOS (SECTOR)	- 00 -	0.0	00	00
19.	KAR/20/SD/F/	160909	CDT .	Samyam Y		Market Street, or other	133	101	101	OB
20	KAR/20/SD/F/	100310	COT	Shetty Ab			du -	01	101	08
21.	KAR/20/SD/F/	160077	CDT .	Jayanth M			Tayula	101	QL_	02
27.	KAR/20/SD/F/ KAR/20/SD/F/	160977	CDT	Bharath ki			800	101		03
23.	KAR/20/5D/1/	160974	CDT	Likhin P Y	and the second of Pres	TORRICK TORRICK STATE OF	-06-	00	00	_00_
24.	KAR/20/5D/F/	160975	CDT	Suresh M	-	and the best of the	- 10-	00	00	00
			נטו	Sudarshan	ı) •		- AR-	00	00	00
26.	KAR/20/SD/F/	100370	1	addition of the		1		1 _00	-	the contract
	11-1	CUT D	Dines	MOOD	BIDRI Batch:	10 Vr /1	paler 1 2nd	we Dat	0: 10 7/	रा देखा
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Name:		Senior C	AND DESCRIPTION OF REAL PROPERTY.	1	(PIST	nff)			(ANO	
appearant to the second		Senior C	OFED	ARUE	SHARIF B.C	-		AN	Ar Son A	C-Alaryon
			ASSO	CLATE NC	OFFICER			und	a m. oquest.	
			KAR AI	SON NCC	MANGALORE					
		ALV	A'S EDI	JCATION F	OUNDATION (R.)				
		6 ALV	KAR AII 'A'S EDI	SON NCC SCATION F MOODBI	OUNDATION (R.)				

				TOTAL CLASS	(0: > Br.	DESSIVE.	TTENDANG
			TENDANCE	Cdls	LAND	Toda	TY CE
	RECORD OF C	ADET	S IN ATTENDANCE	Sign	BE	101	02
SINO	Regimental No.	Rank	No. of Contract of	Court 17	-	01	02
27.	KAR/20/5D/F/160977	CDI	Tarun D R	Lingon	101	01	01
28.	KAN/20/5D/F/160978	CDT	Sathyam A V	Dushtano	-00	01	02
29.	KAR/20/SD/F/160979	CDT	Divith R Rao	Shinda 30	101-	101	0-2
30.	KAR/20/SD/F/160980	CDT	Shivakumar K N Vinod Raj G N	Anoleon	101	01	62
31.		CDT	Malini K A	W. L.E.	01_	101	02
32.	1 1 1 1 1 1 1 1 1 1 1 1 1	The same of the sa	Sadvini K P	Meletin	01_	DI	03
34.	KAR/20/SW/F/160984	18 2 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 - 1 -	Nesara S gowda	100	0/	01	02
35.	KAR/20/SW/F/160985		Amrutha Chowdary M	Jersey	0/	01	02
36.	THE RESIDENCE OF SHAPE OF SHAP	-	Nisarga P R	Burn	01	01	02
37.	THE R. LEWIS CO., LANSING, MICH. 49-140-140-140-140-140-140-140-140-140-140	-	H Bhavana	Pd	01	61	02
38.	KAR/20/SW/F/160988 KAR/20/SW/F/160989		Pallavi P Jenny Fernandes	EXECT	01	01	02
40.			Monisha P	Variable	10	01	02
41.	KAR/20/SW/F/160991	A Design to the second	Ashwini M	-AB-	00	00	00
42.	to the later the first to be a few out to the contract of the	-	Chandana P T	draw.	01	01	02
43.	THE RESERVE AND ADDRESS OF THE PARTY AND ADDRESS OF THE PARTY.	The second second	Souparníka U S	(manufacture)	01		09
44.		CDT	B M Poorvika nt Batches & or subject/ activity. DONO	T club different hate	DI hes/activit		o2
45.		or umere	Priya	T CIDO GINETEM DUIG	00		00

FG OFFR PARVEEZ SHARIFF B.G. ASSOCIATE NCC OFFICER 6 KAR AIR SQN NCC MANGALORE ALVA'S EDUCATION FOUNDATION (R.) MOODBIDRI

FLIGHT-B Place: MOODBIDRI Batch: 1" yr / FIt / Tp No: Kiran, K Sign: CSUD KIRAN.K

Name:

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KAR/20/SW/F/160993 CDT 811 the 10 02 101 44. KAR/20/SW/F/160994 CDT B M Poorvika NOTE # Use separate sheet for different Batches & or subject/ activity. DONOT club different batches/activity in one sheet.

RECORD OF CADETS IN ATTENDANCE

Tarun D R

Sathyam A V

Divith R Rao

Shlvakumar K N

Nesara S gowda

Jenny Fernandes

Amrutha Chowdary M

Vinod Itaj G N

Malini K A

Sadvini K P

Nisarga P R

H Bhavana

Monisha P

Ashwini M

Chandana PT

Souparnika U S

Pallavi P

Rank

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Regimental No.

KAN/20/50/1/160977

KVI/50/20/1/100318

KAR/20/5D/F/160979

KAR/20/50/F/160980

KAR/20/SD/F/160981

KAR/20/5W/F/160982

KAR/20/SW/1/160983

KAR/20/SW/F/160984

KAR/20/SW/F/160388

KAR/20/SW/F/160985 CDT

KAR/20/SW/1/160986 CDT

KAR/20/SW/1/160987 CDT

KAR/20/SW/F/160989 CDT

KAR/20/SW/F/160990 CDT

KAR/20/SW/F/160991 CDT

KAR/20/SW/F/160992 CDT

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FG OFFR PARVEEZ SHARIFF B.G. ASSOCIATE NCC OFFICER 6 KAR AIR SQN NCC MANGALORE ALVA'S EDUCATION FOUNDATION (R.) MOODBIDRI

FLIGHT-B Place: MOODBIDRI Batch: 14 yr / Fit / Tp No: Kiran, K Sign: CSUD KIPHN.K Name: GOOLLY DUDGES SHIFTLE BY (Senior Cdt) (PI Staff) (ANO) 8. Kar. Air. Sqn. NCC-Mangaiunu

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Page 1 of 2 INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET: 6 KAR AIR SQN NCC (se separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet. SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): Duration: 0%:00 Subject: NCC ACTIVITY TODIC: NORE TRAINING (DAY-03) Time | Start: 0 900 414 End: 1200 May | Instructor ANO/Pletaff: ES OFN PARVEEZ SHARRER BE FLT / TP ATTENDANCE SUMMARY Alinitad Enrolled Present MENU FOR REFRESHMENTS Absont BDIJD 27 27 Rice, Sambar, Butterville, Saleji, Ralam, RB 04 BWIJW 14 19 14 00 Oal, lapad. TOTAL 41 41 04 TOTAL CLASSES:> BF. |CF- | 0) RECORD OF CADETS IN ATTENDANCE PROGRESSIVE ATTENDANCE Cdls' SINO Sign BF Today CF Rank Regimental No. Cdts' Name (T) JU 03 COT 01 10 KAR/19/SD/F/170801 SANATH K AMIN 03 2 CDT 01 01 KAR/19/SD/F/170803 SUMANTH PATEL S R 03 3. DI KAR/19/SD/F/170805 CDT PARAMESH C 10 03 10 4. CDT PRITHVI P A 01 KAR/19/SD/F/170805 Conerest. 69 10 5 CDT MAHAMMD EMRAN 0 KAR/19/SD/F/170807 - FB -00 00 00 6 COT ABHISHEK S KAR/19/5D/F/170808 Yestwartige 08 01 10 CDT YESHWANTH BA KAR/19/5D/F/170809 RULLEV 03 01 CDT 01 RISHAB, V 8. KAR/19/SD/F/170810 00 -AB-00 CDT PRUTHVI RAJ D.A 00 9. KAR/19/SD/F/170811 Shope 03 01 01 CDT SHRIKARA R M 10. *KAR/19/SD/F/170812 Og. (Wha 01 10 CDT NITESH SEETARAM NAIK 11 KAR/19/SD/F/170814 (Shr 02 0 CDT M.RAVICHANDRA 0 12 KAR/19/SD/F/170815 D 02 DI CDT SHIVAKUMAR 13. KAR/19/SD/F/170816 SHALIVAHAN ISHWAR KUMBAR Spuper Ol 03 CDT 01 14. KAR/19/SD/F/170817 09 Bhorates 0 CUT BHAKIHBU 0) KAK/19/50/F/170819 15. 02 0 CDT SAMEER SHAIK KAR/19/SD/F/170821 01 16. 02 ADWAITH.P 01 CDT 01 KAR/19/SD/F/170822 17. 00 - AA -00 CDT NANDANA MAHENDRA HEGDE . 00 18 KAR/19/SD/F/170825 02 CDT AKHILESH V Jub leek V 01 DI. 19. KAR/19/SD/F/170826 02 AKHILESH HERKAL CDT 0 DI 20. KAR/19/5D/F/170828 02 CDT DHANARA 01 OL 21. KAR/19/SD/F/170832 02 K FAROOQ ABDULLA CDT DI 01 22. KAR/19/SD/F/170833 CHINMAYA BHAT KK OP CDT 00 KAR/19/SD/F/170834 23 02 BRUESH REDDY KH CDT 0 01 24. KAR/19/SD/F/170835 DD CDT DENIL PAUL . 00 00 *AN/19/50/1/170837 25 02 MALLIKARIUN BASAVARAI GORAVAR CDT 01 KAR/19/SD/F/170838 26 02 SHAMIETSHABAM NOREN SINGH 0 CDT 01 KAR/19/SD/F/170840 27. 12 Jan day Place: MOODBIDRI Batch: 1944-1 2nd VII 37 VF Date: FLIGHT-B FIT / Tp No: wy am. K Sign: FROTEY PARVEES SHARTE SH CSUD KIRKN. K

FG OFFR PARVEET SHARIFF B.G.

(Senior Cdt)

Mame:

6 KAR AIR SQN NCC MANGALORE ALVA'S EDUCATION FOUNDATION (R.)

MOODBIDRI

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(ANO)

6. Kar. Air. Sqn. NCC-Menga w

(PI Staff)

	(1 (P) (M) (M)		ATTENDANCE	TOTAL CLASSES	PROGR		MI.
	RECORD OF C	ADET	S IN ATTENDANCE	Sign	BF	Today	ch
INO	Regimental No. F	Rank	Cdts' Name	Kumaikiyak	01	101	54
28	KAR/19/SW/F/170845	CDT	KUMARI KHYATHI	Kull San A	OL	01	02
29.	KARV19/SW/F/170848		AKSHITHA CV.	Nayans	01	01	02
30.	KAR/19/SW/F/170850	CDT	NAYANA .G	Byhonent		101	03
31.	KAR/19/SW/F/170851	CDT	AISHWARYA, M. T	12	01	DL	02
32.	KAR/19/SW/F/170852	CDT	SINDHU R	Shadhus		10	00
33.	KAR/19/SW/F/170853	CDT	марни к	Senting	01	10	02
34	KAR/19/SW/F/170855	CDT	SANDHYA KAPSE	معيرالكا	_0[_	01	03
35.	KAR/19/SW/F/170856	CDT	DEESHA D SHENOY		_0[_	01	0:
36.		CDT	PRENITA PRINSAL SALDANHA	5	0	-	0
37.	KAR/19/SW/F/170858	CDT	HARSHITHA R SHETTY	400	01	0	
38.	KAR/19/SW/F/170860	CDT	PUSHPITHA P		0	01	-
39.		COT	RASHMI K		_0/_	0	
40	KAR/19/SW/F/170862	CDT	ANKITA SANNNADURGYA NAIK	Aug	01	0	0.
41.	KAR/19/SW/F/170863	and the second	THRISHALA M	Thustaland	01	0	03

NOTE II Use separate sheet for different Balches &or subject/ activity. DONOT club different balches/activity in one sheet.

ASSOCIATE NCC OFFICIR

6 KAR AIR SQN NCC MANGALORE

ALVA'S EDUCATION FOUNDATION (R.)

MOODBIDRI

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FIt/Tp N	o: FLIGHT-B Place: MO	ODBIDRI	Batch:	12 AL 1 5	M Vr I	Sur AL	Date: 1	2 Jan aga
	kitan.k	1					Com	284
Sign:	CSUO KIY OM .K					Fga	Y Y	un Shorik
Name:	(Senior Cdt)		(PI Sta	ff)		TV	6.Ker.Air.S	NO)

INST	TUTIONAL TRG	ACTIVI	TY ATTENDANCE R	ECORD SH	EET: 6 KA	R AIR S	one shor	<u> </u>
ing conar	ate sheet for different E	Batches a	and/or subject/ activity. DC	NOT club diffe	erent batches/a	Cuvity III	uno snec	Hrs
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ubject :	NCC ACTIL	YTEL	Topic: HDR	E TKVE	staff : FROITY	Charles	D SUA	21118
	tart: 0900MA E			or ANO/PI	stair : [HOUTT	TAFOC	CZ 71.1.	
une 3	ISIL OYOUNG L	110.1		THE PROPERTY	•			
4			T / TP ATTENDANCE	MENU FOR	REFRESH	MENT	ì	
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OTAL	17 17	09	100		TOTAL CLASSES:	PROCEET	OI CF.	
	PECORD OF	CADET	S IN ATTENDANCE		Cqts.	RUGHER	Today	CE
			Cdts' Name		Sign		01	09
SI No	Regimental No.	Rank	ALWIN SAM ANIL		al Joseph	00	00	OD
1.	KAR/18/SD/F/160268	CDT	C.M. SHARATH CHANDRA		-DB-		10	03
2.	KAR/18/SD/F/160270	CDT	CHETHAN B U		Cholle	01-	00	DD.
3.	KAR/18/SD/F/160272	CDT	LAXMAN B HEBBAL		- UB-	00	00	00
- 4.	KAR/18/SD/F/160275	CDT	MITHULESH J M		-M-	00	00	00
5	YAR/18/SD/F/160276	CDT	MOHAMMED SAQLAIN BAI	G	-AB-	00	00	00
6.	KAR/18/5D/F/160277	CDT	PUNEETH K		6 July 1974	01	01	03
7.	KAR/18/SD/F/160281	CDT	RUBESH MURTHY G		9 July	01	10	02
8.	KAR/18/SD/F/160282 KAR/18/SD/F/160286	CDT	SHASHANK S P		Shows-	00	100	00
9.	1-1-1-1-17	CDT	SHETTY GAURESH GANESH		(Jugus	01_	01	02
10.		CDT	VISHWESH V BHAT		- CB-	00_	00	00
11.		CDT	YUVRAJ B N		Knan, K	01	UI.	02
12	KAR/18/SD/F/160294	-	KIRAN K		W.K	01_	OI_	02
	-1	CDT	SHILPASHREE B R		- Ta	0[_	i ol_	1 03
14		COT	SNEHASHKEE H		010:24	01	UI	03
15			SPOORTHY V V		-FB-	00	00	00
16	KAR/18/5W/F/160310	CDT	VARSHITHA T R		1 -10	1_00		

NOTE # Use separate sheet for different Batches & or subject/ activity. DONOT club different batches/activity in one sheet.

ASSOCIATE NCC OFFICER

6 KAR AIR SQN NCC MANSALORE

ALVA'S EDUCATION FOUNDATION (R.)

[FIT / TP No: FLIGHT-B | Place (MODDBIDRI | Balch: 12 yr / 2 yr / 3 yr | Date: 12 Tan 2021.]

Sign: CSUO KTRAN-K (PIStoff) (ANO)

(Senior Cdt.) (PIStoff) (ANO)

1	NSTI	TUTION	VAL TRG A	CTIVIT	YATTI	ENDANCE RECORD		of a contract		Be you t
1	operate	sheet l	or different Bat	ches er	d/or cubi	ect/ ectivity. DONOT club di	SHEET: 6 P	AR A	RSQN	NCC
Uso si	LIAL I	COM	MONINCO	ACT	VITY	ect/ ectivity. DONOT club di Code (As per Gyllabus):	fferent batches	Jectivity	in one sh	oot
10.	a service of	photo or not not	to be the second to	A LOSS A MINER -		JUUR IAN not Bullahamil			1: 08:	0.0
Subje	ct:	NIC	ACTIVITY		Tor	No . Later -	STATE OF THE PERSON NAMED IN			
Time	Sta	rt: 09	police Lno	1: 140	D Hee	Instructor ANO/ I'l	JING DA	1-3		
				171.7	1 712 4) Imenacion ANO/14	Stan : In Off). loue	ez Sharli	ff.189
w/6 /4 / 1		Allollod	Enmiled	Dmaant	TIPA	TTENDANCE SUMMAI	RY			
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SWI		ALTER STREET, 49	13	4	F0_	Rice, Sambay, Ro	Mam. Dal.	Butte	unilb.	
TOT		13	The same of the sa	12	0.1			District	.,	<u>(e</u>
1017	· whi	4.4.	Standard Commence	36	1 08	1 Papad, Sal		-	The State Company of the last	1-12
		REC	CORD OF C	ADETS	IN ATT	ENDANCE	TOTAL CLASSES	and Lance and Lance	DA CI.	03
SIN	0 1	THE RESIDENCE AND ADDRESS.	nental No.	Rank		Cdts' Name	Cdts' Sign	BF	Today	CE
	-	the same of the sa	SD/F/160951	CDT	Akshar N	The state of the s	1-1	03	01	03
-			SD/F/160952	CDT	Adventure Salvanor man	them Borish Singh	NAWI	02	01	03
The Personnel		the same of the same of	SD/F/160953	CDT	Abhishek	The second secon	Chi	oa	1 01	03
		ACCRECATE TO PERSON	SD/F/160954	CDT	[Nagar]un	THE RESIDENCE AND ADDRESS OF THE PARTY OF TH	Nyarton 65	02	01	03
-			SD/F/160955	CDT	Dileep P		O'lara	02	01	03 :
-			/SD/F/160956	CDT	Abhiram		Sphiren	02	01	03
-	THE RESERVED TO	4 -40	/SD/F/160957	CDT	Chiranth	the contract of the contract o	Phirap	02	01	6.3
-	8.	AND DESCRIPTION OF THE PERSON NAMED IN	/SD/F/160958	CDT	Gary Rich	hards R	Cary	DS	01	·· 03
	9.		/SD/F/160959	CDT	M R Bhai	rath	h R Blent	03	01	03
	10.	KAR/20	/SD/F/160960	CDT	Dharepp	a S Kalappagol	Dis merphanel		DI	03
	11.		/SD/F/160961	CDT	Tharun k		Thomas	೦೩	01_	03
	12.	-)/SD/F/160962	CDT	Ashish P		Aru	Da	01	03_
-	13.		D/SD/F/160963	CDT	Tejas Ra		705	02	01	03
-	14.		D/SD/F/160964	CDT	Rohan H		Rohan H	02 02	00	03
-	15.	THE RESERVE AND ADDRESS.	D/SD/F/160965	CDT	Gurulikh	madiwalar	xLL)	02	01	03
1	16. 17.	-	0/SD/F/160966 U/SD/F/160967	COT	Rakshith	A REAL PROPERTY AND ADDRESS OF THE PERSON NAMED IN COLUMN 2 IN COL	-AB-	00	00	00
-	18.	Annual Contract of the	0/SD/F/160968		Vikesh L		-AB-	00	00	DE
-	19.		0/SD/F/160969			n R Suvarna	-AB-	00	OD	OID
0	20.		0/SD/F/160970		Samyam	Y Jain	20	02	101	05
1	21.	KAR/2	0/SD/F/160971	CDT	Shetty A	bhishek	大.	02	01	03
ī	22.		0/SD/F/160972		Jayanth		Tryatting		OL	Cs
1	23.	THE RESERVE OF THE PARTY.	0/SD/F/160973			kumar k	十月2	02	DI	03
1	24.		O/SD/F/160974	THE RESERVE AND PARTY.	Likhin P		-NB-	00	CO	00
1	25.		0/SD/F/160975		Suresh N		- AB-	00	00	00
L	26	· KAR/2	0/SD/F/160976	CDT	Sudarsh	an J	-AA-	00	- 00	00
Γ	FIt /	Tp No:	FLIGHT-B	Place	e: MOO	DBIDRI Batch: 1st yr /	2nd vr / 3rd	r Dat	8: 13 Ja	n dear
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1			1 600	i.	11		1 1		-/ R	,
1	Sign:		1800					dis	7	<u> </u>
5	Name	: <u>(</u>	7. 06.100	V Bho	e		· 1 . F	1985. F	ring S	rauff "
1			(Senior			(PI Staff)			(ANO)	
			FG	OFFR D	Durch	The state of the s		o.r.ar	Air.Sqn.NC(ะเมลเกิสกา

ASSOCIATE NCC OFFICER 6 KAR AIR SQN NCC MANGALORE ALVA'S EDUCATION FOUNDATION (R.) MOODBIDRI

No	Posin	TOL!	S IN ATTENDANCE	TOTAL CLASSES		Da co	
27.	Tredittelital No	Rank		Cdts'	PROGR	ESSIVE ATTE	
ALCOHOLD A THE	1010 X0/20/E/160022	CDT	Solo Maine	Sign	BF	Today	-4
28.	KAR/20/SD/F/160979	CDT	Tarun D R	Carunt	02		12
29.	KAR/20/SD/F/160070	CDT	Sathyam A V	datory		01	-03
30.	KAR/20/5D/F/160000	380	Divith R Rao		02	01	03
31.	KAR/20/SD/F/160001	CUI	Shivakumar K N	Quille			0:
32.	KAR/20/SW/F/160982	CDT	Vinod Raj G N	Shoutherson	DZ	101	03
33.	KAR/20/SW/F/160983	CDT	Malini K A	Prodlej	- 03	01	03
34.	KAR/20/5W/F/160983	CDT	Sadvini K P	(Dery 20)	03	DI	03
35.		CDT	Nesara S gowda	D. Ca	02	01	03
36.	WANT SANIE LEUDE	COT	Amrutha Chowdary M	2	οg	01	03
37	-1001/20/5W/F/16000c	Ich	Nisarga P R	Thento	02	01	03
38	- 10411 40/2W/F/160007	Inna	H Bhavana	Mint	02	1	03
39	NAN 20/SW/F/160000	CD-	Pallavi P	1850-	OX	DI	
	1000/4U/SW/F/160000			Pal	-	DI	03
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FG OFFR PARVEEZ SHARIFF B.G.
ASSOCIATE NCC OFFICER
6 KAR AIR SQN NCC MANGALORE
ALVA'S EDUCATION FOUNDATION (R.)
MOODBIDRI

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FG OFFR PARVEEZ SHARIFF E.G.
ASSOCIATE NCC OFFICER
6 KAR AIR SQN NCC MANGALORE
ALVA'S EDUCATION FOUNDATION (R.)
MOODBIDRI

Sign:

Name: Cpl. Values V Blat (Pistall)

(Senior Cdt)

(Pistall)

Sign: (ANO)

6. Kar.Air.Sqn NCC-Mangaburu

UTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET: 6 KAR AIR SQN NCC The sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet. SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): TRAINING Topic: NDRF Instructor ANO/ PI staff: To Off. Paruen Stariff. Subject: NCC ACTIVITY Time Start: 0900 Hts End: 1900 Hts FLT / TP ATTENDANCE SUMMARY MENU FOR REFRESHMENTS Rlee, Sambon, Rayam, Dal, Butternilk, Absent Present **Enrolled** Allotted 07 06 13 SD / JD 13 Rapad, Sabzi 01 03 04 |CF- | 03 TOTAL CLASSES: > OF. SWIJW 04 02 PROGRESSIVE ATTENDANCE OS 17 09 17 RECORD OF CADETS IN ATTENDANCE Cdts' TOTAL CF Today BF Sign 03 Cdts' Name 01 02 Mildo Regimental No. Rank OD ALWIN SAM ANIL 00 00 SI No -NB-03 KAR/18/SD/F/160268 CDT C.M. SHARATH CHANDRA DI pa dollar KAR/18/SD/F/160270 CDT 00 OD CHETHAN B U 60 2. -AB-KAR/18/SD/F/160272 CDT OD LAXMAN B HEBBAL DO. 00 - PB-3. CDT KAR/18/SD/F/160275 UD MITHULESH J M 00 00 -AB-4. KAR/18/SD/F/160276 CDT MOHAMMED SAQLAIN BAIG oo 00 00 -1B-5. KAR/18/SD/F/160277 CDT 03 01 PUNEETH K 6. DA B. B. B. B. Louts KAR/18/SD/F/160281 CDT RUBESH MURTHY G 03 DI 02 7. KAR/18/SD/F/160282 CDT SHASHANK S P GO OD B. 00 -AB-KAR/18/SD/F/160286 CDT SHETTY GAURESH GANESH 01 03 9. 02 West -CDT KAR/18/SD/F/160287 VISHWESH V BHAT 10. OD 00 00 CDT KAR/18/SD/F/160289 11. YUVRAJ B N 03 01 02 KAR/18/SD/F/160292 CDT 12. 03 KIRAN K 01 08 KAR/18/SD/F/160294 CDT 13. SHILPASHREE B R 03 01 KAR/18/5W/F/160305 CDT 02 14. SNEHASHREE R 01 t3 KAR/18/SW/F/160307 CDT 02 15. SPOORTHY V V OD KAR/18/SW/F/160308 DD COT 00 DB. 16. VARSHITHA T R KAR/18/5W/F/160310

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DISASTER MANAGEMENT TRAINING BY NDRF TEAM

Date: 11th January 2021 - 13th January 2021

TIMINGS: 9000 hrs. - 1700 hrs.

FOREWORD

This report intends to brief about the training imparted for NCC cadets by NDRF team conducted by 06 KAR AIR SQN NCC Flight B, AIET. A total of 250 cadets of Alva's College were present for this training program which includes the **Army Wing, Naval Wing, Air Wing**. This training was conducted mainly to educate and create awareness about to handle the situation during the disasters.

DAY-1:

The program was inaugurated by **Sri. Umanath Kotian**, MLA of Moodbidri & Mulky in presence of **Mr. Vivek Alva**, Managing Trustee, AEF, **Dr. Peter Fernandies**, Principal, AIET, **NDRF Team**, RRC Bangalore, **NCC Officers** of Alva's College and **NCC cadets**.



Session-1:

The Sub Inspector Praveen Kumar Upadhya took up the session on the topic MFR (Medical First Responder). Medical First Respondent is very important and crucial task required to be carried out at the spot of accident. If anyone is a trained in MFR he/she can take necessary steps at the spot before



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ambulance arrives. Thus MFR tells us about the steps that are to be taken before taking the patient to the hospital when an incident takes place.

MFR (Medical First Responder):

- 1. He/she mainly does the dots check which is checking whether there is any fractures in the body.
- 2. Firstly a MFR should seek the permission from the bystander before doing the necessary checks, only if the permission is granted to MFR is supposed to proceed.
- 3. It is done by two persons where, one checks the victims and the other make a note of injuries in the victim, it is mainly for the reference of the doctor to start the treatment earliest as possible.

NDRF team gave demo on MFR and then asked some of the volunteers to perform MFR practically on the stage and after post lunch Fg Offr Parveez Shariff B G took interest and thought this was very important part of the training and split cadets in buddy pair then asked all to do the MFR training where cadets every practiced.



Session -2:



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The second session was about bleeding control, soft tissue injury, and muscular skeletal injury. In this session, NDRF team demonstrated how to handle/control the bleeding of person at the time of accident.

- 1. Clean the wound surface with tincture and cover the wound with different types and ways of tying a bandage, as demonstrated by NDRF team.
- 2. If the bleeding doesn't stop then direct pressure need to be applied.
- 3. In case of skeletal injury, NDRF team had demonstrated with different types of bandage techniques with sticks and other props.



DAY-2:

Session -1:

The session started with discussion on Foreign Body Airway Obstruction (FBAO). This session explained about the clearing the airway obstruction and providing oxygen if necessary at the time of incident.

There are 2 types of Choke: -

- 1. Partial Choke: This happens during eating food and during tongue twist.
- 2. Complete Choke: If this happens means person will not able to breathe and can die.



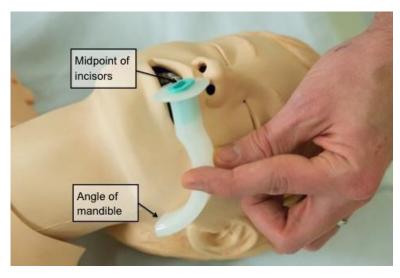
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During this situation, the airway of the patient need to be cleared and provide the oxygen by one of the following methods.

- 1. Oropharyngeal airway,
- 2. Bag Valve Mask,
- 3. CPR mask usage.
- 4. Equipment's used in oxygen delivery system.

An **oropharyngeal airway** is a medical device called an *airway adjunct* used to maintain or open a patient's airway. It does this by preventing the tongue from covering the epiglotis, which could prevent the person from breathing. The correct size OPA is chosen by measuring from the first incisors to the angle of the jaw. The airway is then inserted into the person's mouth upside down. Once contact is made with the back of the throat, the airway is rotated 180 degrees, allowing for easy insertion, and assuring that the tongue is secured. An alternative method for insertion, the method that is recommended for OPA use in children and infants, involves holding the tongue forward with a tongue depressor and inserting the airway right side up. Use of an OPA does not remove the need for the recovery position and ongoing assessment of the airway and it does not prevent obstruction by liquids (blood, saliva, food, cerebrospinal fluid) or the closing of the glottis. It can, however, facilitate ventilation during CPR (cardiopulmonary resuscitation) and for persons with a large tongue.



The main risks of its use are:

1. If the person has a gag reflex, they may vomit.



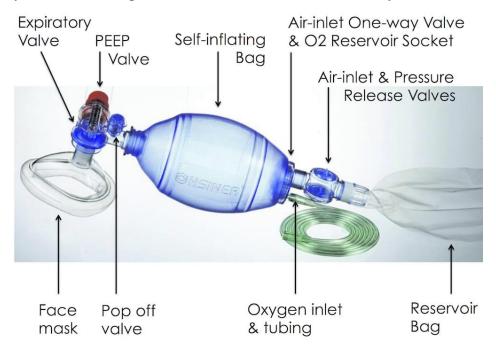
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2. When OPA is too large, it can close the glottis and thus close the airway.

Bag Valve Mask:

The Bag-Valve-Mask (BVM) apparatus are also known as manual resuscitators and as self-inflating resuscitation systems. The examples include Laerdal, Ambu, Hsiner, Mayo, and Air Viva.



CRP Mask:

A **pocket mask**, or **pocket face mask** or **CPR mask**, is a device used to safely deliver rescue breaths during a cardiac arrest or respiratory arrest. The specific term "Pocket Mask" is the trademarked name for the product manufactured by Laerdal Medical AS. It is not to be confused with a bag valve mask (BVM).

Usage:

While a pocket mask is not as efficient as a bag valve mask, it does have its advantages when only one rescuer is available. As suggested by its name, the pocket mask benefits from a somewhat easier portability when compared to the bag valve mask. Also, in contrast to the bag valve mask, which requires two hands to operate (one to form a seal and the other to squeeze the bag), the pocket mask allows for both of the rescuer's hands to be on the patients head. This hand placement provides a



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superior seal on the patient's face, and allows the responder to perform a jaw thrust on patients who may have a spinal injury.





Demonstration of rescue operation to NCC Cadets



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Demonstration of rescue operation to NCC Cadets

Session -2:

The session -2 was the demonstration of lifting and moving the patient. The following are the methods:

Lifting and moving: -

- Plan your move before lifting.
- Use your legs to lift, not your back.
- Keep the object close to your body.
- Stack move your body as vertical unit.
- Reduce the height from Kneeing down.

Moving Patients:

There are 2 types of patient moves, they are

- Emergency move.
- No -Emergency move.

Type of Emergency move:



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- 1. Shirt drag.
- 2. Shoulder drag.
- 3. Blanket drag
- 4. Fire fighter drag
- 5. Piggy back carry
- 6. Sheet drag
- 7. Cradle carry
- 8. Rescuer crutch.

Session -3:

The session -3 was on the flood management. The NDRF team had discussed the do's and don'ts to be carried out during flood. A **flood** is an overflow of water on normally dry ground. This is most commonly due to an overflowing river, a dam break, snowmelt, or heavy rainfall. Less commonly happening are tsunamis, storm surge. The deadliest flooding was in 1931 in China and killed between 2,000,000 and 4,000,000 people. The Kerala flood in India was another flood that has destroyed people's houses.

Causes of Flood:

Flooding is usually caused when a volume of water within a water body, such as a lake, overflows outside it. Sometimes if a dam breaks, it suddenly releases a large amount of water. The result is that some of the water travels to land, and 'floods' the area. Many rivers are in a channel, between river banks. They flood when the strength of the river causes it to flow beyond the banks. This is more common at bends or meanders. Flood damage can be prevented by moving away from places that flood. However, people have long liked to have their homes and businesses alongside water because water is good for agriculture and transport and in other ways.

Before the Flood:

- 1. Stop leakage of Dams.
- 2. Evacuate the home you are staying.
- 3. Go to the high peak point areas.
- 4. Keep first aid kit with you always.



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5. Use Floating things around you for your help.

During flood time:

- Switch off home currents.
- Close all doors of home.
- Leave freely to all animals if any tight at one place.

After Flood:

- Call medical Treatment or any forces nearby.
- Securely remove home doors and get in because there can be thing that can harm you.
- Don't move in any unknown flooded area.
- Dug and bury the dead animals in your surroundings.
- Search for clean water to drink.

Types of water:

- 1. Inland water: which is available in rivers, dams, pounds, wells, etc.
- 2. Open water: which is found in Sea and Oceans.

Swimming Techniques:

The NDRF team had taught on different swimming styles and the easy way to swim for the non-swimmers.

1. Freestyle swimming:

Also known as the front crawl, this is the classic swimming posture. Lie on your stomach and flutter your legs while alternating the arms in a windmill motion.

- 2. **Backstroke swimming:** Lie on your back and flutter your legs while circling your arms in a windmill motion. It's very similar to the freestyle, but you swim on your back and propel yourself backwards.
- 3. **Breaststroke swimming:** Float with your stomach facing down, then move your arms in a half-circle motion in front of the body. Bend your legs, then kick back with good timing, and you'll propel yourself up and forward.



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4. **Sidestroke swimming:** Although not one of the official four strokes in competitive swimming, the sidestroke is a great survival technique. This is commonly used by lifeguards because you can hold onto another person and keep them above water while you swim.

KNOTS:

The NDRF team had taught the technique of tie knots, which will be helpful during the flood management to rescue/evacuate the people. This **list of knots** includes many alternative names for common knots and lashings. Knot names have evolved over time and there are many conflicting or confusing naming issues. The overhand knot, for example, is also known as the thumb knot. The figure-eight knot is also known as the savoy knot or the Flemish knot.

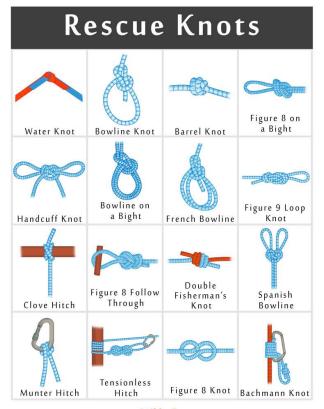
Different types of knots:

- 1. Tight interlacing of two ropes. A knot is also a unit of speed in aviation and marine navigation equal to one nautical mile per hour.
- 2. Halyard knot: interlacing of ropes used to attach the halyard to a sail.
- 3. Reef knot: interlacing of ropes made of two half-knots inverse to each other.
- 4. Bowline: interlacing of ropes with a loop that can be used as support.
- 5. Two round turns and a half-hitch: interlacing of ropes around an object by making two turns, then a Hal-knot.
- 6. Two half-hitches: interlacing of ropes around an object by making two half-knots, one after the other.
- 7. Double shell bend: double interlacing of ropes, used to attach two ropes together.
- 8. Sheet knot: interlacing of ropes used to attach two ropes together.
- 9. Figure of eight knot: interlacing of ropes used to finish the end of a rope.
- 10. Overhand knot: simple interlacing of a rope.



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101KNOTS



Demonstration of rescue operation to NCC Cadets



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DAY-3:

It was the last day of the training and was field activity cadets were taken to Mulki backwaters, there NDRF team made three groups one was swimmers, second was non- swimmers and third was SW's who were supposed to learn boat handling. Constable Kanan was handling swimming trainings he has 17 years of experience in swimming and training so this was great opportunity for cadets to learn under him.

At first cadets were made to do exercises in water and on ground then made to enter in the water and made a line of 10 and there were total of 58 cadets in swimming group, Mr. Kannan thought four types of swimming techniques.

1. Head up freestyle:

Heads-up freestyle allows you to move around the pool quickly while keeping your face out of the water and have a look at the victim, and save him immediately.

2. Head down freestyle:

Head-down freestyle is used to move faster in water and save the victim in emergency.

3. Breast stroke:

Breaststroke is a swimming style in which the swimmer is on their chest and the torso does not rotate. It is the most popular recreational style due to the swimmer's head being out of the water a large portion of the time, and that it can be swum comfortably at slow speeds.

4. Butterfly stroke:

The butterfly (colloquially shortened to fly) is a swimming stroke swum on the chest, with both arms moving symmetrically. It is the newest swimming style swum in competition, first swum in 1933 and originating out of the breaststroke.

Ways of rescuing a victim who is drowning in water:

1. **By Chin Tow:**

Use this tow with cooperative or unconscious casualties. It is the easiest tow if you relax the towing arm. Your casualty should be towed behind you, not beside you which would be too much effort. Hold on to the chin, not the throat. Use side stroke or lifesaver's backstroke and don't kick the casualty.



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2. By Head tow:

This is another tow for a cooperative casualty. Holding the head gives good control and feels reassuring to the casualty. Only drawback is that you only have your legs to push forward with.

3. By Cloth Tow:

The clothes tow is used to help swimmers who are tired but not struggling. The rescuer grabs the clothes on the casualty's back between the shoulders and pulls him to a horizontal position, floating on his back. He maintains his hold of the casualty's clothes, keeping his arm fully extended, and uses a modified sidestroke while towing.

4. By Shoulder Tow:

This is yet another tow for a weak or non-swimmer who needs to be taken across deeper water. Ask the casualty to hold on to your shoulders or waist whilst you swim with normal breaststroke. Only use this tow with people who you can trust to behave and not to panic.

Overall, it was a great session to learn all this technique.



Demonstration of rescue operation to NCC Cadets



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Demonstration of rescue operation to NCC Cadets

CLOSING CEREMONY:

The three days regress training on Disaster Management for NCC cadets come to an end on 13 Jan 2021 with the closing ceremony at 1600 hrs. The chief guest for the program was Col A K Sharma, Group Commander, Mangalore Group along with Mr. Vivek Alva, Managing Trustee, AEF, Dr. Peter Fernandies, Principal, AIET, NDRF Team, NCC Officers, and NCC cadets. The Gp Cdr appreciated the efforts of NDRF team training NCC cadets and encouraged cadets to implement the learning whenever disaster situation occurs.



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Valedictory function of the event

OUR COMMITMENT AND ACTION

For any program to be conducted ground work is very important, on this occasion NCC cadets of Alva's College from 6 KAR AIR SQN NCC, Mangalore had done lot of work from start till end keeping in mind the importance of training for cadets. This program aspired the students to learn the importance of being MFR, methods to be followed after a disaster, bleeding techniques, breathing when anything is stuck in respirational tract, swimming tactics and saving with those swimming tactics etc.



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CONCLUSION

A total of 250 cadets from **Army**, **Navy and Air Wing** participated in this training program. In particular, **81 Air wing NCC** cadets took part in training program. By the end of the training all cadets were well aware of the steps to be taken while any disaster and MFR's. Even in this pandemic situation the overall training sessions went well with the corporation of all the cadets and support from the NDRF team and the management.

Flt – B Air Wing NCC propose special thanks to **The Commandant, 10 Bn NDRF, Guntur** for approving our training request. We thank to **NRDF team** for imparting regress training for NCC cadets. We thanks to **Mr. Vivek Alva,** Managing Trustee, AEF, for encouragement and rendering all the support to conduct the event. We thanks to **Sri. Umanath Kotian,** MLA for greasing inauguration program. We thank **Col A K Sharma,** Gp Cdr, Managalore Gp for withness and bless closing ceremony of training. We thank **Dr. Perter Fernandies,** Principal, AIET and **Gp Capt A G Srinivasan,** CO, 06 Kar Air Sqn NCC for continues support in conducting such event.

Event photos: https://photos.app.goo.gl/qHcWCXcXbHPth5av9

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MOODBIDRI

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