



NATIONAL SERVICE SCHEME

ALVA'S INSTITUTE OF ENGINEERING AND TECHNOLOGY

Shobhavana Campus, Mijar, Moodbidri-574 225.

Dakshina Kannada, Karnataka, INDIA.

Email: aietmech08@gmail.com



Ref: AIET/NSS/EAL/2017-18/001

Date: 01.04.2017

To

The Principal
AIET, Mijar, Moodbidri.

Sir,

Sub: Organizing Grameena Yoga Chikitsa Camp, reg.

Grameena Yoga Chikitsa Camp is proposed to be held on 04.04.2017 at Govt. Primary School, Mijar, in association with Alva's Naturopathy Hospital. This letter is submitted for favor of information and your approval.


(Roshan Shetty)

NSS Program Officer





PRINCIPAL
Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K



Alva's Institute Of Engineering And Technology

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Dakshina Kannada Dt., Karnataka, India.

Phone: 08268-262724, 725; Fax: 08268-262726



Ref: AIET/NSS/2017-18/ 01

Date: 01.04.2017

CIRCULAR

To commemorate the “Samudayadatta” (Towards community) program, NSS unit of AIET is organizing “**Grameena Yoga Chikitsa Camp**” at Govt. Primary School, Mijar on 04.04.2017, 9.30 AM onwards, in association with Alva's Naturopathy Hospital, Mijar. Volunteers are informed to actively participate in the event.

(Keshav Shetty)
NSS Program Officer

Alva's Institute of Engg. & Technology
Shobhavana, Mijar, Moodbidri - 574 225

Principal
PRINCIPAL

Alva's Institute of Engg. & Technology
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Copy to : All the HODs.



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Grameena Yoga Chikitsa Camp: 4.4.2017

Yoga chikitsa camp is conducted on April 4th 2017. The main aim was to give the information regarding benefits of doing yoga for different kind of health problems. **25 volunteers involved in all the activities in organizing the camp.** Volunteers showed their obligation and concern towards the healthy society. The camp was organized at Govt. Primary School, Mijar during Samudayadatta (Towards Community) program. More than **200 patients got free checkup and yoga therapy** from Dr. Mahesh Pandit who is CMO, Alva's Naturopathy Hospital, Mijar.

Outcome: More than **200 patients in and around Mijar** were benefited out of this Yoga Chikitsa camp and understood the great depth and wide scope of Yoga as an integrative mode of therapy.

**ವೈಜ್ಞಾನಿಕ ಸಂಶೋಧನೆಯ
ಆಧಾರದ ಮೇಲೆ ರೂಪಿತವಾದ
ಉಚಿತ ಯೋಗ ಚಿಕಿತ್ಸಾ ಶಿಬಿರ**

ಕ್ರಾಶಿಮಣಿ ಯೋಗ ಚಿಕಿತ್ಸಾ ಶಿಬಿರ

ದಿನಾಂಕ: 04-04-2017 ಮಂಗಳವಾರ
 ಸಮಯ: ಬೆಳಿಗ್ಗೆ 10.00ರಿಂದ ಸಂಜೆ 4.00ರ ವರೆಗೆ
 ಸಂದರ್ಭ: ಸಮುದಾಯದತ್ತ ಶಾಲಾ ಕಾರ್ಯಕ್ರಮ
 ಸ್ಥಳ: ಸರಕಾರಿ ಹಿರಿಯ ಪ್ರಾಥಮಿಕ ಶಾಲೆ, ಮಿಜಾರು, ಮಂಗಳವಳ್ಳಿ

**ಪ್ರವೇಶ
ಉಚಿತ**

ವೈದ್ಯರು
ಡಾ|| ಮಹೇಶ್ ಪಂಡಿತ್ BNYS
CMO, Alva's Naturopathy Hospital, Mijar

**ಸಂಫಲ
ಖಚಿತ**

ವೈಶಿಷ್ಟ್ಯಗಳು

1. ಕೋಪ ಹಾಗೂ ಭಯದ ನಿವಾರಣೆಗೆ ವಿಶೇಷ ಚಿಕಿತ್ಸೆ
2. ಮಾನಸಿಕ ಒತ್ತಡ, ಗಲಿಬಿಲಿ, ಉದ್ದೇಗಗಳಿಗೆ ವಿಶಿಷ್ಟ ಅಭ್ಯಾಸ
3. ಬಿ.ಪಿ, ಮಧುಮೇಹಗಳಿಗೆ ಯೋಗ ಪರಿಹಾರ

ಪರ್ವಲಿಂಗ ಅನರೂಪ ಸ್ವಾಮಿ

ದೂರವಾಣಿ ಸಂಖ್ಯೆಗಳು:
9538176004, 8095939094

Invitation Card



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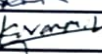

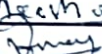
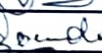
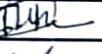
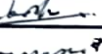

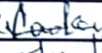

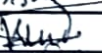

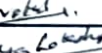



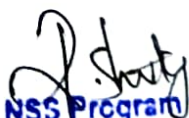
Volunteers at service


NSS Program Officer
NSS Program Officer

Alva's Institute of Engg. & Technology
Shobhavana, Mijar, Moodbidri - 574225


Principal
Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K.

Event: Yoga Chikitsa Camp		Date:		No. of Participants:
		04.04.2018		25
Faculty Coordinators/ Student Leaders				
1. Bhavyashreee S B - CSE		Prof. Roshan Shetty - ECE		
2. Shreekanth Kamu Rathod - CV		Prof. Veerendra Kumar - ME		
3. Nagaraj A Badiger - ME		Prof. Manjunath Kamath - ISE		
Sl. No.	Name of the Volunteer	Dept.	Sem	Signature
1	Hema	CSE	3rd Sem	
2	Rakshita M	CSE	3rd Sem	
3	Bhavyashreee S B	CSE	5th Sem	
4	Pavan Kumar S	CSE	7th Sem	
5	Chaitanya B S	CV	3rd Sem	
6	Naveen Kumar N	CV	3rd Sem	
7	Archana C M	CV	5th Sem	
8	Priya Rane	CV	5th Sem	
9	Kiran M L	CV	7th Sem	
10	Shreekanth Kamu Rathod	CV	7th Sem	
11	Megha	ECE	3rd Sem	
12	Vinay Kumar J	ECE	3rd Sem	
13	Soundarya Shree N	ECE	5th Sem	
14	T Hithaishi	ECE	5th Sem	
15	Raksha Satish	ECE	7th Sem	
16	Manaswitha	ECE	7th Sem	
17	Prajwal Hosmutt	ME	5th Sem	
18	R Varun Kumar	ME	5th Sem	
19	Shivshankar	ME	5th Sem	
20	Anushree T V	ME	7th Sem	
21	Vinod Raj N	ME	7th Sem	
22	Neelesh	ME	7th Sem	
23	Suraksha	ISE	5th Sem	
24	Divya Lakshman	ISE	5th Sem	
25	Bindu B N	ISE	7th Sem	


NSS Program Officer
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