


Physical Education (Sports and Athletics) syllabus

Semester: IV						
PHYSICAL EDUCATION (SPORTS & ATHLETICS) – II						
Course Code	:	BPEK459		CIE	:	100 Marks
Credits: L:T:P	:	0:0:1				
Total Hours	:	24 P				
Course Outcomes: At the end of the course, the student will be able to						
1. Understand the ethics and moral values in sports and athletics						
2. Perform in the selected sports or athletics of student’s choice.						
3. Understand the roles and responsibilities of organisation and administration of sports and games.						
Module I : Ethics and Moral Values						4 Hours
A. Ethics in Sports						
B. Moral Values in Sports and Games						
Module II : Specific Games (Any one to be selected by the student)						16 Hours
A. Volleyball – Attack, Block, Service, Upper Hand Pass and Lower hand Pass.						
B. Athletics (Track Events) – Any event as per availability of Ground.						
Module III: Role of Organisation and administration						4 Hours

Scheme and Assessment for auditing the course and Grades:

Sl. No.	Activity	Marks
1.	Participation of student in all the modules	20
2.	Quizzes – 2, each of 15 marks	30
3.	Final presentation / exhibition / Participation in competitions/ practical on specific tasks assigned to the students	50
Total		100


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