



# **ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY**

A Unit of Alva's Education Foundation (R)

(Affiliated to Visvesvaraya Technological University, Belagavi.

Approved by AICTE, New Delhi & Recognized by Government of Karnataka)  
Shobhavana Campus, Mijar, Moodbidri- 574 225, Mangalore, D.K., Karnataka State.

(Accredited By NAAC with A+ grade)

## **DEPARTMENT OF INFORMATION SCIENCE AND ENGINEERING**

**Event: Pre-Placement Training – Soft Skills.**

**Resource Person: Mr. Chandan Kumar, Mr. Karthik, Mrs. Vinutha, Mrs. Nidhi (Aerodynamics Academy)**

**Date: 31/08/2023 to 2/09/2023**

**Time: 09:00 AM to 04:40 PM**

**Venue: ISE Classroom 302, Main Block, AIET.**

The Soft Skills Training program is being conducted by Aerodynamics Academy from 31st August 2023 to 2nd September 2023. Spanning 3 days, the program focuses on developing key soft skills essential for professional growth and personal development, including communication, emotional intelligence, leadership, teamwork, and conflict resolution. The training is facilitated by expert trainers Mr. Chandan Kumar, Mr. Karthik, Mrs. Vinutha, and Mrs. Nidhi.

### **Day 1: 31st August 2023 – Communication and Emotional Intelligence**

- **Session 1: Effective Communication (Mr. Chandan Kumar)**

The session focused on enhancing verbal and non-verbal communication skills, essential for building professional relationships. Mr. Chandan emphasized active listening, assertive communication, and delivering constructive feedback. Participants engaged in role-playing exercises to improve clarity and articulation.

- **Session 2: Emotional Intelligence (Mr. Karthik)**

Mr. Karthik explored the five components of Emotional Intelligence (EI): self-awareness, self-regulation, motivation, empathy, and social skills. Participants practiced self-reflection and emotional regulation techniques, which helped improve interpersonal relationships and emotional management in the workplace.

### **Day 2: 1st September 2023 – Leadership, Teamwork, and Conflict Resolution**

- **Session 1: Leadership and Teamwork (Mrs. Vinutha)**

Mrs. Vinutha discussed leadership styles (transformational, transactional, situational) and their impact on team dynamics. Participants learned to adapt leadership approaches, build trust, and foster collaboration within teams. Group activities highlighted key teamwork principles such as task delegation and motivation.



- **Session 2: Conflict Resolution (Mrs. Nidhi)**

Mrs. Nidhi provided techniques for managing workplace conflicts, including negotiation, compromise, and collaboration. Through case studies and role-plays, participants practiced resolving conflicts constructively while maintaining positive working relationships.



### **Day 3: 2nd September 2023 – Resume Building and Mock Interviews**

- **Session 1: Resume Building (Mrs. Nidhi)**

Mrs. Nidhi guided participants in creating effective resumes, focusing on structure, key achievements, and tailoring resumes for specific job roles. Personalized feedback was given to help participants improve the presentation, content, and inclusion of soft skills like communication and emotional intelligence.

- **Session 2: Mock Interviews (Mr. Karthik & Mrs. Vinutha)**

The session provided participants with an opportunity to practice answering common and behavioral interview questions. Feedback was given on body language, communication, and confidence, helping participants refine their interview techniques. Tips on handling difficult questions and presenting strengths were shared to improve future interview performances.





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### **Participant Engagement and Interaction:**

Throughout the program, there was a strong emphasis on **active participation** and **practical learning**. Participants were engaged in various **role-plays**, **group discussions**, and **case studies**, which allowed them to apply their learning to real-world situations. The interactive approach ensured that attendees not only gained theoretical knowledge but also developed the confidence to implement these skills in their professional lives.

Feedback from participants highlighted the value of the **hands-on activities**, which allowed them to practice **communication**, **teamwork**, and **conflict resolution** techniques in a supportive environment. Many participants expressed that the **mock interview** sessions were

### **Outcomes and Impact:**

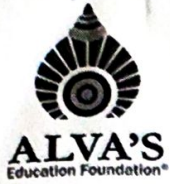
The training program achieved significant outcomes in the following areas:

- **Enhanced Communication Skills:** Participants reported improved clarity and confidence in their communication, both in verbal and written formats.
- **Increased Emotional Intelligence:** Participants gained better self-awareness and learned how to manage their emotions effectively, leading to stronger interpersonal relationships.
- **Stronger Leadership and Teamwork Abilities:** The training equipped participants with the tools to be better leaders and collaborators in their professional roles.
- **Improved Conflict Management:** Participants learned how to address conflicts constructively, resulting in more harmonious work environments.
- **Job-Ready Skills:** The resume building and mock interview sessions prepared participants to present themselves effectively to potential employers, increasing their chances of success in job applications.

### **Conclusion:**

The **Soft Skills Training Program** conducted by **Aerodynamiks Academy** was a resounding success. The comprehensive approach, covering essential soft skills and practical career tools like resume building and mock interviews, provided participants with the knowledge and confidence to





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succeed in their professional endeavors. The hands-on, interactive nature of the sessions, combined with expert insights from trainers **Mr. Chandan Kumar, Mr. Karthik, Mrs. Vinutha, and Mrs. Nidhi**, made the program both informative and highly engaging.

Given the positive feedback and the evident impact on participants' professional skills, it is highly recommended to continue offering such programs in the future, with potential expansion into areas such as **time management, negotiation, and critical thinking**.

A handwritten signature in black ink, appearing to be "Pradeep", written over a circular stamp or seal.

Dept. Training Coordinator

Mr. Pradeep Nayak





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SHOBHAVANA CAMPUS, MIJAR, MOODBIDRI - 574 225

## DEPARTMENT OF INFORMATION SCIENCE & ENGINEERING

BOOTCAMP TRAINING PHASE-2 : Soft Skill Training - Aerodynamiks

4th Year 2023-24

S.N	USN	NAME	28/08/2023		29/08/2023		30/08/2023	
			FN	AN	FN	AN	FN	AN
1	4AL20IS006	Anson Dsoza	<i>Anson</i>	<i>Anson</i>	<i>Anson</i>	<i>Anson</i>	<i>Anson</i>	<i>Anson</i>
2	4AL20IS015	Likhith kumar	<i>Likhith</i>	<i>Likhith</i>	<i>Likhith</i>	<i>Likhith</i>	<i>Likhith</i>	<i>Likhith</i>
3	4AL20IS026	Mohammed Firoz	<i>Mohammed</i>	<i>Mohammed</i>	<i>Mohammed</i>	<i>Mohammed</i>	<i>Mohammed</i>	<i>Mohammed</i>
4	4AL20IS028	Mohan Raju V	<i>Mohan</i>	<i>Mohan</i>	<i>Mohan</i>	<i>Mohan</i>	<i>Mohan</i>	<i>Mohan</i>
5	4AL20IS038	Rahul R Poojary	<i>Rahul</i>	<i>Rahul</i>	<i>Rahul</i>	<i>Rahul</i>	<i>Rahul</i>	<i>Rahul</i>
6	4AL20IS039	Ravindra Reddy	<i>Ravindra</i>	<i>Ravindra</i>	<i>Ravindra</i>	<i>Ravindra</i>	<i>Ravindra</i>	<i>Ravindra</i>
7	4AL20IS040	Raviraj	<i>Raviraj</i>	<i>Raviraj</i>	<i>Raviraj</i>	<i>Raviraj</i>	<i>Raviraj</i>	<i>Raviraj</i>
8	4AL20IS044	Shashank Biradar	<i>Shashank</i>	<i>Shashank</i>	<i>Shashank</i>	<i>Shashank</i>	<i>Shashank</i>	<i>Shashank</i>
9	4AL20IS047	Shwetha R Sharma	<i>Shwetha</i>	<i>Shwetha</i>	<i>Shwetha</i>	<i>Shwetha</i>	<i>Shwetha</i>	<i>Shwetha</i>
10	4AL20IS055	Tejas R	<i>Tejas</i>	<i>Tejas</i>	<i>Tejas</i>	<i>Tejas</i>	<i>Tejas</i>	<i>Tejas</i>
11	4AL20IS058	Vandan M Shetty	<i>Vandan</i>	<i>Vandan</i>	<i>Vandan</i>	<i>Vandan</i>	<i>Vandan</i>	<i>Vandan</i>
Absentees # :			Nil	Nil	Nil	01	Nil	Nil
Session Incharge Sign :			<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>	<i>SP</i>

*Shashank*

H.O.D.

Dept. Of Information Science & Engineering  
Alva's Institute of Engg. & Technology  
Mijar, MOODBIDRI - 574 225





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4th Year 2023-24

S.N	USN	NAME	31/08/2023		01/09/2023		02/09/2023	
			FN	AN	FN	AN	FN	AN
1	4AL20IS001	Abhishek R Bhat	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek
2	4AL20IS002	Abhishek S V	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek	Abhishek
3	4AL20IS003	Akash K Acharya	Akash	Akash	Akash	Akash	Akash	Akash
4	4AL20IS004	Amruth P S	Amruth	Amruth	Amruth	Amruth	Amruth	Amruth
5	4AL20IS005	Anand M Rastapur	Anand	Anand	Anand	Anand	Anand	Anand
6	4AL20IS007	Ashwini.M	Ashwini	Ashwini	Ashwini	Ashwini	Ashwini	Ashwini
7	4AL20IS008	B.S. Sumukha	B.S.	B.S.	AB	AB	B.S.	B.S.
8	4AL20IS009	C H Rakesh	C H	C H	C H	C H	C H	C H
9	4AL20IS010	Chandana A S	Chandana	Chandana	Chandana	Chandana	Chandana	Chandana
10	4AL20IS011	Chandana P T	Chandana	Chandana	Chandana	Chandana	Chandana	Chandana
11	4AL20IS013	Darshan.S	Darshan	Darshan	Darshan	Darshan	Darshan	Darshan
12	4AL20IS014	Deekshith	Deekshith	Deekshith	Deekshith	Deekshith	Deekshith	Deekshith
13	4AL20IS016	Diya H B	Diya	Diya	Diya	Diya	Diya	Diya
14	4AL20IS017	Fathima Thahiba	Fathima	Fathima	Fathima	Fathima	Fathima	Fathima
15	4AL20IS018	Finny Paul	Finny	Finny	Finny	Finny	Finny	Finny
16	4AL20IS019	Gary Richards	Gary	Gary	Gary	Gary	Gary	Gary
17	4AL20IS020	Keerthana	Keerthana	Keerthana	Keerthana	Keerthana	Keerthana	Keerthana
18	4AL20IS021	Likitha K M	Likitha	Likitha	Likitha	Likitha	Likitha	Likitha
19	4AL20IS023	Madhu M	Madhu	AB	Madhu	Madhu	Madhu	Madhu
20	4AL20IS024	Madhushree	Madhushree	Madhushree	Madhushree	Madhushree	Madhushree	Madhushree
21	4AL20IS025	Meghana K	Meghana	Meghana	Meghana	Meghana	Meghana	Meghana
22	4AL20IS027	Mohammed Sufiyan	Sufiyan	Sufiyan	Sufiyan	Sufiyan	Sufiyan	Sufiyan
23	4AL20IS029	Maneesha N S	Maneesha	Maneesha	Maneesha	Maneesha	Maneesha	Maneesha
24	4AL20IS030	Moolya Gowthami	Moolya	Moolya	Moolya	Moolya	Moolya	Moolya
25	4AL20IS031	Nandhan M R	Nandhan	Nandhan	Nandhan	Nandhan	AB	Nandhan
26	4AL20IS032	Nayana T	Nayana	Nayana	Nayana	Nayana	Nayana	Nayana
27	4AL20IS033	Nesara S Gowda	Nesara	Nesara	Nesara	Nesara	Nesara	Nesara
28	4AL20IS034	Nidhi N Shetty	Nidhi	Nidhi	Nidhi	Nidhi	Nidhi	Nidhi
29	4AL20IS035	Poorvika	Poorvika	Poorvika	Poorvika	Poorvika	Poorvika	Poorvika
30	4AL20IS036	Prajwal Gowda M M	Prajwal	Prajwal	Prajwal	Prajwal	Prajwal	Prajwal
31	4AL20IS037	Prasad Achari	Prasad	Prasad	Prasad	Prasad	Prasad	Prasad
32	4AL20IS041	Yashavardhan S G	Yashavardhan	Yashavardhan	Yashavardhan	Yashavardhan	Yashavardhan	Yashavardhan
33	4AL20IS042	Sahana	Sahana	Sahana	Sahana	Sahana	Sahana	Sahana
34	4AL20IS043	Sharan	Sharan	AB	Sharan	Sharan	Sharan	Sharan
35	4AL20IS045	Prajaktha Shetty	Prajaktha	Prajaktha	Prajaktha	Prajaktha	Prajaktha	Prajaktha



36	4AL20IS046	Shramik S Shetty						
37	4AL20IS048	Srushti.S.K						
38	4AL20IS049	Sudeep.K						
39	4AL20IS050	Sudheer						
40	4AL20IS051	Sujan P S						
41	4AL20IS052	Suraj S Ankolokhar						
42	4AL20IS053	Sushma K N						
43	4AL20IS054	Swetha S						
44	4AL20IS056	Tejaswini G						
45	4AL20IS057	Vaishali						
46	4AL20IS059	Varsha A M						
Absentees # :			Nil	02	01	01	01	Nil
Session Incharge Sign :								

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