

# Alva's Air Wing NCC (Flight - B)

Moodbidri - 574227

6 Kar AIR SQN NCC, Mangalore



Tele: 08258-262724/7829200515

Email: [ano.alvas.6kar.air.ncc@gmail.com](mailto:ano.alvas.6kar.air.ncc@gmail.com)

By E-mail Only

Alva's College

Shobhabana Campus, Mijar

Moodbidri - 574225

No. 34/M/Flt - B NCC

23 Dec 2020

To,  
Mr. Vivek Alva,  
Managing Trustee,  
AEF, Moodbidri.

## REQUEST TO PROVIDE TRANSPORTATION AND ACCOMMODATION FACILITY TO NDRF TEAM

Sir,

1. With respect to earlier email sent to Commandant, 10 Bn NDRF Dtd on 19 Dec 2020, they accepted our invitation to conduct training program at our Institute from 11 Jan to 13 Jan 2021.
2. In this regard, a transport facility is required to bring the team from Koppa and drop them back to Bangalore (tentative). A bus with seats removable should be sent to pick the team and also to carry training materials.
3. It is requested to transport department to provide bus facility for NCC cadets to reach the training location (details will be provided two days before the commencement of event).
4. It is also requested to provide the support of Journalism department to cover the entire event for print media/digital media.



Thanking you,

Yours' Sincerely

(Parveez Shariff B G)

Flying Officer

Associate NCC Officer

Copy to:

1. Administrative Officer
2. Transportation Department
3. Journalism Department

FG OFFR PARVEEZ SHARIFF B.G.  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R.)  
MOODBIDRI





No. M.V-02/2020-TRG-10<sup>TH</sup> NDRF  
Office of the Commandant- 10<sup>th</sup> Battalion  
National Disaster Response Force  
(Ministry of Home Affairs)

A.N.U Campus,  
Post-Nagarjuna Nagar,  
District-Guntur,  
Andhra Pradesh.  
PIN-522510.

Tel/Fax No. 0863-2293050.

Email- [commandant10thndrf@gmail.com](mailto:commandant10thndrf@gmail.com)

Dated, the 28/December' 2020.


To,

Fg. officer Parveez Shariff B.G  
Associate NCC Officer,  
6 Kar Air Sqn NCC,  
ALVA'S AIR WING NCC (FLIGHT-B),  
Moodbidri, Mangalore (KA)  
E-Mail ID :- [ano.alvas.6kar.air.ncc@gmail.com](mailto:ano.alvas.6kar.air.ncc@gmail.com)  
Contact No. 91 7829200515

Subject:- **REGARDING CONDUCTING OF 03 DAYS DISASTER MANAGEMENT  
TRAINING FOR NCC CADERS AT MOODBIDRI, MANGALORE (KA)**


Please refer to your E-Mail dated 19.12.20 on the subject cited above.

2. On the subject matter, it is to inform you that, 01 sub team from RRC Bengaluru is hereby detailed to conduct the "03 days Disaster Management Training for NCC cadets" at Alva's Institute of Engineering & Technology, Moodbidri (Karnataka) w.e.f 11.01.21 to 13.01.21.
3. This is for your information and if you need any assistance please contact Sh. J.Senthil Kumar Asst. Comdt. (Contact No. 9440826957) team commander RRC Bengaluru.

  
For Commandant- 10<sup>th</sup> BN, NDRF.

Copy to:-

Sh. J.Senthil Kumar A/C Team Commander RRC BLR for kind information and <sup>detail a team to</sup> conduct above training programme on after completion of training programme proposed for volunteers of Sri Kshethra Dharmasthala Trust w.e.f 04.01.21 to 09.01.21 and also submit report to this office on after completion of the above training programme.

  
FG OFFR PARVEEZ SHARIFF B.G  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R)  
MOODBIDRI





# Alva's Air Wing NCC (Flight - B)

Moodbidri - 574227

6 Kar AIR SQN NCC, Mangalore



## DISASTER MANAGEMENT TRAINING PROGRAMME FOR 03 DAYS TO NCC CADETS AT AIET, MIJAR, MANGLORE W.E.F 11/01/2021 TO 13/01/2021.

DATE	TIME	SUBJECT	LEC	PRACT/DEMO	REMARKS
11 Jan 2021					
11/01/2021	1000-1040 HRS	COURSE INTRO, DUTIES OF MEDICAL FIRST RESPONDER & EMS	01		
	1100-1140 HRS	PATIENT ASSESSMENT/ INITIAL ASSESSMENT	01		
	1145-1225 HRS	BLEEDING CONTROL	01		
	1230-1300 HRS	BLEEDING CONTROL		01	
	1430-1510 HRS	SOFT TISSUES INJURIES	01		
	1515-1555 HRS	SOFT TISSUES INJURIES		01	
	1600-1640 HRS	MUSCULAR SKELETAL INJURIES	01		
	1640-1700 HRS	REVISION AND QUESTION ANSWER	01		
12 Jan 2021					
12/01/2021	0900-0940 HRS	F.B.A.O	01		
	0945-1025 HRS	OXYGEN THERAPY	01		
	1030-1110 HRS	BLS & CPR	01		
	1115-1155 HRS	CPR PRACT		01	
	1200-1240	LIFTING AND MOVING OF PATIENT	01		
	1245-1300	LIFTING AND MOVING OF PATIENT		01	
	1430-1510	PREVENTIVE MEASURES BEFORE AND AFTER FLOOD	01		

FG OFFR PARVEEZ SHARIFF B.G.  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R.)  
MOODBIDRI




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6 Kar AIR SQN NCC, Mangalore



	1515-1555	SWIMMING TECH.	01		
	1600-1640	INTRO OF BOAT AND OBM	01		
	1645-1700	REVISION	01		
13 Jan 2021					
13/01/2021	0900-1300	SWIMMING TECH, IMPROVED FLOATING DEVICES, BOAT HANDLING			
	1500-1540	CSSR EQUIPMENTS & HANDLING		01	
	1545-1625	LANDSLIDE & CASE STUDY	01		
	1630-1700	VIVA TEST	01		

  
FG OFFR PARVEEZ  
ASSOCIATE NCC OF  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R.)  
MOODBIDRI



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus) Duration: 03:00

Subject: NCC Activity Topic: DISASTER MANAGEMENT TRAINING

Time Start: 0900 hrs End: 1700 hrs Instructor ANO/ PI staff: Fg Offr. Parvez Sheriff Bn

## FLT / TP ATTENDANCE SUMMARY

### MENU FOR REFRESHMENTS

	Allotted	Enrolled	Present	Absent
SD / JD	31	31	24	07
SW / JW	13	13	12	01
TOTAL	44	44	36	08

Rice, Sambar, Buttermilk, Jolipi, Rasam, Dal, Chapat.

## RECORD OF CADETS IN ATTENDANCE

Sl No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	BF	Today	CF
1.	KAR/20/SD/F/160951	CDT	Akshar N		00	01	01
2.	KAR/20/SD/F/160952	CDT	Nongmalthem Borish Singh		00	01	01
3.	KAR/20/SD/F/160953	CDT	Abhishek. P		00	01	01
4.	KAR/20/SD/F/160954	CDT	Nagarjuna G S		00	01	01
5.	KAR/20/SD/F/160955	CDT	Dileep P R		00	01	01
6.	KAR/20/SD/F/160956	CDT	Abhiram H A		00	01	01
7.	KAR/20/SD/F/160957	CDT	Chiranth H S		00	01	01
8.	KAR/20/SD/F/160958	CDT	Gary Richards R		00	01	01
9.	KAR/20/SD/F/160959	CDT	M R Bharath		00	01	01
10.	KAR/20/SD/F/160960	CDT	Dhareppa S Kalappagui		00	01	01
11.	KAR/20/SD/F/160961	CDT	Tharun kumar R		00	01	01
12.	KAR/20/SD/F/160962	CDT	Ashish P B		00	01	01
13.	KAR/20/SD/F/160963	CDT	Tejas Ravi		00	01	01
14.	KAR/20/SD/F/160964	CDT	Rohan H		00	01	01
15.	KAR/20/SD/F/160965	CDT	Veeresh madiwalar		00	01	01
16.	KAR/20/SD/F/160966	CDT	Gurulikhith S		00	01	01
17.	KAR/20/SD/F/160967	CDT	Rakshith T V		00	00	00
18.	KAR/20/SD/F/160968	CDT	Vikesh U Shetty		00	00	00
19.	KAR/20/SD/F/160969	CDT	Gautham R Suvama		00	00	00
20.	KAR/20/SD/F/160970	CDT	Samyam Y Jain		00	01	01
21.	KAR/20/SD/F/160971	CDT	Shetty Abhishek		00	01	01
22.	KAR/20/SD/F/160972	CDT	Jayanthi M S		00	01	01
23.	KAR/20/SD/F/160973	CDT	Bharath kumar k		00	01	01
24.	KAR/20/SD/F/160974	CDT	Ukhin P Y		00	00	00
25.	KAR/20/SD/F/160975	CDT	Suresh M		00	00	00
26.	KAR/20/SD/F/160976	CDT	Sudarshan J		00	00	00

Flt / Tp No: FLIGHT-B Place: MOODBIDRI Batch: 1<sup>st</sup> Yr / 2<sup>nd</sup> Yr / 3<sup>rd</sup> Yr Date: 11 Jan 21

Sign:   
Name: Cadet Sgt Spoorthy V N (Senior Cdr)  
Sign:   
Name: Fg Offr. Parvez Sheriff Bn (ANO)

FG OFFR PARVEZ SHERIFF Bn  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (IL)  
MOODBIDRI

6 Kar Air Sqn NCC-Mangalore



# RECORD OF CADETS IN ATTENDANCE

SI No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	TOTAL CLASSES: > BF- 00		
					PROGRESSIVE ATTENDANCE		
					BF	Today	Ct
27.	KAR/20/SD/F/160977	CDT	Tarun D R	<i>[Signature]</i>	00	01	01
28.	KAR/20/SD/F/160978	CDT	Sathyam A V	<i>[Signature]</i>	00	01	01
29.	KAR/20/SD/F/160979	CDT	Divith R Rao	<i>[Signature]</i>	00	00	00
30.	KAR/20/SD/F/160980	CDT	Shivakumar K N	<i>[Signature]</i>	00	01	01
31.	KAR/20/SD/F/160981	CDT	Vinod Raj G N	<i>[Signature]</i>	00	01	01
32.	KAR/20/SW/F/160982	CDT	Malini K A	<i>[Signature]</i>	00	01	01
33.	KAR/20/SW/F/160983	CDT	Sadvini K P	<i>[Signature]</i>	00	01	01
34.	KAR/20/SW/F/160984	CDT	Nesara S gowda	<i>[Signature]</i>	00	01	01
35.	KAR/20/SW/F/160985	CDT	Amrutha Chowdary M	<i>[Signature]</i>	00	01	01
36.	KAR/20/SW/F/160986	CDT	Nisarga P R	<i>[Signature]</i>	00	01	01
37.	KAR/20/SW/F/160987	CDT	H Bhavana	<i>[Signature]</i>	00	01	01
38.	KAR/20/SW/F/160988	CDT	Pallavi P	<i>[Signature]</i>	00	01	01
39.	KAR/20/SW/F/160989	CDT	Jenny Fernandes	<i>[Signature]</i>	00	01	01
40.	KAR/20/SW/F/160990	CDT	Monisha P	<i>[Signature]</i>	00	01	01
41.	KAR/20/SW/F/160991	CDT	Ashwini M	<i>[Signature]</i>	00	01	01
42.	KAR/20/SW/F/160992	CDT	Chandana P T	<i>[Signature]</i>	00	00	00
43.	KAR/20/SW/F/160993	CDT	Souparnika U S	<i>[Signature]</i>	00	01	01
44.	KAR/20/SW/F/160994	CDT	B M Poorvika	<i>[Signature]</i>	00	01	01

NOTE # Use separate sheet for different Batches &/or subject/ activity. DONOT club different batches/activity in one sheet

*[Signature]*  
 FG OFFR PARVEEZ SHARIFF B.G.  
 ASSOCIATE NCC OFFICER  
 6 KAR AIR SQN NCC MANGALORE  
 ALVA'S EDUCATION FOUNDATION (R.)  
 MOODBIDRI

Flt / Tp No:	FLIGHT-B	Place:	MOODBIDRI	Batch:	1 <sup>st</sup> yr / 2 <sup>nd</sup> yr / 3 <sup>rd</sup> yr	Date:	11 Jan 21
Sign:	<i>[Signature]</i>						
Name:	CADET SGT. SPOORTHY. VV						
	(Senior Cdt)						
		(PI Staff)					
		<i>[Signature]</i> FG Offr. Parveez Shariff (ARO) 6 Kar Air. Sqn. NCC-Mangalore					



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQ. NCC

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Coda (As per Syllabus) Duration: 03 : 00 Hr

Subject : NCC Activity Topic : Disaster Management Training  
Time Start: 0900 Hrs End: 1200 Hrs Instructor ANO/ PI staff : Fg. Offr. Parvez Shariff B.G.

## FLT / TP ATTENDANCE SUMMARY

	Allotted	Enrolled	Present	Absent
SD / JD	27	27	22	05
SW / JW	14	14	14	00
TOTAL	41	41	36	05

## MENU FOR REFRESHMENTS

Rice, Sambar, Buttermilk, Salaji, Ro. N  
Dal, Papad.

## RECORD OF CADETS IN ATTENDANCE

Sl No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	TOTAL CLASSES :> BF	Today	CF
1.	KAR/19/SD/F/170801	CDT	SANATH K AMIN	[Signature]	00	01	01
2.	KAR/19/SD/F/170803	CDT	SUMANTH PATEL S R	[Signature]	00	01	01
3.	KAR/19/SD/F/170805	CDT	PARAMESH C	[Signature]	00	01	01
4.	KAR/19/SD/F/170806	CDT	PRITHVI P A	[Signature]	00	01	01
5.	KAR/19/SD/F/170807	CDT	MAHAMMD EMRAN	[Signature]	00	01	01
6.	KAR/19/SD/F/170808	CDT	ABHISHEK S	[Signature]	00	00	00
7.	KAR/19/SD/F/170809	CDT	YESHWANTH BA	[Signature]	00	01	01
8.	KAR/19/SD/F/170810	CDT	RISHAB V	[Signature]	00	01	01
9.	KAR/19/SD/F/170811	CDT	PRUTHVI RAJ D A	[Signature]	00	00	00
10.	KAR/19/SD/F/170812	CDT	SHRIKARA R M	[Signature]	00	01	01
11.	KAR/19/SD/F/170814	CDT	NITESH SEETARAM NAIK	[Signature]	00	01	01
12.	KAR/19/SD/F/170815	CDT	M.RAVICHANDRA	[Signature]	00	01	01
13.	KAR/19/SD/F/170816	CDT	SHIVAKUMAR	[Signature]	00	01	01
14.	KAR/19/SD/F/170817	CDT	SHALIVAHAN ISHWAR KUMBAR	[Signature]	00	01	01
15.	KAR/19/SD/F/170819	CDT	BHAKTH B D	[Signature]	00	01	01
16.	KAR/19/SD/F/170821	CDT	SAMEER SHAIK	[Signature]	00	01	01
17.	KAR/19/SD/F/170822	CDT	ADWAITH P	[Signature]	00	01	01
18.	KAR/19/SD/F/170825	CDT	NANDANA MAHENDRA HEGDE	[Signature]	00	00	00
19.	KAR/19/SD/F/170826	CDT	AKHILESH V	[Signature]	00	01	01
20.	KAR/19/SD/F/170828	CDT	AKHILESH HIRKAL	[Signature]	00	01	01
21.	KAR/19/SD/F/170832	CDT	DHANARAJ	[Signature]	00	01	01
22.	KAR/19/SD/F/170833	CDT	K FAROOQ ABDULLA	[Signature]	00	01	01
23.	KAR/19/SD/F/170834	CDT	CHINMAYA BHAT K K	[Signature]	00	00	00
24.	KAR/19/SD/F/170835	CDT	BRJESH REDDY KH	[Signature]	00	01	01
25.	KAR/19/SD/F/170837	CDT	DENIL PAUL	[Signature]	00	00	00
26.	KAR/19/SD/F/170838	CDT	MALLIKARJUN BASAVARAJ GORAVAR	[Signature]	00	01	01
27.	KAR/19/SD/F/170840	CDT	SHAMJETSHABAM NOREN SINGH	[Signature]	00	01	01

Flt / Tp No: FLIGHT-B Place: MOOBBIDRI Batch: 1<sup>st</sup> yr / 2<sup>nd</sup> yr / 3<sup>rd</sup> yr Date: 11 Jan 2021

Sign: [Signature]  
Name: CADET S. S. MOHANY Fg. OFFR. PARVEZ SHARIFF B.G.  
(Senior Cdt) ASSOCIATE NCC OFFICER (R)  
6 KAR AIR SQ. NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R)  
MOORINDRI

[Signature]  
Fg. Offr. Parvez Shariff B.G.  
(ANO)



RECORD OF CADETS IN ATTENDANCE				TOTAL CLASSES: >	BF.	OD	CF.	OI
SI No	Regimental No.	Rank	Cdt's Name	Cdt's Sign	PROGRESSIVE ATTENDANCE			
					BF	Today	CF	OI
28.	KAR/19/SW/F/170846	CDT	KUMARI KHYATHI	<i>Kumari Khyathi</i>	00	01	01	01
29.	KAR/19/SW/F/170848	CDT	AKSHITHA C V	<i>Akshitha C V</i>	00	01	01	01
30.	KAR/19/SW/F/170850	CDT	NAYANA .G	<i>Nayana</i>	00	01	01	01
31.	KAR/19/SW/F/170851	CDT	AISHWARYA. M. T	<i>Aishwarya M. T</i>	00	01	01	01
32.	KAR/19/SW/F/170852	CDT	SINDHU R	<i>Sindhu R</i>	00	01	01	01
33.	KAR/19/SW/F/170853	CDT	MADHU K	<i>Madhu K</i>	00	01	01	01
34.	KAR/19/SW/F/170855	CDT	SANDHYA KAPSE	<i>Sandhya Kapse</i>	00	01	01	01
35.	KAR/19/SW/F/170856	CDT	DEESHA D SHENOY	<i>Deesha D Sheno</i>	00	01	01	01
36.	KAR/19/SW/F/170857	CDT	PRENITA PRINSAL SALDANHA	<i>Prenita Prinsal</i>	00	01	01	01
37.	KAR/19/SW/F/170858	CDT	HARSHITHA R SHETTY	<i>Harshitha R Shetty</i>	00	01	01	01
38.	KAR/19/SW/F/170860	CDT	PUSHPITHA P	<i>Pushpitha P</i>	00	01	01	01
39.	KAR/19/SW/F/170861	CDT	RASHMI K	<i>Rashmi K</i>	00	01	01	01
40.	KAR/19/SW/F/170862	CDT	ANKITA SANNNADURGYA NAIK	<i>Ankita Sannadurga Naik</i>	00	01	01	01
41.	KAR/19/SW/F/170863	CDT	THRISHALA M	<i>Thrishala M</i>	00	01	01	01

NOTE: Use separate sheet for different Batches & for subject activity. DO NOT club different batches/activity in one sheet.

*FG OFFR*  
 FG OFFR PARVEEZ SHARIFF S.O.  
 ASSOCIATE NCC OFFICER  
 6 KAR AIR SQN NCC MANGALORE  
 ALVA'S EDUCATION FOUNDATION (R.)  
 MOODBIDRI

File / Tp No:	FLIGHT-B	Place:	MOODBIDRI	Batch:	1 <sup>st</sup> yr /	2 <sup>nd</sup> yr /	3 <sup>rd</sup> yr	Date:	11 Jan 21
Sign:	<i>[Signature]</i>								
Name:	Cdrt SGT SPOORITHY. W (Senior Cdt)								
	(PI Staff)								

*19011*  
 19011. Ramesh Shetty  
 (NCC)  
 01 Jan 21



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): Duration: 08 : 00 Hrs

Subject: NCC Activity Topic: Disaster Management Training

Time Start: 09 00 Hrs End: 17 00 Hrs Instructor ANO/ PI staff: Tg. Offr. Parvéez Shariff B.G.

## FLT / TP ATTENDANCE SUMMARY

	Allotted	Enrolled	Present	Absent	MENU FOR REFRESHMENTS
SD / JD	13	13	06	07	Rice, Sambar, Buttermilk, Idli, Rasam
SW / JW	04	04	03	01	
TOTAL	17	17	09	08	dal, papad.

## RECORD OF CADETS IN ATTENDANCE

Sl No	Regimental No.	Rank	Cds' Name	Cds' Sign	TOTAL CLASSES: > BF. 00 CF. 01		
					PROGRESSIVE ATTENDANCE		
					BF	Today	CF
1.	KAR/18/SD/F/160268	CDT	ALWIN SAM ANIL		00	01	01
2.	KAR/18/SD/F/160270	CDT	C.M. SHARATH CHANDRA	-AB-	00	00	00
3.	KAR/18/SD/F/160272	CDT	CHETHAN B U		00	01	01
4.	KAR/18/SD/F/160275	CDT	LAXMAN B HEBBAL	-AB-	00	00	00
5.	KAR/18/SD/F/160276	CDT	MITHULESH J M	-AB-	00	00	00
6.	KAR/18/SD/F/160277	CDT	MOHAMMED SAQLAIN BAIG	-AB-	00	00	00
7.	KAR/18/SD/F/160281	CDT	PUNEETH K	-AB-	00	00	00
8.	KAR/18/SD/F/160282	CDT	RUBESH MURTHY G		00	01	01
9.	KAR/18/SD/F/160286	CDT	SHASHANK S P		00	01	01
10.	KAR/18/SD/F/160287	CDT	SHETTY GAURESH GANESH	-AB-	00	00	00
11.	KAR/18/SD/F/160289	CDT	VISHWESH V BHAT		00	01	01
12.	KAR/18/SD/F/160292	CDT	YUVRAJ B N	-AB-	00	00	00
13.	KAR/18/SD/F/160294	CDT	KIRAN K		00	01	01
14.	KAR/18/SW/F/160305	CDT	SHILPASHREE B R		00	01	01
15.	KAR/18/SW/F/160307	CDT	SNEHASHREE H		00	01	01
16.	KAR/18/SW/F/160308	CDT	SPOORTHY V V		00	01	01
17.	KAR/18/SW/F/160310	CDT	VARSHITHA T R	-AB-	00	00	00

NOTE # Use separate sheet for different Batches &/or subject/ activity. DONOT club different batches/activity in one sheet.

FG OFFR PARVÉEZ SHARIFF B.G.  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE

Flt / Tp No:	FLIGHT B	Place: MOODBIDRI	Batch: 1 <sup>st</sup> yr / 2 <sup>nd</sup> yr / 3 <sup>rd</sup> yr	Date: 11 Jan 21
Sign:				
Name:	Cdt Sgt SPOORTHY V V (Senior Cdt)		(PI Staff)	
			 Tg Offr. Parvéez Shariff B.G. (ANO)	

6 Kar Air SqN NCC Mangalore



**INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC**

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Codo (As per Syllabus) Duration 06:00

Subject: NCC ACTIVITY Topic: NCC TRAINING (DAY-02)

Time Start: 09:00hrs End: 1700hrs Instructor ANO/ PI staff: FG OFFY PARVEZ SHARIF

**ELT / TP ATTENDANCE SUMMARY**

SD / JD	Alotted	Enrolled	Present	Absent	MENU FOR REFRESHMENTS
SW / JW	31	31	25	06	RICE, SAMBAR, BUTTERMILK, SABJI, RASAM
TOTAL	13	13	13	00	DAL, PAPAD,
	44	44	38	06	

**RECORD OF CADETS IN ATTENDANCE**

SI No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	DF	Today	CF
1.	KAR/20/SD/I/160951	CDI	Akshar N		01	01	02
2.	KAR/20/SD/I/160952	CDT	Nongmalthem Dorish Singh		01	01	02
3.	KAR/20/SD/I/160953	CDT	Abhishek. P		01	01	02
4.	KAR/20/SD/I/160954	CDT	Nagarjuna G S		01	01	02
5.	KAR/20/SD/I/160955	CDT	Dileep P R		01	01	02
6.	KAR/20/SD/I/160956	CDT	Abhiram H A		01	01	02
7.	KAR/20/SD/I/160957	CDT	Chiranth H S		01	01	02
8.	KAR/20/SD/I/160958	CDT	Gary Richards R		01	01	02
9.	KAR/20/SD/I/160959	CDT	M R Bharathi		01	01	02
10.	KAR/20/SD/I/160960	CDT	Dhareppa S Kalappagol		01	01	02
11.	KAR/20/SD/I/160961	CDT	Tharun kumar R		01	01	02
12.	KAR/20/SD/I/160962	CDT	Ashish P B		01	01	02
13.	KAR/20/SD/I/160963	CDT	Tejas Ravi		01	01	02
14.	KAR/20/SD/I/160964	CDT	Rohan H		01	01	02
15.	KAR/20/SD/I/160965	CDT	Vinodh madhwal		01	01	02
16.	KAR/20/SD/I/160966	CDI	Gurulikhith S		01	01	02
17.	KAR/20/SD/I/160967	CDT	Rakshith T V		00	00	00
18.	KAR/20/SD/I/160968	CDT	Vikesh U Shetty		00	00	00
19.	KAR/20/SD/I/160969	CDT	Gautham R Suvarna		00	00	00
20.	KAR/20/SD/I/160970	CDT	Samyam Y Jain		01	01	02
21.	KAR/20/SD/I/160971	CDT	Shetty Abhishek		01	01	02
22.	KAR/20/SD/I/160972	CDT	Jayanthi M S		01	01	02
23.	KAR/20/SD/I/160973	CDT	Bharath kumar k		01	01	02
24.	KAR/20/SD/I/160974	CDT	Likhin P Y		00	00	00
25.	KAR/20/SD/I/160975	CDT	Suresh M		00	00	00
26.	KAR/20/SD/I/160976	LUI	Sudarshan J		00	00	00

 File / Tp No: FLIGHT-B Place: MOODBIDRI Batch: 1<sup>st</sup> yr / 2<sup>nd</sup> yr / 3<sup>rd</sup> yr Date: 12 Jan 2021

Sign:

KIRAN . K

Name:

CSUD . KIRAN . K

(Senior Cdt)

(PI Staff)

FG OFFY PARVEZ SHARIF S.C

ASSOCIATE NCC OFFICER

6 KAR AIR SQN NCC MANGALORE

ALVA'S EDUCATION FOUNDATION (R.)

MOODBIDRI

FG OFFY PARVEZ SHARIF S.C

(ANO)

6 Kar Air Sqn NCC Alva's



# RECORD OF CADETS IN ATTENDANCE

Sl No	Regimental No.	Rank	Cdts' Name
27.	KAR/20/SD/F/160977	CDT	Tarun D R
28.	KAR/20/SD/F/160978	CDT	Sathyam A V
29.	KAR/20/SD/F/160979	CDT	Divith R Rao
30.	KAR/20/SD/F/160980	CDT	Shivakumar K N
31.	KAR/20/SD/F/160981	CDT	Vinod Raj G N
32.	KAR/20/SW/F/160982	CDT	Malini K A
33.	KAR/20/SW/F/160983	CDT	Sadvinil K P
34.	KAR/20/SW/F/160984	CDT	Nesara S gowda
35.	KAR/20/SW/F/160985	CDT	Amrutha Chowdary M
36.	KAR/20/SW/F/160986	CDT	Nisarga P R
37.	KAR/20/SW/F/160987	CDT	H Bhavana
38.	KAR/20/SW/F/160988	CDT	Pallavi P
39.	KAR/20/SW/F/160989	CDT	Jenny Fernandes
40.	KAR/20/SW/F/160990	CDT	Monisha P
41.	KAR/20/SW/F/160991	CDT	Ashwini M
42.	KAR/20/SW/F/160992	CDT	Chandana P T
43.	KAR/20/SW/F/160993	CDT	Souparnika U S
44.	KAR/20/SW/F/160994	CDT	B M Poorvika

TOTAL CLARDED	BF	01	CF	02
Cdts' Sign	BF	Today	CE	
<i>Tarun D R</i>	01	01	02	
<i>Sathyam A V</i>	01	01	02	
<i>Divith R Rao</i>	00	01	01	
<i>Shivakumar K N</i>	01	01	02	
<i>Vinod Raj G N</i>	01	01	02	
<i>Malini K A</i>	01	01	02	
<i>Sadvinil K P</i>	01	01	02	
<i>Nesara S gowda</i>	01	01	02	
<i>Amrutha Chowdary M</i>	01	01	02	
<i>Nisarga P R</i>	01	01	02	
<i>H Bhavana</i>	01	01	02	
<i>Pallavi P</i>	01	01	02	
<i>Jenny Fernandes</i>	01	01	02	
<i>Monisha P</i>	01	01	02	
<i>Ashwini M</i>	00	00	00	
<i>Chandana P T</i>	01	01	02	
<i>Souparnika U S</i>	01	01	02	
<i>B M Poorvika</i>	01	01	02	

NOTE # Use separate sheet for different Batches &/or subject/ activity. DONOT club different batches/activity in one sheet.

45.

Priya

*[Signature]*

00 01 02

FG OFFR PARVEEZ SHARIFF B.G.  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R.)  
MOODBIDRI

Flt / Tp No: FLIGHT-B Place: MOODBIDRI Batch: 1<sup>st</sup> yr / 2<sup>nd</sup> yr / 3<sup>rd</sup> yr Date: 12 Jan 2021

Sign:

Kiran.K

Name:

CSUD KIRAN.K

*[Signature]* B4



**RECORD OF CADETS IN ATTENDANCE**

Sl No	Regimental No.	Rank	Cont Name
27.	KAR/20/SD/I/160977	CDT	Tarun D R
28.	KAR/20/SD/I/160978	CDT	Sathyam A V
29.	KAR/20/SD/I/160979	CDT	Divith R Rao
30.	KAR/20/SD/I/160980	CDT	Shivakumar K N
31.	KAR/20/SD/I/160981	CDT	Vinod Raj G N
32.	KAR/20/SW/I/160982	CDT	Malini K A
33.	KAR/20/SW/I/160983	CDT	Sadviini K P
34.	KAR/20/SW/I/160984	CDT	Nesara S gowda
35.	KAR/20/SW/I/160985	CDT	Amrutha Chowdary M
36.	KAR/20/SW/I/160986	CDT	Nisarga P R
37.	KAR/20/SW/I/160987	CDT	H Bhavana
38.	KAR/20/SW/I/160988	CDT	Pallavi P
39.	KAR/20/SW/F/160989	CDT	Jenny Fernandes
40.	KAR/20/SW/F/160990	CDT	Monisha P
41.	KAR/20/SW/F/160991	CDT	Ashwini M
42.	KAR/20/SW/F/160992	CDT	Chandana P T
43.	KAR/20/SW/I/160993	CDT	Souparnika U S
44.	KAR/20/SW/F/160994	CDT	B M Poorvika

[illegible]


NOTE # Use separate sheet for different Batches &/or subject/ activity. DONOT club different batches/activity in one sheet.

45.

Priya

00      01      02

**FG OFFR PARVEEZ SHARIFF B.G.**  
**ASSOCIATE NCC OFFICER**  
**6 KAR AIR SQN NCC MANGALORE**  
**ALVA'S EDUCATION FOUNDATION (R.)**  
**MOODBIDRI**

Filt / Tp No:	FLIGHT-B	Place:	MOODBIDRI	Batch:	1 <sup>st</sup> yr / 2 <sup>nd</sup> yr / 3 <sup>rd</sup> yr	Date:	12 Jan 2021
Sign:	Kiran.K					 Fg. DCA DARTICZ SHARIF BH  (ANO) D. Kar Air Sqd NCC-Mangaluru	
Name:	C5UD KIRAN.K						
	(Senior Cdt)				(PI Staff)		

**1. Kor. Air. Sqn. NCC-Mangrove**



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): Duration: 08:00 Hrs  
 Subject: NCC ACTIVITY Topic: NDRF TRAINING ( DAY-02)  
 Time Start: 0900 Hrs End: 1200 Hrs Instructor ANO/PI staff: FG OFFR. PARVEEZ SHARIFF B.G.

## FLT / TP ATTENDANCE SUMMARY

SD / JD	Attended	Enrolled	Present	Absent	MENU FOR REFRESHMENTS
SW / JW	27	27	23	04	Rice, Sambar, Buttermilk, Lajji, Rasm, Dal, Papad.
TOTAL	14	14	14	00	
	41	41	38	04	

## RECORD OF CADETS IN ATTENDANCE

TOTAL CLASSES: > BF- DI CF- 02

Sl No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	BF	Today	CF
1.	KAR/19/SD/F/170801	CDT	SANATH K AMIN	[Signature]	01	01	02
2.	KAR/19/SD/F/170803	CDT	SUMANTH PATEL S R	[Signature]	01	01	02
3.	KAR/19/SD/F/170805	CDT	PARAMESH C	[Signature]	01	01	02
4.	KAR/19/SD/F/170806	CDT	PRITHVI P A	[Signature]	01	01	02
5.	KAR/19/SD/F/170807	CDT	MAHAMMD EMRAN	[Signature]	01	01	02
6.	KAR/19/SD/F/170808	CDT	ABHISHEK S	[Signature]	00	00	00
7.	KAR/19/SD/F/170809	CDT	YESHWANTH BA	[Signature]	01	01	02
8.	KAR/19/SD/F/170810	CDT	RISHAB V	[Signature]	01	01	02
9.	KAR/19/SD/F/170811	CDT	PRUTHVI RAJ D A	[Signature]	00	00	00
10.	KAR/19/SD/F/170812	CDT	SHRIKARA R M	[Signature]	01	01	02
11.	KAR/19/SD/F/170814	CDT	NITESH SEETARAM NAIK	[Signature]	01	01	02
12.	KAR/19/SD/F/170815	CDT	M. RAVICHANDRA	[Signature]	01	01	02
13.	KAR/19/SD/F/170816	CDT	SHIVAKUMAR	[Signature]	01	01	02
14.	KAR/19/SD/F/170817	CDT	SHALIVAHAN ISHWAR KUMBAR	[Signature]	01	01	02
15.	KAR/19/SD/F/170819	CDT	BHAKTI B D	[Signature]	01	01	02
16.	KAR/19/SD/F/170821	CDT	SAMEER SHAIK	[Signature]	01	01	02
17.	KAR/19/SD/F/170822	CDT	ADWAITH P	[Signature]	01	01	02
18.	KAR/19/SD/F/170825	CDT	NANDANA MAHENDRA HEGDE	[Signature]	00	00	00
19.	KAR/19/SD/F/170826	CDT	AKHILESH V	[Signature]	01	01	02
20.	KAR/19/SD/F/170828	CDT	AKHILESH HIRKAL	[Signature]	01	01	02
21.	KAR/19/SD/F/170832	CDT	DHANARAJ	[Signature]	01	01	02
22.	KAR/19/SD/F/170833	CDT	K FAROOQ ABDULLA	[Signature]	01	01	02
23.	KAR/19/SD/F/170834	CDT	CHINMAYA BHAT K K	[Signature]	00	00	00
24.	KAR/19/SD/F/170835	CDT	BRUESH REDDY KH	[Signature]	01	01	02
25.	KAR/19/SD/F/170837	CDT	DENIL PAUL	[Signature]	00	00	00
26.	KAR/19/SD/F/170838	CDT	MALLIKARJUN BASAVARAJ GORAVAR	[Signature]	01	01	02
27.	KAR/19/SD/F/170840	CDT	SHAMJETHABAM NOREN SINGH	[Signature]	01	01	02

Flt / Tp No: FLIGHT-B Place: MOODBIDRI Batch: 1st yr / 2nd yr / 3rd yr Date: 12 Jan 2021

Sign: [Signature] WY AN. K

Name: CSUD KIRAN. K  
(Senior Cdt)

(PI Staff)

[Signature]  
FG OFFR PARVEEZ SHARIFF B.G.  
(ANO)

FG OFFR PARVEEZ SHARIFF B.G.  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R.)  
MOODBIDRI

6 Kar Air Sqn NCC-Mangalore



RECORD OF CADETS IN ATTENDANCE				TOTAL CLASSES: >	GP.	DI	CP.
SI No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	BF	Today	
28	KAR/19/SW/F/170845	CDT	KUMARI KHYATHI	Kumari Khyathi	01	01	02
29	KAR/19/SW/F/170848	CDT	AKSHITHA CV	Akshitha CV	01	01	02
30	KAR/19/SW/F/170850	CDT	NAYANA .G	Nayana .G	01	01	02
31	KAR/19/SW/F/170851	CDT	AISHWARYA M. T	Aishwarya M. T	01	01	02
32	KAR/19/SW/F/170852	CDT	SINDHU R	Sindhu R	01	01	02
33	KAR/19/SW/F/170853	CDT	MADHU K	Madhu K	01	01	02
34	KAR/19/SW/F/170855	CDT	SANDHYA KAPSE	Sandhya Kapse	01	01	02
35	KAR/19/SW/F/170856	CDT	DEESHA D SHENOY	Deesha D Sheno	01	01	02
36	KAR/19/SW/F/170857	CDT	PRENITA PRINSAL SALDANHA	Prenita Prinsal	01	01	02
37	KAR/19/SW/F/170858	CDT	HARSHITHA R SHETTY	Harshitha R	01	01	02
38	KAR/19/SW/F/170860	CDT	PUSHPITHA P	Pushpitha P	01	01	02
39	KAR/19/SW/F/170861	CDT	RASHMI K	Rashmi K	01	01	02
40	KAR/19/SW/F/170862	CDT	ANKITA SANNINADURGYA NAIK	Ankita Sanninad	01	01	02
41	KAR/19/SW/F/170863	CDT	THRISHALA M	Thrishala M	01	01	02

NOTE II Use separate sheet for different Batches & for subject/ activity. DONOT club different batches/activity in one sheet.

FG OFFR PARVEEZ NASHI  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALYA'S EDUCATION FOUNDATION (R.)  
MOODBIDRI

Flt / Tp No:	FLIGHT-B	Place:	MOODBIDRI	Batch:	1 <sup>st</sup> yr / 2 <sup>nd</sup> yr / 3 <sup>rd</sup> yr	Date:	12 Jan 2020
Sign:	Kiyam .K						
Name:	CSVO Kiyam .K						
	( Senior Cdt )			( PI Staff )			

Fg Offr. Parvez Shariq  
( AN )  
6 Kar Air Sqn M.C.



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): Duration: 08 :00 Hrs

Subject: NCC ACTIVITY Topic: NDRE TRAINING (DAY-02)

Time Start: 0900Hrs End: 1200Hrs Instructor ANO/ PI staff: FG OFFR PARVEEZ SHARIFF

## FLT / TP ATTENDANCE SUMMARY

	Attended	Enrolled	Present	Absent
SD / JD	13	13	06	07
SW / JW	04	04	03	01
TOTAL	17	17	09	08

## MENU FOR REFRESHMENTS

Rice, Sambar, Buttermilk, Sabji, Rasam, Dal, Papad.

## RECORD OF CADETS IN ATTENDANCE

Sl No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	TOTAL CLASSES >	BF	Today	CF
1	KAR/18/SD/F/160268	CDT	ALWIN SAM ANIL	<i>[Signature]</i>	01	01	02	02
2	KAR/18/SD/F/160270	CDT	C.M. SHARATH CHANDRA	-AB-	00	00	00	00
3	KAR/18/SD/F/160272	CDT	CHEZHAN B U	<i>[Signature]</i>	01	01	02	02
4	KAR/18/SD/F/160275	CDT	LAXMAN B HEBBAL	-AB-	00	00	00	00
5	KAR/18/SD/F/160276	CDT	MITHULESH J M	-AB-	00	00	00	00
6	KAR/18/SD/F/160277	CDT	MOHAMMED SAQLAIN BAIG	-AB-	00	00	00	00
7	KAR/18/SD/F/160281	CDT	PUNEETH K	<i>[Signature]</i>	01	01	02	02
8	KAR/18/SD/F/160282	CDT	RUBESH MURTHY G	<i>[Signature]</i>	01	01	02	02
9	KAR/18/SD/F/160286	CDT	SHASHANK S P	-AB-	00	00	00	00
10	KAR/18/SD/F/160287	CDT	SHETTY GAURESH GANESH	<i>[Signature]</i>	01	01	02	02
11	KAR/18/SD/F/160289	CDT	VISHWESH V BHAT	-AB-	00	00	00	00
12	KAR/18/SD/F/160292	CDT	YUVRAJ B N	<i>[Signature]</i>	01	01	02	02
13	KAR/18/SD/F/160294	CDT	KIRAN K	<i>[Signature]</i>	01	01	02	02
14	KAR/18/SW/F/160305	CDT	SHILPASHREE B R	<i>[Signature]</i>	01	01	02	02
15	KAR/18/SW/F/160307	CDT	SNEHASHREE H	<i>[Signature]</i>	01	01	02	02
16	KAR/18/SW/F/160308	CDT	SPOORTHY V V	<i>[Signature]</i>	01	01	02	02
17	KAR/18/SW/F/160310	CDT	VARSHITHA T R	-AB-	00	00	00	00

NOTE # Use separate sheet for different Batches &/or subject/ activity. DONOT club different batches/activity in one sheet.

FG OFFR PARVEEZ SHARIFF  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R)

Flt / Tp No:	FLIGHT-B	Place:	MGBIDRI	Batch:	1 <sup>st</sup> Yr / 2 <sup>nd</sup> Yr / 3 <sup>rd</sup> Yr	Date:	12 Jan 2031
Sign:	Kiran.K						
Name:	CSUD KIRAN.K		(Senior Cdt)		(PI Staff)		

FG OFFR PARVEEZ SHARIFF

(ANO)  
6 Kar Air SqN NCC-Mangaluru



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): Duration: 08 : 00 Hrs

Subject: NCC Activity Topic: NDRF TRAINING DAY - 3

Time Start: 0900 Hrs End: 1700 Hrs Instructor ANO/ PI staff: Fg Off. Parvez Shariff, B.G

## FLT / TP ATTENDANCE SUMMARY

SD / JD	Allotted	Enrolled	Present	Absent
SW / JW	31	31	24	07
TOTAL	13	13	12	01
	44	44	36	08

## MENU FOR REFRESHMENTS

Rice, Sambar, Rasm, Dal, Buttermilk, Papad, Sabzi

## RECORD OF CADETS IN ATTENDANCE

RECORD OF CADETS IN ATTENDANCE				TOTAL CLASSES: > DT. 02 CR. 03			
Sl No	Regimental No.	Rank	Cdls' Name	Cdls'	PROGRESSIVE ATTENDANCE		
				Sign	BF	Today	CF
1.	KAR/20/SD/F/160951	CDT	Akshar N		02	01	03
2.	KAR/20/SD/F/160952	CDT	Nongmalthem Dorish Singh		02	01	03
3.	KAR/20/SD/F/160953	CDT	Abhishek. P		02	01	03
4.	KAR/20/SD/F/160954	CDT	Nagarjuna G S		02	01	03
5.	KAR/20/SD/F/160955	CDT	Dileep P R		02	01	03
6.	KAR/20/SD/F/160956	CDT	Abhiram H A		02	01	03
7.	KAR/20/SD/F/160957	CDT	Chiranth H S		02	01	03
8.	KAR/20/SD/F/160958	CDT	Gary Richards R		02	01	03
9.	KAR/20/SD/F/160959	CDT	M R Bharath		02	01	03
10.	KAR/20/SD/F/160960	CDT	Dhareppa S Kalappagol		02	01	03
11.	KAR/20/SD/F/160961	CDT	Tharun kumar R		02	01	03
12.	KAR/20/SD/F/160962	CDT	Ashish P B		02	01	03
13.	KAR/20/SD/F/160963	CDT	Tejas Ravi		02	01	03
14.	KAR/20/SD/F/160964	CDT	Rohan H		02	01	03
15.	KAR/20/SD/F/160965	CDT	Veeresh madiwal		02	00	03
16.	KAR/20/SD/F/160966	CDT	Gurulikhith S		02	01	03
17.	KAR/20/SD/F/160967	CDT	Rakshith T V		00	00	00
18.	KAR/20/SD/F/160968	CDT	Vikesh U Shetty		00	00	00
19.	KAR/20/SD/F/160969	CDT	Gautham R Suvarna		00	00	00
20.	KAR/20/SD/F/160970	CDT	Samyam Y Jain		02	01	03
21.	KAR/20/SD/F/160971	CDT	Shetty Abhishek		02	01	03
22.	KAR/20/SD/F/160972	CDT	Jayanthi M S		02	01	03
23.	KAR/20/SD/F/160973	CDT	Bharath kumar k		02	01	03
24.	KAR/20/SD/F/160974	CDT	Likhin P Y		00	00	00
25.	KAR/20/SD/F/160975	CDT	Suresh M		00	00	00
26.	KAR/20/SD/F/160976	CDT	Sudarshan J		00	00	00

Flt / Tp No: FLIGHT-B Place: MOODBIDRI Batch: 1<sup>st</sup> yr / 2<sup>nd</sup> yr / 3<sup>rd</sup> yr Date: 13 Jan 2021

Sign:   
 Name: Fg Off. Parvez Shariff B.G (ANO)  
 Name: Fg Off. Parvez Shariff B.G (ANO)  
 Name: Fg Off. Parvez Shariff B.G (ANO)

FG OFFR PARVEZ SHARIFF B.G.  
 ASSOCIATE NCC OFFICER  
 6 KAR AIR SQN NCC MANGALORE  
 ALVA'S EDUCATION FOUNDATION (R)  
 MOODBIDRI


6. Kar. Air. Sqn. NCC - Mangalore


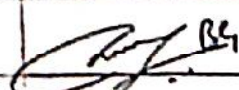


# **RECORD OF CADETS IN ATTENDANCE**

Sl No	Regimental No.	Rank	Cdts' Name	TOTAL CLASSES: > BF. D2		
				Cdts' Sign	PROGRESSIVE ATTENDANCE BF Today	
27.	KAR/20/SD/F/160977	CDT	Tarun D R	<i>Tarun D R</i>	02	01 03
28.	KAR/20/SD/F/160978	CDT	Sathyam A V	<i>Sathyam A V</i>	02	01 03
29.	KAR/20/SD/F/160979	CDT	Divith R Rao	<i>Divith R Rao</i>	01	01 02
30.	KAR/20/SD/F/160980	CDT	Shivakumar K N	<i>Shivakumar K N</i>	02	01 03
31.	KAR/20/SD/F/160981	CDT	Vinod Raj G N	<i>Vinod Raj G N</i>	02	01 03
32.	KAR/20/SW/F/160982	CDT	Malini K A	<i>Malini K A</i>	02	01 03
33.	KAR/20/SW/F/160983	CDT	Sadvin K P	<i>Sadvin K P</i>	02	01 03
34.	KAR/20/SW/F/160984	CDT	Nesara S gowda	<i>Nesara S gowda</i>	02	01 03
35.	KAR/20/SW/F/160985	CDT	Amrutha Chowdary M	<i>Amrutha Chowdary M</i>	02	01 03
36.	KAR/20/SW/F/160986	CDT	Nisarga P R	<i>Nisarga P R</i>	02	01 03
37.	KAR/20/SW/F/160987	CDT	H Bhavana	<i>H Bhavana</i>	02	01 03
38.	KAR/20/SW/F/160988	CDT	Pallavi P	<i>Pallavi P</i>	02	01 03
39.	KAR/20/SW/F/160989	CDT	Jenny Fernandes	<i>Jenny Fernandes</i>	02	01 03
40.	KAR/20/SW/F/160990	CDT	Monisha P	<i>Monisha P</i>	02	01 03
41.	KAR/20/SW/F/160991	CDT	Ashwini M	<i>Ashwini M</i>	02	01 03
42.	KAR/20/SW/F/160992	CDT	Chandana P T	<i>Chandana P T</i>	00	00 00
43.	KAR/20/SW/F/160993	CDT	Souparnika U S	<i>Souparnika U S</i>	02	01 03
44.	KAR/20/SW/F/160994	CDT	B M Poorvika	<i>B M Poorvika</i>	02	01 03

NOTE # Use separate sheet for different Batches &/or subject/ activity. DONOT club different batches/activity in one sheet

  
**FG OFFR PARVEEZ SHARIFF B.G.**  
 ASSOCIATE NCC OFFICER  
 6 KAR AIR SQN NCC MANGALORE  
 ALVA'S EDUCATION FOUNDATION (R.)  
 MOODBIDRI

File / Tp No:	FLIGHT-B	Place:	MOODBIDRI	Batch:	1 <sup>st</sup> yr /	2 <sup>nd</sup> yr /	3 <sup>rd</sup> yr	Date:	13 Jan 2021
Sign:									
Name:	Cpt. Vishnu V Bhat				(PI Staff)		 FG Offr. Parveez Shariff B.G. (ANO) 6 Kar Air SqN NCC Mangalore		
	(Senior Cdt)								



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY

Code (As per Syllabus):

Duration: 08:00 Hrs

Subject: NCC Activity

Topic: NDRF TRAINING DAY-3

Time Start: 0900hrs End: 1700hrs

Instructor ANO/ PI staff: Fg Offr. Parvez Shariff B.G

## FLT / TP ATTENDANCE SUMMARY

### MENU FOR REFRESHMENTS

	Allotted	Enrolled	Present	Absent	
SD / JD	22	27	23	04	Rice, Sambar, Rasam, Dal, Buttermilk
SW / JW	14	14	14	00	
TOTAL	41	41	37	04	Pappad, Sabzi

## RECORD OF CADETS IN ATTENDANCE

TOTAL CLASSES: > BF- 02 CF- 03

### PROGRESSIVE ATTENDANCE

Sl No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	BF	Today	CF
1	KAR/19/SD/F/170801	CDT	SANATH K AMIN	<i>[Signature]</i>	02	01	03
2	KAR/19/SD/F/170803	CDT	SUMANTH PATEL S R	<i>[Signature]</i>	02	01	03
3	KAR/19/SD/F/170805	CDT	PARAMESH C	<i>[Signature]</i>	02	01	03
4	KAR/19/SD/F/170806	CDT	PRITHVI P A	<i>[Signature]</i>	02	01	03
5	KAR/19/SD/F/170807	CDT	MAHAMMD EMRAN	<i>[Signature]</i>	02	01	03
6	KAR/19/SD/F/170808	CDT	ABHISHEK S	- AB -	00	00	00
7	KAR/19/SD/F/170809	CDT	YESHWANTH BA	<i>[Signature]</i>	02	01	03
8	KAR/19/SD/F/170810	CDT	RISHAB. V	<i>[Signature]</i>	02	01	03
9	KAR/19/SD/F/170811	CDT	PRUTHVI RAJ D.A	- AB -	00	00	00
10	KAR/19/SD/F/170812	CDT	SHRIKARA R M	<i>[Signature]</i>	02	01	03
11	KAR/19/SD/F/170814	CDT	NITESH SEETARAM NAIK	<i>[Signature]</i>	02	01	03
12	KAR/19/SD/F/170815	CDT	M.RAVICHANDRA	<i>[Signature]</i>	02	01	03
13	KAR/19/SD/F/170816	CDT	SHIVAKUMAR	<i>[Signature]</i>	02	01	03
14	KAR/19/SD/F/170817	CDT	SHALIVAHAN ISHWAR KUMBAR	<i>[Signature]</i>	02	01	03
15	KAR/19/SD/F/170819	CDT	BHARTH B D	<i>[Signature]</i>	02	01	03
16	KAR/19/SD/F/170821	CDT	SAMEER SHAIK	<i>[Signature]</i>	02	01	03
17	KAR/19/SD/F/170822	CDT	ADWAITH.P	<i>[Signature]</i>	02	01	03
18	KAR/19/SD/F/170825	CDT	NANDANA MAHENDRA HEGDE	- AB -	00	00	00
19	KAR/19/SD/F/170826	CDT	AKHILESH V	<i>[Signature]</i>	02	01	03
20	KAR/19/SD/F/170828	CDT	AKHILESH HERKAL	<i>[Signature]</i>	02	01	03
21	KAR/19/SD/F/170832	CDT	DHANARAJ	<i>[Signature]</i>	02	01	03
22	KAR/19/SD/F/170833	CDT	K FAROOQ ABDULLA	<i>[Signature]</i>	02	01	03
23	KAR/19/SD/F/170834	CDT	CHINMAYA BHAT K K	<i>[Signature]</i>	01	01	02
24	KAR/19/SD/F/170835	CDT	BRIJESH REDDY KH	<i>[Signature]</i>	02	01	03
25	KAR/19/SD/F/170837	CDT	DENIL PAUL	- AB -	00	00	00
26	KAR/19/SD/F/170838	CDT	MALLIKARJUN BASAVARAJ GORAVAR	<i>[Signature]</i>	02	01	03
27	KAR/19/SD/F/170840	CDT	SHAMJETSHABAM NOREN SINGH	<i>[Signature]</i>	02	01	03

Flt / Tp No: FLIGHT-B Place: MOODBIDRI Batch: 1<sup>st</sup> yr / 2<sup>nd</sup> yr / 3<sup>rd</sup> yr Date: 13 Jan 2021

Sign:

Name:

Cpl. Vishwesh V. Shat

(Senior Cdt.)

FG OFFR. PARVEZ SHARIFF B.G

ASSOCIATE NCC OFFICER

6 KAR AIR SQN NCC MANGALORE

ALVA'S EDUCATION FOUNDATION (R.)

Fg Offr. Parvez Shariff B.G

(ANO)

6 Kar Air Sqn NCC-Mangalore



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC

Use this sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): Duration: 08:00 Hrs

Subject: NCC Activity Topic: NDRF TRAINING DAY-3

Time Start: 0900hrs End: 1700hrs Instructor ANO/ PI staff: Fg Offr. Parvate Shariff B.G

## FLT / TP ATTENDANCE SUMMARY

	Allotted	Enrolled	Present	Absent	MENU FOR REFRESHMENTS
SD / JD	27	27	23	04	Rice, Sambar, Rasam, Dal, Buttermilk
SW / JW	14	14	14	00	Pappad, Sabzi
TOTAL	41	41	37	04	

## RECORD OF CADETS IN ATTENDANCE

Sl No	Regimental No.	Rank	Cdts' Name	TOTAL CLASSES: > DF- 02 CF- 03			
				Cdts' Sign	PROGRESSIVE ATTENDANCE		
					BF	Today	CF
1	KAR/19/SD/F/170801	CDT	SANATH K AMIN	<i>[Signature]</i>	02	01	03
2	KAR/19/SD/F/170803	CDT	SUMANTH PATEL S R	<i>[Signature]</i>	02	01	03
3	KAR/19/SD/F/170805	CDT	PARAMESH C	<i>[Signature]</i>	02	01	03
4	KAR/19/SD/F/170806	CDT	PRITHVI P A	<i>[Signature]</i>	02	01	03
5	KAR/19/SD/F/170807	CDT	MAHAMMD EMRAN	<i>[Signature]</i>	02	01	03
6	KAR/19/SD/F/170808	CDT	ABHISHEK S	- AB -	00	00	00
7	KAR/19/SD/F/170809	CDT	YESHWANTH BA	<i>[Signature]</i>	02	01	03
8	KAR/19/SD/F/170810	CDT	RISHAB V	<i>[Signature]</i>	02	01	03
9	KAR/19/SD/F/170811	CDT	PRUTHVI RAJ D.A	- AB -	00	00	00
10	KAR/19/SD/F/170812	CDT	SHRIKARA R M	<i>[Signature]</i>	02	01	03
11	KAR/19/SD/F/170814	CDT	NITESH SEETARAM NAIK	<i>[Signature]</i>	02	01	03
12	KAR/19/SD/F/170815	CDT	M.RAVICHANDRA	<i>[Signature]</i>	02	01	03
13	KAR/19/SD/F/170816	CDT	SHIVAKUMAR	<i>[Signature]</i>	02	01	03
14	KAR/19/SD/F/170817	CDT	SHALIVAHAN ISHWAR KUMBAR	<i>[Signature]</i>	02	01	03
15	KAR/19/SD/F/170819	CDT	BHARTH B D	<i>[Signature]</i>	02	01	03
16	KAR/19/SD/F/170821	CDT	SAMEER SHAIK	<i>[Signature]</i>	02	01	03
17	KAR/19/SD/F/170822	CDT	ADWAITH.P	<i>[Signature]</i>	02	01	03
18	KAR/19/SD/F/170825	CDT	NANDANA MAHENDRA HEGDE	- AB -	00	00	00
19	KAR/19/SD/F/170826	CDT	AKHILESH V	<i>[Signature]</i>	02	01	03
20	KAR/19/SD/F/170828	CDT	AKHILESH HERKAL	<i>[Signature]</i>	02	01	03
21	KAR/19/SD/F/170832	CDT	DHANARAJ	<i>[Signature]</i>	02	01	03
22	KAR/19/SD/F/170833	CDT	K FAROOQ ABDULLA	<i>[Signature]</i>	02	01	03
23	KAR/19/SD/F/170834	CDT	CHINMAYA BHAT K K	<i>[Signature]</i>	01	01	02
24	KAR/19/SD/F/170835	CDT	BRIJESH REDDY KH	<i>[Signature]</i>	02	01	03
25	KAR/19/SD/F/170837	CDT	DENIL PAUL	- AB -	00	00	00
26	KAR/19/SD/F/170838	CDT	MALLIKARJUN BASAVARAJ GORAVAR	<i>[Signature]</i>	02	01	03
27	KAR/19/SD/F/170840	CDT	SHAMJITSHABAM NOREN SINGH	<i>[Signature]</i>	02	01	03

Flt / Tp No: FLIGHT-B Place: MOOBBIDRI Batch: 1<sup>st</sup> yr / 2<sup>nd</sup> yr / 3<sup>rd</sup> yr Date: 13 Jan 2021

Sign:

Name:

Cpl. Vishwesh V. Shet

(Senior Cdt)

FG OFFR. PARVATE SHARIFF B.G

ASSOCIATE NCC OFFICER

6 KAR AIR SQN NCC MANGALORE

ALVA'S EDUCATION FOUNDATION (R.)

MOOBBIDRI

FG OFFR. Parvate Shariff B.G

(ANO)

6 Kar Air Sqn NCC Mangalore



RECORD OF CADETS IN ATTENDANCE					TOTAL CLASSES	BF	OA	CF
Sl No	Regimental No.	Rank	Cdts' Name	Cdts' Sign	PROGRESSIVE ATTENDANCE			
					BF	Today		CF
28.	KAR/19/SW/F/170846	CDT	KUMARI KHYATHI	Kumari Khyathi	02	01		03
29.	KAR/19/SW/F/170848	CDT	AKSHITHA C V	Akshitha C V	02	01		03
30.	KAR/19/SW/F/170850	CDT	NAYANA .G	Nayana .G	02	01		03
31.	KAR/19/SW/F/170851	CDT	AISHWARYA. M. T	Aishwarya M T	02	01		03
32.	KAR/19/SW/F/170852	CDT	SINDHU R	Sindhu R	02	01		03
33.	KAR/19/SW/F/170853	CDT	MADHU K	Madhu K	02	01		03
34.	KAR/19/SW/F/170855	CDT	SANDHYA KAPSE	Sandhya Kapse	02	01		03
35.	KAR/19/SW/F/170856	CDT	DEESHA D SHENOY	Deesha D Sheno	02	01		03
36.	KAR/19/SW/F/170857	CDT	PRENITA PRINSAL SALDANHA	Prenta Prinsal	02	01		03
37.	KAR/19/SW/F/170858	CDT	HARSHITHA R SHETTY	Harshitha R	02	01		03
38.	KAR/19/SW/F/170860	CDT	PUSHPITHA P	Pushpitha P	02	01		03
39.	KAR/19/SW/F/170861	CDT	RASHMI K	Rashmi K	02	01		03
40.	KAR/19/SW/F/170862	CDT	ANKITA SANNNADURGYA NAIK	Ankita Sannad	02	01		03
41.	KAR/19/SW/F/170863	CDT	THRISHALA M	Thrishala M	02	01		03

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FG OFFR PARVEEZ SHARIFF B.G.  
ASSOCIATE NCC OFFICER  
6 KAR AIR SQN NCC MANGALORE  
ALVA'S EDUCATION FOUNDATION (R.)  
MOODBIDRI

File / Tp No:	FLIGHT-B	Place:	MOODBIDRI	Batch:	1 <sup>st</sup> yr /	2 <sup>nd</sup> yr /	3 <sup>rd</sup> yr	Date:	13 Jan 2021
Sign:									
Name:	Cpl. Vishnu V Bhat				(PI Staff)				G. Parveez Shariff B.G. (ANO) 6 Kar. Air. Sqn NCC-Mangalore



# INSTITUTIONAL TRG ACTIVITY ATTENDANCE RECORD SHEET : 6 KAR AIR SQN NCC

Use separate sheet for different Batches and/or subject/ activity. DONOT club different batches/activity in one sheet.

SPECIAL / COMMON / NCC ACTIVITY Code (As per Syllabus): Duration: 08 :00  
 Subject : NCC ACTIVITY Topic : NDRF TRAINING DAY-03  
 Time Start: 0900 Hrs End: 1700 Hrs Instructor ANO/ PI staff : Fg Off. Parveez Shariff.

## FLT / TP ATTENDANCE SUMMARY

## MENU FOR REFRESHMENTS

	Allotted	Enrolled	Present	Absent
SD / JD	13	13	06	07
SW / JW	04	04	03	01
TOTAL	17	17	09	08

Rice, Sambar, Rasam, Dal, Buttermilk,  
 Papad, Sabzi

## RECORD OF CADETS IN ATTENDANCE

SI No	Regimental No.	Rank	Cdts' Name
1.	KAR/18/SD/F/160268	CDT	ALWIN SAM ANIL
2.	KAR/18/SD/F/160270	CDT	C.M. SHARATH CHANDRA
3.	KAR/18/SD/F/160272	CDT	CHEETHAN B U
4.	KAR/18/SD/F/160275	CDT	LAXMAN B HEBBAL
5.	KAR/18/SD/F/160276	CDT	MITHULESH J M
6.	KAR/18/SD/F/160277	CDT	MOHAMMED SAQLAIN BAIG
7.	KAR/18/SD/F/160281	CDT	PUNEETH K
8.	KAR/18/SD/F/160282	CDT	RUBESH MURTHY G
9.	KAR/18/SD/F/160286	CDT	SHASHANK S P
10.	KAR/18/SD/F/160287	CDT	SHETTY GAURESH GANESH
11.	KAR/18/SD/F/160289	CDT	VISHWESH V BHAT
12.	KAR/18/SD/F/160292	CDT	YUVRAJ B N
13.	KAR/18/SD/F/160294	CDT	KIRAN K
14.	KAR/18/SW/F/160305	CDT	SHILPASHREE B R
15.	KAR/18/SW/F/160307	CDT	SNEHASHREE R
16.	KAR/18/SW/F/160308	CDT	SPOORTHY V V
17.	KAR/18/SW/F/160310	CDT	VARSHITHA T R

TOTAL CLASSES: >	BF	02	CF	03
Cdts' Sign	BF	Today	CF	
<i>[Signature]</i>	02	01	03	
-AB-	00	00	00	
<i>[Signature]</i>	02	01	03	
-AB-	00	00	00	
-AB-	00	00	00	
-AB-	00	00	00	
-AB-	00	00	00	
<i>[Signature]</i>	02	01	03	
<i>[Signature]</i>	02	01	03	
-AB-	00	00	00	
<i>[Signature]</i>	02	01	03	
-AB-	00	00	00	
<i>[Signature]</i>	02	01	03	
<i>[Signature]</i>	02	01	03	
-AB-	00	00	00	

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*[Signature]*  
 FG OFFER PARVEEZ SHARIFF B.G.  
 ASSOCIATE NCC OFFICER  
 6 KAR AIR SQN NCC MANGALORE

Flt / Tp No:	FLIGHT / TP NO.	MOODBIDRI	Batch:	1 <sup>st</sup> yr /	2 <sup>nd</sup> yr /	3 <sup>rd</sup> yr	Date:	13 Jan 2021
Sign:	<i>[Signature]</i>							
Name:	Cpl. Vishwesh V Bhat							
	(Senior Cdt)							

6.Kar.Air.Sqn.NCC-Mangalore





# Alva's Air Wing NCC (Flight – B)

Moodbidri - 574227

6 Kar AIR SQN NCC, Mangalore



## DISASTER MANAGEMENT TRAINING BY NDRF TEAM

Date: 11<sup>th</sup> January 2021 - 13<sup>th</sup> January 2021

TIMINGS: 9000 hrs. – 1700 hrs.

### FOREWORD

This report intends to brief about the training imparted for NCC cadets by NDRF team conducted by 06 KAR AIR SQN NCC Flight B, AIET. A total of 250 cadets of Alva's College were present for this training program which includes the **Army Wing, Naval Wing, Air Wing**. This training was conducted mainly to educate and create awareness about to handle the situation during the disasters.

### DAY-1:

The program was inaugurated by **Sri. Umanath Kotian**, MLA of Moodbidri & Mulky in presence of **Mr. Vivek Alva**, Managing Trustee, AEF, **Dr. Peter Fernandies**, Principal, AIET, **NDRF Team**, RRC Bangalore, **NCC Officers** of Alva's College and **NCC cadets**.



### **Session-1:**

The Sub Inspector Praveen Kumar Upadhyia took up the session on the topic MFR (Medical First Responder). Medical First Responder is very important and crucial task required to be carried out at the spot of accident. If anyone is trained in MFR he/she can take necessary steps at the spot before





# Alva's Air Wing NCC (Flight – B)

Moodbidri - 574227

6 Kar AIR SQN NCC, Mangalore



ambulance arrives. Thus MFR tells us about the steps that are to be taken before taking the patient to the hospital when an incident takes place.

## MFR (Medical First Responder):

1. He/she mainly does the dots check which is checking whether there is any fractures in the body.
2. Firstly a MFR should seek the permission from the bystander before doing the necessary checks, only if the permission is granted to MFR is supposed to proceed.
3. It is done by two persons where, one checks the victims and the other make a note of injuries in the victim, it is mainly for the reference of the doctor to start the treatment earliest as possible.

NDRF team gave demo on MFR and then asked some of the volunteers to perform MFR practically on the stage and after post lunch Fg Offr Parveez Shariff B G took interest and thought this was very important part of the training and split cadets in buddy pair then asked all to do the MFR training where cadets every practiced.



## Session – 2:





# Alva's Air Wing NCC (Flight – B)

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The second session was about bleeding control, soft tissue injury, and muscular skeletal injury. In this session, NDRF team demonstrated how to handle/control the bleeding of person at the time of accident.

1. Clean the wound surface with tincture and cover the wound with different types and ways of tying a bandage, as demonstrated by NDRF team.
2. If the bleeding doesn't stop then direct pressure need to be applied.
3. In case of skeletal injury, NDRF team had demonstrated with different types of bandage techniques with sticks and other props.



AIET - Moodbidri, Lat 13.0236846752797, Long 74.96760484708234

## DAY-2:

### **Session – 1:**

The session started with discussion on Foreign Body Airway Obstruction (FBAO). This session explained about the clearing the airway obstruction and providing oxygen if necessary at the time of incident.

There are 2 types of Choke: -

1. Partial Choke: This happens during eating food and during tongue twist.
2. Complete Choke: If this happens means person will not able to breathe and can die.





# Alva's Air Wing NCC (Flight – B)

Moodbidri - 574227

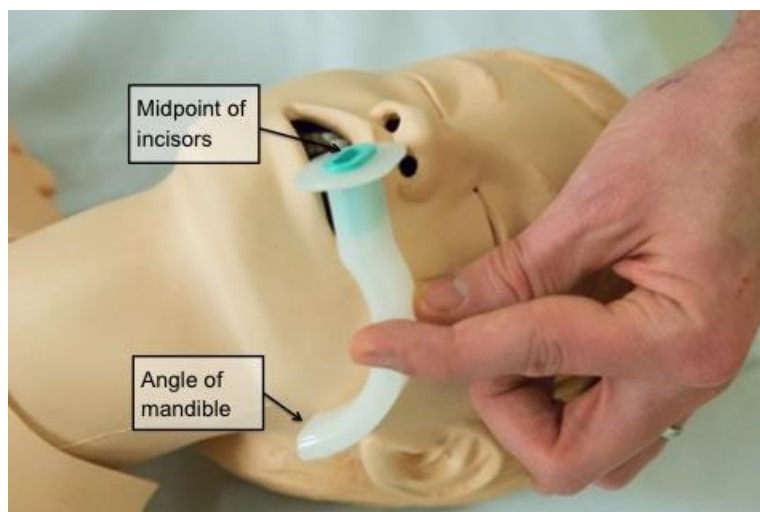
6 Kar AIR SQN NCC, Mangalore



During this situation, the airway of the patient need to be cleared and provide the oxygen by one of the following methods.

1. Oropharyngeal airway,
2. Bag Valve Mask,
3. CPR mask usage.
4. Equipment's used in oxygen delivery system.

An **oropharyngeal airway** is a medical device called an *airway adjunct* used to maintain or open a patient's airway. It does this by preventing the tongue from covering the epiglottis, which could prevent the person from breathing. The correct size OPA is chosen by measuring from the first incisors to the angle of the jaw. The airway is then inserted into the person's mouth upside down. Once contact is made with the back of the throat, the airway is rotated 180 degrees, allowing for easy insertion, and assuring that the tongue is secured. An alternative method for insertion, the method that is recommended for OPA use in children and infants, involves holding the tongue forward with a tongue depressor and inserting the airway right side up. Use of an OPA does not remove the need for the recovery position and ongoing assessment of the airway and it does not prevent obstruction by liquids (blood, saliva, food, cerebrospinal fluid) or the closing of the glottis. It can, however, facilitate ventilation during CPR (cardiopulmonary resuscitation) and for persons with a large tongue.



The main risks of its use are:

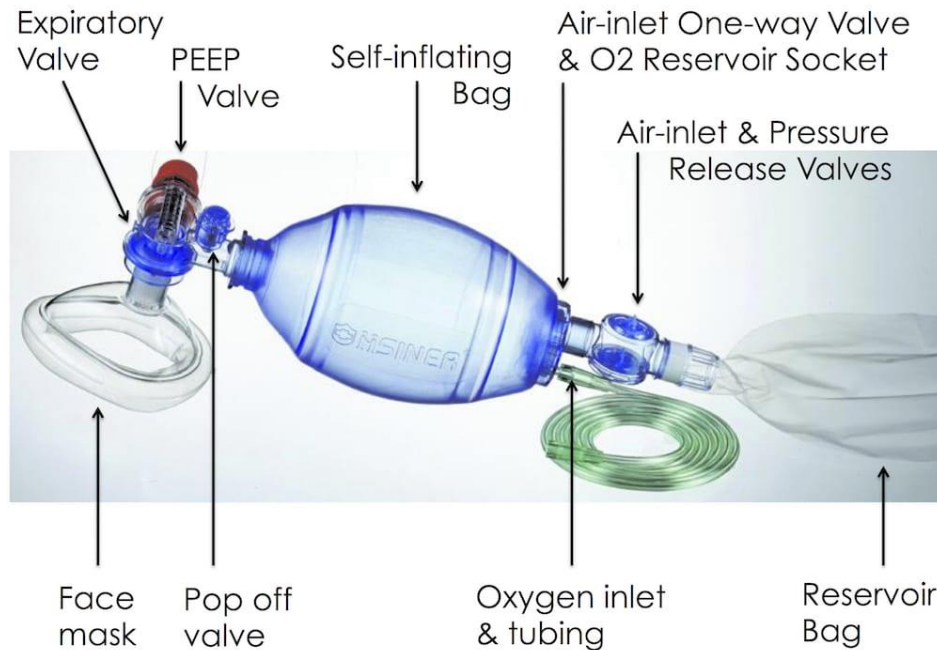
1. If the person has a gag reflex, they may vomit.



2. When OPA is too large, it can close the glottis and thus close the airway.

## Bag Valve Mask:

The Bag-Valve-Mask (BVM) apparatus are also known as manual resuscitators and as self-inflating resuscitation systems. The examples include Laerdal, Ambu, Hsiner, Mayo, and Air Viva.



## CRP Mask:

A **pocket mask**, or **pocket face mask** or **CPR mask**, is a device used to safely deliver rescue breaths during a cardiac arrest or respiratory arrest. The specific term "Pocket Mask" is the trademarked name for the product manufactured by Laerdal Medical AS. It is not to be confused with a bag valve mask (BVM).

## Usage:

While a pocket mask is not as efficient as a bag valve mask, it does have its advantages when only one rescuer is available. As suggested by its name, the pocket mask benefits from a somewhat easier portability when compared to the bag valve mask. Also, in contrast to the bag valve mask, which requires two hands to operate (one to form a seal and the other to squeeze the bag), the pocket mask allows for both of the rescuer's hands to be on the patients head. This hand placement provides a





# Alva's Air Wing NCC (Flight – B)

Moodbidri - 574227

6 Kar AIR SQN NCC, Mangalore



superior seal on the patient's face, and allows the responder to perform a jaw thrust on patients who may have a spinal injury.



Demonstration of rescue operation to NCC Cadets





# Alva's Air Wing NCC (Flight – B)

Moodbidri - 574227

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Demonstration of rescue operation to NCC Cadets

## Session – 2:

The session -2 was the demonstration of lifting and moving the patient. The following are the methods:

### Lifting and moving: -

- Plan your move before lifting.
- Use your legs to lift, not your back.
- Keep the object close to your body.
- Stack move your body as vertical unit.
- Reduce the height from Kneeing down.

### Moving Patients:

There are 2 types of patient moves, they are

- Emergency move.
- No -Emergency move.

Type of Emergency move:





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1. Shirt drag.
2. Shoulder drag.
3. Blanket drag
4. Fire fighter drag
5. Piggy back carry
6. Sheet drag
7. Cradle carry
8. Rescuer crutch.

## Session – 3:

The session -3 was on the flood management. The NDRF team had discussed the do's and don'ts to be carried out during flood. A **flood** is an overflow of water on normally dry ground. This is most commonly due to an overflowing river, a dam break, snowmelt, or heavy rainfall. Less commonly happening are tsunamis, storm surge. The deadliest flooding was in 1931 in China and killed between 2,000,000 and 4,000,000 people. The Kerala flood in India was another flood that has destroyed people's houses.

### Causes of Flood:

Flooding is usually caused when a volume of water within a water body, such as a lake, overflows outside it. Sometimes if a dam breaks, it suddenly releases a large amount of water. The result is that some of the water travels to land, and 'floods' the area. Many rivers are in a channel, between river banks. They flood when the strength of the river causes it to flow beyond the banks. This is more common at bends or meanders. Flood damage can be prevented by moving away from places that flood. However, people have long liked to have their homes and businesses alongside water because water is good for agriculture and transport and in other ways.

### Before the Flood:

1. Stop leakage of Dams.
2. Evacuate the home you are staying.
3. Go to the high peak point areas.
4. Keep first aid kit with you always.





# Alva's Air Wing NCC (Flight – B)

Moodbidri - 574227

6 Kar AIR SQN NCC, Mangalore



5. Use Floating things around you for your help.

## During flood time:

- Switch off home currents.
- Close all doors of home.
- Leave freely to all animals if any tight at one place.

## After Flood:

- Call medical Treatment or any forces nearby.
- Securely remove home doors and get in because there can be thing that can harm you.
- Don't move in any unknown flooded area.
- Dug and bury the dead animals in your surroundings.
- Search for clean water to drink.

## Types of water:

1. Inland water: which is available in rivers, dams, pounds,wells ,etc.
2. Open water: which is found in Sea and Oceans.

## Swimming Techniques:

The NDRF team had taught on different swimming styles and the easy way to swim for the non-swimmers.

### 1. Freestyle swimming:

Also known as the front crawl, this is the classic swimming posture. Lie on your stomach and flutter your legs while alternating the arms in a windmill motion.

2. **Backstroke swimming:** Lie on your back and flutter your legs while circling your arms in a windmill motion. It's very similar to the freestyle, but you swim on your back and propel yourself backwards.

3. **Breaststroke swimming:** Float with your stomach facing down, then move your arms in a half-circle motion in front of the body. Bend your legs, then kick back with good timing, and you'll propel yourself up and forward.





# Alva's Air Wing NCC (Flight – B)

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4. **Sidestroke swimming:** Although not one of the official four strokes in competitive swimming, the sidestroke is a great survival technique. This is commonly used by lifeguards because you can hold onto another person and keep them above water while you swim.

## **KNOTS:**

The NDRF team had taught the technique of tie knots, which will be helpful during the flood management to rescue/evacuate the people. This **list of knots** includes many alternative names for common knots and lashings. Knot names have evolved over time and there are many conflicting or confusing naming issues. The overhand knot, for example, is also known as the thumb knot. The figure-eight knot is also known as the savoy knot or the Flemish knot.

### **Different types of knots:**

1. Tight interlacing of two ropes. A knot is also a unit of speed in aviation and marine navigation equal to one nautical mile per hour.
2. Halyard knot: interlacing of ropes used to attach the halyard to a sail.
3. Reef knot: interlacing of ropes made of two half-knots inverse to each other.
4. Bowline: interlacing of ropes with a loop that can be used as support.
5. Two round turns and a half-hitch: interlacing of ropes around an object by making two turns, then a Hal-knot.
6. Two half-hitches: interlacing of ropes around an object by making two half-knots, one after the other.
7. Double shell bend: double interlacing of ropes, used to attach two ropes together.
8. Sheet knot: interlacing of ropes used to attach two ropes together.
9. Figure of eight knot: interlacing of ropes used to finish the end of a rope.
10. Overhand knot: simple interlacing of a rope.

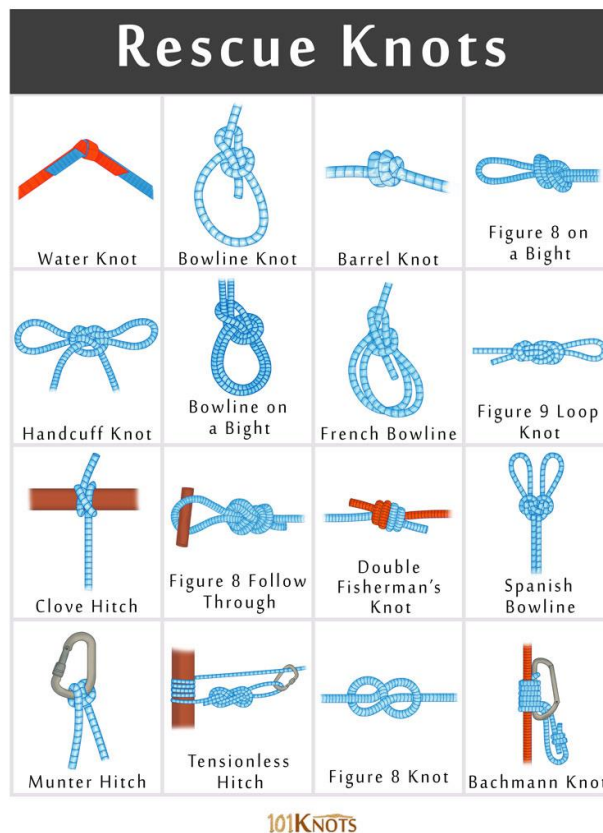




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101KNOTS



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Demonstration of rescue operation to NCC Cadets





# Alva's Air Wing NCC (Flight – B)

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## DAY-3:

It was the last day of the training and was field activity cadets were taken to Mulki backwaters, there NDRF team made three groups one was swimmers, second was non- swimmers and third was SW's who were supposed to learn boat handling. Constable Kanan was handling swimming trainings he has 17 years of experience in swimming and training so this was great opportunity for cadets to learn under him.

At first cadets were made to do exercises in water and on ground then made to enter in the water and made a line of 10 and there were total of 58 cadets in swimming group, Mr. Kannan thought four types of swimming techniques.

### 1. **Head up freestyle:**

Heads-up freestyle allows you to move around the pool quickly while keeping your face out of the water and have a look at the victim, and save him immediately.

### 2. **Head down freestyle:**

Head-down freestyle is used to move faster in water and save the victim in emergency.

### 3. **Breast stroke:**

Breaststroke is a swimming style in which the swimmer is on their chest and the torso does not rotate. It is the most popular recreational style due to the swimmer's head being out of the water a large portion of the time, and that it can be swum comfortably at slow speeds.

### 4. **Butterfly stroke:**

The butterfly (colloquially shortened to fly) is a swimming stroke swum on the chest, with both arms moving symmetrically. It is the newest swimming style swum in competition, first swum in 1933 and originating out of the breaststroke.

## **Ways of rescuing a victim who is drowning in water:**

### 1. **By Chin Tow:**

Use this tow with cooperative or unconscious casualties. It is the easiest tow if you relax the towing arm. Your casualty should be towed behind you, not beside you which would be too much effort. Hold on to the chin, not the throat. Use side stroke or lifesaver's backstroke and don't kick the casualty.





# Alva's Air Wing NCC (Flight – B)

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6 Kar AIR SQN NCC, Mangalore



## 2. By Head tow:

This is another tow for a cooperative casualty. Holding the head gives good control and feels reassuring to the casualty. Only drawback is that you only have your legs to push forward with.

## 3. By Cloth Tow:

The clothes tow is used to help swimmers who are tired but not struggling. The rescuer grabs the clothes on the casualty's back between the shoulders and pulls him to a horizontal position, floating on his back. He maintains his hold of the casualty's clothes, keeping his arm fully extended, and uses a modified sidestroke while towing.

## 4. By Shoulder Tow:

This is yet another tow for a weak or non-swimmer who needs to be taken across deeper water. Ask the casualty to hold on to your shoulders or waist whilst you swim with normal breaststroke. Only use this tow with people who you can trust to behave and not to panic.

Overall, it was a great session to learn all this technique.



Demonstration of rescue operation to NCC Cadets





# Alva's Air Wing NCC (Flight – B)

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Demonstration of rescue operation to NCC Cadets

## CLOSING CEREMONY:

The three days regress training on Disaster Management for NCC cadets come to an end on 13 Jan 2021 with the closing ceremony at 1600 hrs. The chief guest for the program was **Col A K Sharma**, Group Commander, Mangalore Group along with **Mr. Vivek Alva**, Managing Trustee, AEF, **Dr. Peter Fernandies**, Principal, AIET, **NDRF Team**, **NCC Officers**, and **NCC cadets**. The Gp Cdr appreciated the efforts of NDRF team training NCC cadets and encouraged cadets to implement the learning whenever disaster situation occurs.





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Valedictory function of the event

## OUR COMMITMENT AND ACTION

For any program to be conducted ground work is very important, on this occasion NCC cadets of Alva's College from 6 KAR AIR SQN NCC, Mangalore had done lot of work from start till end keeping in mind the importance of training for cadets. This program aspired the students to learn the importance of being MFR, methods to be followed after a disaster, bleeding techniques, breathing when anything is stuck in respirational tract, swimming tactics and saving with those swimming tactics etc.





# Alva's Air Wing NCC (Flight – B)

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## CONCLUSION

A total of 250 cadets from **Army, Navy and Air Wing** participated in this training program. In particular, **81 Air wing NCC** cadets took part in training program. By the end of the training all cadets were well aware of the steps to be taken while any disaster and MFR's. Even in this pandemic situation the overall training sessions went well with the corporation of all the cadets and support from the NDRF team and the management.

Flt – B Air Wing NCC propose special thanks to **The Commandant, 10 Bn NDRF, Guntur** for approving our training request. We thank to **NRDF team** for imparting regress training for NCC cadets. We thanks to **Mr. Vivek Alva**, Managing Trustee, AEF, for encouragement and rendering all the support to conduct the event. We thanks to **Sri. Umanath Kotian**, MLA for greasing inauguration program. We thank **Col A K Sharma**, Gp Cdr, Managalore Gp for withness and bless closing ceremony of training. We thank **Dr. Perter Fernandies**, Principal, AIET and **Gp Capt A G Srinivasan**, CO, 06 Kar Air Sqn NCC for continues support in conducting such event.

*Event photos:* <https://photos.app.goo.gl/qHcWCXcXbHPth5av9>

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