



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.
Accredited with A+ by NAAC, & NBA (ECE & CSE)
Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

SRISHTI Club Report (May-2024)

Visit & Cleaning in Karinjeshwara Hill

Venue: Karinja near Bantwal

Date: 24/5/2024

OBJECTIVES: Is to engage students in ecological and environmental activities. Hills not only beautifies the nature but also provides a conducive learning environment. The presence of hills promotes fresh air circulation and helps combat air pollution. Trekking is an outdoor activity of walking for more than a day. It is a form of walking, undertaken with the specific purpose of exploring and enjoying the scenery. Trekking could be a motive, it could be a commitment, an aim, an objective, a mission, a party, a social gathering. Regular trekking is a powerful way to lower your blood pressure and cholesterol levels. Not only can it decrease both systolic and diastolic readings, but it can also work wonders on the balance of good and bad cholesterol

DETAILS: Members of SRISHTI participated in cleaning activity on 24/5/2024. Total **40 student members of SRISHTI** along with 1 staff were a part of this program. On this auspicious occasion the participants were made aware of the need of trekking and cleaning. Students were also informed about how to keep the nature clean.

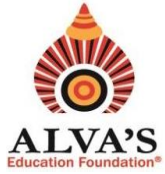
OUTCOMES:

- Awareness among students community is created about need of understanding nature.
- Great way to make new friends & build relationships with people who are about the environment.
- Some clinically proven benefits of spending time in nature include; a reduction in stress and blood pressure and improved sleep and energy levels.
- In our increasingly fast-paced society, reduction of stress and increased emotional well-being is one of the most important health benefits









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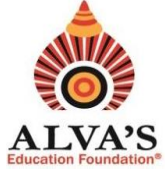
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ANNEXURE



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Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

Date: 20.5.24

To,

IQAC Chairman
AIET, Mijar.

Respected Sir,

Sub: Seeking permission & Transportation facility to “**Visit and cleaning activity in Karinjeshwara Hill**”. Near bantwal

With reference to above subject, 40 students of SRISHTI-Club accompanied by 1 staff members are planning to visit on 25.5.24. In this regard I you request you to provide permission and transportation facilities to our students.

Name of Activity: Visit and cleaning activity in Karinjeshwara Hill”. Near Bantwal

Date: 25/5/2024

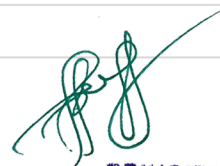
I/C SRISHTI Club

PRINCIPAL
Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K.

Student's List

1.	V Pavan Kumar	CSE
2.	Abhiram H A	CSE
3.	Karan Kumar	AIML
4.	Arihant M Sagre	CSE
5.	Mallikarjun N P	CSE
6.	MONISHA P	ECE
7.	SAHANA MARIA	CSE
8.	NANDINI MADNE K	CSE
9.	Khushi V K	ISE
10.	Sushmitha E	CSE
11.	Gowrika g n	CSE
12.	Gowrika g n	CSE
13.	INCHARA	CSE
14.	Sushma kn	ISE
15.	Swathi M V	CSE
16.	Bhoomika E R	CSE
17.	Nesara s gowda	ISE
18.	K K Koushik	CSE
19.	SIDDHARTH SONAVANE	CSE
20.	Manish N	CSE
21.	Finny paul	ISE
22.	Darshan s	ISE
23.	Anu k	CSE
24.	Prashanth k	CV
25.	Priya db	CSE
26.	Anu k	CSE

27.	Mohammed fahiz	CSE
28.	Jayesh Korade	ECE
29.	Pavan Kumar	CSE
30.	Sinchan C K	ECE
31.	Tejaswini G	ISE
32.	Mohammad Muneeb	ECE
33.	B sai shreya	ECE
34.	Sudeep k	ISE
35.	Y V KARTHIKEYA	CSE
36.	Ranjith	CSE
37.	Abhishek P	CV
38.	Yashvardan sg	ISE
39.	Pallavi p	ME
40.	Monika L R	ECE



PRINCIPAL

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