

**VISVESVARAYA TECHNOLOGICAL UNIVERSITY,  
BELAGAVI- 590018**



A project report on

**SEMI-AUTOMATIC MULTIPURPOSE PARISHEKA YANTRA**

**44S\_BE\_3766\_Final\_Project\_Report**

**PROJECT REPORT**

Submitted in partial fulfillment of the requirements for the degree of

**BACHELOR OF ENGINEERING**

in

**MECHANICAL ENGINEERING**

By

**AKSHAY KUMAR S      4AL17ME008**

**ANSON DMELLO        4AL17ME010**

**KEERTHINATH B M    4AL17ME702**

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Under the Guidance of

**Mr. KIRAN C H**

**Assistant Professor**



**DEPARTMENT OF MECHANICAL ENGINEERING**

**ALVA'S INSTITUTE OF ENGINEERING AND TECHNOLOGY**

**MOODBIDRI- 574225, KARNATAKA 2020 – 2021**

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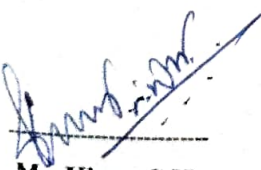


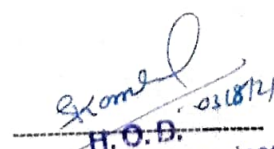
**DEPARTMENT OF MECHANICAL ENGINEERING**  
**CERTIFICATE**

Certified that the project work entitled "SEMI-AUTOMATIC MULTIPURPOSE PARISHEKA YANTRA" is a bonafide work carried out by


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are bonafide students of Mechanical department Alva's Institute of Engineering and Technology in partial fulfillment for the award of BACHELOR OF ENGINEERING in MECHANICAL ENGINEERING of the VISVESVARAYA TECHNOLOGICAL UNIVERSITY, BELAGAVI during the year 2020-2021. It is certified that all corrections/ suggestions indicated for Internal Assessment have been incorporated in the report deposited in the departmental library. The project report has been approved as it satisfies the academic requirements in respect of Project work prescribed for the Bachelor of Engineering Degree.

  
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## ABSTRACT

There are several technologies that have been used in the field of Ayurveda to make the process simpler, efficient, reliable and cost effective. The word Parisheka is gotten from Sanskrit language Pari (various) + sheka (shower). Parisheka is an ayurvedic healing technique which have been used since decades for the purpose of forehead and entire body massage which stimulates various vital points and help to relieve stress, tension and anxiety by maintaining the proper blood circulation. This methodology can be a poorvakarma to principle panchakarma or pradhan karma relying on the state of the patient. Limited studies have been carried out in the field of Parisheka where the traditional method has been followed. It also discusses about latest technologies implemented in the field of Parisheka. Parisheka is a traditional and a grounded ayurvedic strategy of gradually and consistently dribbling sedated oil or different fluids on the brow. In India, Parisheka is a typical and age-old Ayurvedic practice, and the clinical benefits are being seen by vaidyas in huge number of patients. Ayurveda is an antiquated medication that started in the Indian subcontinent. It is perceived as a TM by the World Health Organization and is picking up worldwide acknowledgment. A treatment for a sleeping disorder in Ayurveda is Parisheka, an oil-trickling treatment. This strategy was begun from Keraliya Panchakarma, and is one of the parts of the precise cleaning strategies of Panchakarma. The subtleties of organization of Parisheka are tended to in old style messages, for example, dharakalpah where some actual boundaries like the stature of fall, kind of fluids, the material of dhara pot, and so on are suggested. Works of art have offered opportunity to receive more up to date apparatuses and advancements. In request to rival the quickly developing worldwide market, unquestionably there is need of new advances and philosophies. Before devising new instrument, one ought to have careful information on Panchakarma treatment, method of activity and mechanics of existing instrument. While adopting any new machine or innovation following focuses should be remembered – Effectiveness, Safety, Easy to deal with, Economical, and Eco-accommodating.

**Keywords:** Parisheka, Cost Effective, Ayurveda, Oil Dripping, Poorvakarma, Panchakarma, Pradhan.