## VISVESVARAYA TECHNOLOGICAL UNIVERSITY

"Joana Sangama" Belagavi - 590 010



## PROJECT REPORT ON

# "DETECTION OF OBSTRUCTIVE SLEEP APNEA"

Submitted in partial fulfillment of the requirements for the award of degree

### BACHELOR OF ENGINEERING IN ELECTRONICS & COMMUNICATION ENGINEERING

#### Submitted By

Name	USN
AKASII NEELNAIK	4AL15EC002
MAHALAKSHMI	4AL15EC044
MEGHA K	4AL15EC049
NAMRATHA	4AL15EC052

Under the Guidance of Mr. Parveez Shariff B G Sr. Asst. Professor Department of E&C Engineering



DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY MOODBIDRI – 574 225.

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## ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY MOODBIDRI – 574 225

(Affiliated to VTU, BELAGAVI)

#### DEPARTMENT OF ELECTRONICS & COMMUNICATION ENGINEERING

### CERTIFICATE

Certified that the project work entitled "DETECTION OF OBSTRUCTIVE SLEEP APNEA" is a bona fide work carried out by

Akash Neelnaik 4AL15EC002

Mahalakshmi 4AL15EC044

Megha K 4AL15EC049

Namratha 4AL15EC052

in partial fulfillment for the award of BACHELOR OF ENGINEERING in ELECTRONICS & COMMUNICATION ENGINEERING of the VISVESVARAYA TECHNOLOGICAL UNIVERSITY, BELAGAVI during the year 2018–2019. It is certified that all corrections/suggestions indicated for Internal Assessment have been incorporated in the report deposited in the departmental library. The project report has been approved as it satisfies the academic requirements in respect of Project work prescribed for the Bachelor of Engineering Degree.

Signature of the Guide

Mr. Parveez Shariff B G

Signature of the H.O.D

Dr. D V Manjunatha H. O. D.

Dept. Of Electronics & Communication Alva's Institute of Engy. & Technology Mijar, MOODBIDRI - 574 225

Signature of the Principal

Dr. Peter Fernandes

Clve's Institute of Engg. & Technology. Mijur, MOODBIDRI - 574 225, D.K.

EXTERNAL VIVA

Name of the Examiners

1 Dr. Dattattony

Shoke &

Signature with date

River

15/5/19

### ABSTRACT

Sleep disorders are the most common health condition that can influence various aspects of life. Obstructive sleep apnea is one of the serious sleep disorder, which causes the breathing to repeatedly start and stop during sleep. In many countries these kind of disorder is generally analyzed in sleep laboratories by the traditional detection process called Polysomnography. Most of the apnea disease are currently not analyzed properly because of high cost of the test and the limitations of overnight sleep in the laboratories, where an expert human observer is needed to work over night. The aim of the project is to provide proper detection which enables the doctors to provide the medical help necessary thereby decreasing the number of deaths due to obstructive sleep apnea. The ECG analysis program can provide much information about cardiac disorder. Therefore, computer-based techniques is developed for ECG analysis and can used to train inexperience staff and pre diagnostic the ECG data. In this project, the ECG analyzing algorithm for obstructive sleep apnea detection is applied using MATLAB. Parameter used in this project is QRS complex. The detection of RR interval and conversion of RR interval to heart rate (minute by minute) are developed. ECG analyzing program is easy to use. This can be done by loading the ECG data to analyze the necessary value for apnea detection.

In present different techniques are used for detecting the minute based analysis of OSA by Electrocardiogram (ECG) signal processing. Using the Physionet apnea ECG database, QRS complex is detected by Pan-Tompkins algorithm. Feature like Mean, Standard deviation and covariance is extracted from the output of the QRS complex and has been used to classify the apnea and non-apnea events from the features extracted. In the proposed system a program is written to identify features from an ECG signal and detect apnea and non-apnea. To test the program, data files (in .mat format) taken from Physio Bank ATM of apnea ECG database are used. These files are loaded to MATLAB and loaded ECG records are been segmented into separate in minute by minute for further analysis. Then, signal is used to obtain the peaks of the signal. The peaks are marked using certain symbols. After the peak detection is done the index and the amplitude values of the signal are determined. Based on the values obtained the presence or absence of apnea is classified.