



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,
New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MLJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

WOMEN EMPOWERMENT CELL 2022-23

REPORT ON POSTER COMPETITION



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

INDEX

Sl No.	Particulars	Page No.
1	Report on Women Empowerment Cell	1-5
	Annexure	

REPORT ON POSTER COMPETITION

The Women's Empowerment Cell, AIET organised a Poster Competition on "Atrocities against women" for AIET students on 23 February 2023 at 3.00 PM.

Objectives of the Program:

1. To sensitize the students towards various atrocities against women.
2. To bring out the various issues pertaining to women by the creative display of talents on a poster.

The Women Empowerment Cell of AIET organised a Poster Contest on the theme "Atrocities against women" from 23 February from 3.00 PM onwards in the MBA classroom in the MBA Block. Only one team from Engineering prepared a digital poster. The students of MBA prepared 12 Posters and participated in this event. These posters were judged on March 8, 2023 and the judges for the event were Ms Bhoomika Pahuja and Mr Neeraj Rai. Three best teams were adjudged as winners and were awarded prizes.

Outcome of the session:

1. Women students were provided an opportunity to express their views on challenges faced by women.
2. Students got an opportunity to display their creativity and artistic skills and used it to prepare beautiful and meaningful posters depicting various relevant challenges faced by women.

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com





ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

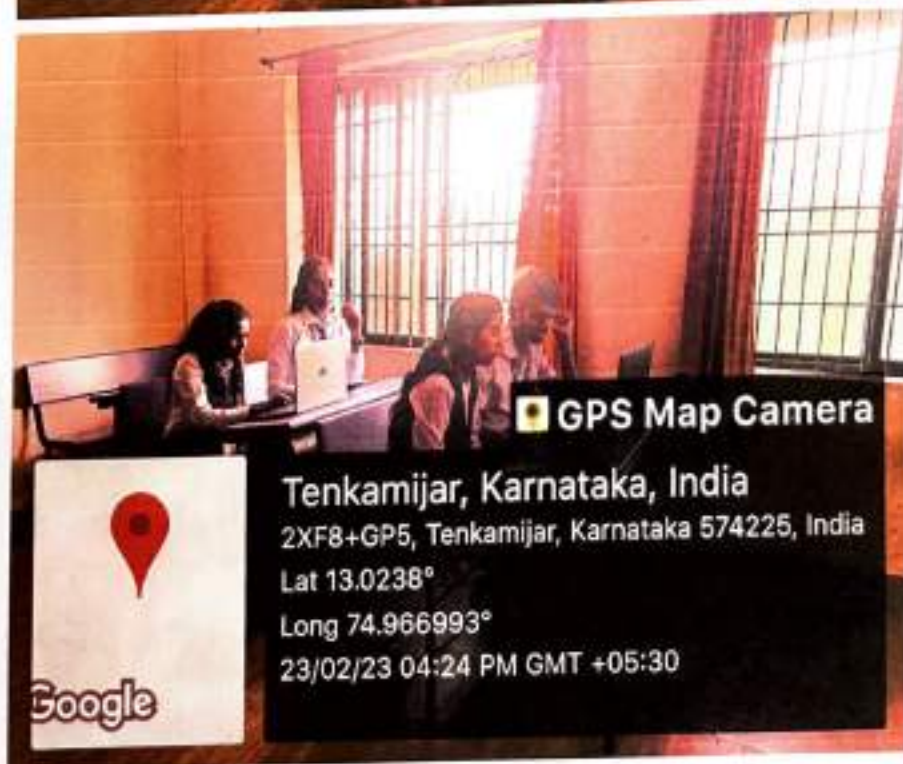
(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principal@iet08@gmail.com



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principal@alvaie08@gmail.com



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principal@alvet08@gmail.com



PRINCIPAL

Alva's Institute of Engg. & Technology,
MIJAR, MOODBIDRI - 574 225, D.K.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

ANNEXURE



Alva's Institute of Engineering & Technology

Shobhavana Campus, Mijar, Moodbidri, D.K - 574225

Phone: 08258-262725, Fax: 08258-262726

Ref. No. AIET/WEC/22-23/01

Date: 21 February 2023

CIRCULAR

The Women's Empowerment Cell, AIET is organising a Poster Competition on "Atrocities against women" on 23 February 2023 at 3.00 to 5.00 PM in Room No 001, Ground floor, MBA Block. This Contest is open to all students of AIET. HODs are requested to encourage the students to participate in the same.

Dr Catherine N
WEC Coordinator

Dr Peter Fernandes

PRINCIPAL

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K

Copies to HODs of CSE/ECE/ISE/AIML/CV/ME/PHY/CHE/MBA

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,
New Delhi. Recognized by Government of Karnataka.



ALVA'S
Education Foundation

A+, Accredited by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail

PG DEPARTMENT OF BUSINESS ADMINISTRATION

Date:28/02/2023

I YEAR MBA

SL.No	Student's Name	Signature
1	Akshari shetty	Akshari
2	AKSHATHA.B.MALI	Akshatha.B
3	Akshitha.M	Akshitha
4	Amisha devadiga	Amisha
5	Apoorva	Apoorva
6	Ashwitha Shetty	Ashwitha
7	Ayesha Ibrahim	Ayesha
8	Bhoomika	Bhoomika
9	Bhoomika DR	Bhoomika
10	Chaitra	Chaitra
11	Ciona Vilceeta Pereira	V.P.Ciona
12	Deekshitha Rani K	K.R.Deekshitha
13	N Deekshitha	N.deekshitha
14	DEEPTHI	Deepthi
15	Deepthi Kumari	Deepthi
16	Divyashree	Divyashree
17	Fiza s shaikh	Fiza s shaikh
18	Greeshma	Greeshma
19	Harshitha	Harshitha
20	Prerna Pramod Hegde	P.H.pernam
21	HELAN KJ	J.K.Helan
22	Hrushitha	Hrushitha
23	Jenisha Lasrado	Jenisha
24	Kavya	Kavya
25	Kruti K S	K.S.Kruti
26	Maithri R Shetty	Maithri
27	Megha	Megha
28	Monica M	M.Monica
29	NANDA DS	Nanda
30	Nireeksha	Nireeksha
31	Nithya	Nithya
32	Nithya R S	R.S.Nithya

33	Pooja	Pooja
34	Pooja C	C. Pooja
35	POOJA K S	P.S. Pooja
36	PRAJEETHA SHETTY	Prajeetha
37	PRAJNA	Prajna
38	Praneetha.J.H	Praneetha
39	Prathiksha	Prathiksha
40	Prathiksha shetty	Shetty Prathiksha
41	PRIYANKA R	Priyanka R.
42	Pruthvika B G	B.G. Pruthvika
43	Rachana Shenoy	Rachana Shenoy
44	Rakshitha	Rakshitha
45	RAMYASHREE	Ramyashree
46	Rashmitha	Rashmitha
47	Sahana	Sahana
48	Sahithya	Sahithya
49	Shama K	Shama K
50	Sharanya Shetty	Sharanya Shetty
51	SHRADDHA M	Shraddha M
52	Shraddha S Shetty	S.S. Shetty
53	Shraddha Shetty	Shraddha Shetty
54	Shranya	Shranya
55	Shreni C S	Shreni C S
56	Shreshtha jain	Shreshtha Jain
57	shreya	Shreya
58	Shreya Jain	Shreya Jain
59	Shreya Kava	Shreya Kava
60	Shrutha D Shetty	Shrutha D Shetty
61	Sindhu Shiva Kharvi	S.S. Shiva
62	Soujanya	Soujanya
63	Sowndarya	Sowndarya
64	Srushti	Srushti
65	Sudeeksha S Shetty	S.S. Sudeeksha
66	Supritha	Supritha
67	SUZANA AK SHAIKH	A.K. Suzana
68	Swathi	Swathi
69	Thrupthi	Thrupthi
70	Vinutha C	C. Vinutha
71	Alisha maria	Alisha Maria
72	MEGHANA G U	Meghana G.U
73	Poojary Vinisha Vishwanath	P.V. Vinisha

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,
New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail




PG DEPARTMENT OF BUSINESS ADMINISTRATION

Date:28/02/2023

II YEAR MBA

Sl.No	USN	Student's Name	Signature
1	4AL21BA001	Aisiri N.R	Aisiri
2	4AL21BA003	Akriti Shetty	Akriti
3	4AL21BA004	AKSHAYA	Akshaya
4	4AL21BA006	Archana k	Archana
5	4AL21BA010	Ashritha Shetty	Ashritha Shetty
6	4AL21BA012	ASHWINI	Ashwini
7	4AL21BA013	ATHMIKA K M	Athmika
8	4AL21BA014	Bhagyashree Mudigoudar	Bhagyashree
9	4AL21BA015	CHAITHRA	Chaithra
10	4AL21BA016	Chaithra nayak	Chaithra
11	4AL21BA017	CHAITHRA S	Chaithra S.
12	4AL21BA018	CHAITRA U	Chaitra
13	4AL21BA020	Chandrika	Chandrika
14	4AL21BA021	Chandrika N	Chandrika N.
15	4AL21BA022	CHAYA	Chaya
16	4AL21BA024	D JESSIE JANET	Jessie
17	4AL21BA027	Dhanya Kumari	Dhanya Kumari
18	4AL21BA028	Divya	Divya
19	4AL21BA029	Divya Rajendra Naik	Divya
20	4AL21BA030	EENA ADELINE PINTO	Eena Pinto
21	4AL21BA031	Gagana V	Gagana
22	4AL21BA036	Jyothi	Jyothi
23	4AL21BA037	Jyothi Meghashree K	Jyothi
24	4AL21BA041	LOLITA RESHMA LOBO	Lolita
25	4AL21BA046	Monisha P	Monisha P.
26	4AL21BA048	Muthamma M U	Muthamma
27	4AL21BA052	Neha M R	Neha
28	4AL21BA053	Niharika D Shetty	Niharika D Shetty
29	4AL21BA054	Nisha	Nisha
30	4AL21BA055	Pallavi	Pallavi
31	4AL21BA056	Pooja B.S	Pooja
32	4AL21BA057	PRAJNA	Prajna

33	4AL21BA060	Priti shetty	Priti Shetty
34	4AL21BA061	Priyanka Shetty	Priyanka Shetty
35	4AL21BA062	Rakshitha	Rakshitha
36	4AL21BA063	Rishitha	Rishitha
37	4AL21BA068	Sakshi	Sakshi
38	4AL21BA071	Pratiksha Shetty	Pratiksha Shetty
39	4al21ba073	Shravya Jain	Shravya
40	4AL21BA074	Shravya	Shravya
41	4AL21BA075	Shravya Jain	Shravya
42	4AL21BA076	Shreya	Shreya
43	4AL21BA077	Shreya Pai	Shreya
44	4AL21BA078	Shreya S	Shreya S
45	4AL21BA080	Shrutha	Shrutha
46	4AL21BA081	Shruthi	Shruthi
47	4AL21BA082	Shruthi S	Shruthi S
48	4AL21BA083	Shwetha	Shwetha
49	4AL21BA084	Shwetha Shetty	Shwetha Shetty
50	4AL21BA085	SINCHANA Y S	Sinchana Y S
51	4AL21BA086	Soujanya G	Soujanya G
52	4AL21BA087	Sowmya KR	Sowmya KR
53	4AL21BA088	Sowmya P Rao	S.P. Rao
54	4AL21BA089	SOWMYA R	Sowmya R
55	4AL21BA091	Stephy Saldanha	Stephy Saldanha
56	4AL21BA094	Suraksha	Suraksha
57	4AL21BA095	Suraksha	Suraksha
58	4AL21BA097	Swathi	Swathi
59	4AL21BA098	Swati Naik	Swati Naik
60	4AL21BA099	Swetha B	Swetha B
61	4AL21BA102	Vandana shenoy N	Vandana N
62	4al21ba103	Varada Shetty	Varada Shetty
63	4AL21BA104	Varshini B S	Varshini B S
64	4AL21BA105	Vidhya Nair	Vidhya Nair
65	4AL21BA108	Vindhya	Vindhya
66	4AL21BA111	ZAHIRA BANU	Zahira Banu
67	4AL21BA113	Chaya Shetty	Chaya Shetty
68	4AL21BA115	Jasmine Rita Dantis	Jasmine Rita Dantis
69	4AL21BA116	Sneha k	Sneha k
70	4AL21BA050	Namitha.N Suvarna	Namitha


 PRINCIPAL
 M. J. Somaiya Institute of Engg. & Technology,
 MIDC, MOUDAGANI - 574 225, D.K.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,
New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

WOMEN EMPOWERMENT CELL 2022-23

REPORT ON WOMEN EMPOWERMENT SESSION

International women's day

Date: 8th march 2023

SL.NO	USN	NAME	signature
1.	4AL21CS069	MANVITHA	
2.	4AL21CS070	MEGHANA V	Megha
3.	4AL21CS077	MOOLYA CHAITRA SATISH	Moolya
4.	4AL21CS085	NEHA R SHETTY	Neel
5.	4AL21CS086	NEHA RAVI BARKI	Neel
6.	4AL21CS087	NIKISHA	Nikisha
7.	4AL21CS089	P K VARNINI	P K Varnini
8.	4AL21CS090	PALLAVI U	Pallavi U
9.	4AL21CS093	POOJARY PRATHHIKSHA D	Poojary
10.	4AL21CS094	POORVI K SHETTER	Poorvi
11.	4AL21CS095	PRABHU DHANYALAXMI DEVSDAS	Prabhu
12.	4AL21CS096	PRAGATHI SM	Pragathi
13.	4AL21CS099	PRATHIKSHA J	Prathiksha
14.	4AL21CS100	PRATIKSHA SEETARAM HEGDE	Pratiksha
15.	4AL21CS105	PRIYANKA D	Priyanka
16.	4AL21CS108	RADHIKA	Radhika
17.	4AL21CS109	RADHIKA B N	Radhika
18.	4AL21CS128	SANNIDHI	Sannidhi
19.	4AL21CS129	SANNIDHI SHETTY	Sannidhi
20.	4AL21CS115	RESHNA NANDIPI	Reshna
21.	4AL21CS103	PREKSHA P POOJARY	Preksha
22.	4AL21CS138	SHETTY SAKSHI SUKHANANDA	Sakshi
23.	4AL21CS144	SHREYA	Shreya
24.	4AL21CS145	SHREYA ANIL PATIL	Shreya
25.	4AL21CS188	YAMUNA R	Yamuna
26.	4AL21CS176	VIJAYALAXMI M KUNNUR	Vijayalaxmi
27.	4AL21CS150	SMITA RAVI NAIK	Smita
28.	4AL21CS151	SONALI GURURAJ NAGASHETTI	Sonali
29.	4AL21CS171	VEDA ISHWAR CHAVAN	Veda

30.	4AL21CS153	SOUMYA	<u>Soumya</u>
31.	4AL21CS154	SPANDANA SHETTY	<u>Spandan Shetty</u>
32.	4AL21CS166	SUSHMA	<u>Sushma</u>
33.	4AL21CS167	TEJASWINI VENKATESH GUDIGAR	<u>Tejaswini</u>
34.	4AL21CS011	AISHWARYA D DANARADDI	<u>Aishwarya</u>
35.	4AL21CS013	AKSHATHA	<u>Akshatha</u>
36.	4AL21CS014	AKSHATHA	<u>Akshatha</u>
37.	4AL21CS018	ANAMIKA TIWARI	<u>Anamika</u>
38.	4AL21CS021	ANKITHA	<u>Ankitha</u>
39.	4AL21CS022	ANKITHA ANAND JOSHI	<u>Ankitha</u>
40.	4AL21CS026	BHAGYASHREE SHYAM NAIK	<u>Bhagya</u>
41.	4AL21CS028	BHOOMIKA M	<u>Bhoomika</u>
42.	4AL21CS032	CHETANA GANESH JOSHI	<u>Chetana</u>
43.	4AL21CS034	DEEKSHA R H	<u>Deeksha</u>
44.	4AL21CS035	DEEKSHA SUBRAHMANYA SHET	<u>Deeksha</u>
45.	4AL21CS038	DHARUNYA S S	<u>Dharunya</u>
46.	4AL21CS042	GAYATRI C BHAGAVANTNAVAR	<u>Gayatri</u>
47.	4AL21CS045	HARSHIKA	
48.	4AL21CS047	HARSHITHA S	<u>Harshitha S</u>
49.	4AL21CS048	HUA HAPPY	<u>Hua</u>
50.	4AL21CS049	INDURAJ A	
51.	4AL21CS051	JNANESHWARI U S	<u>Jnaneshwari</u>
52.	4AL21CS052	K G SHREYA	<u>Shreya</u>
53.	4AL21CS063	MADHURA B S	<u>Madhura</u>
54.	4AL21CS055	SAFEENA	<u>Safeena</u>
55.	4AL22CS401	ARCHANA GANGADHAR HUBLIKAR	<u>Archana</u>
56.	4AL22CS402	BHAVANA M C	<u>Bhavana</u>
57.	4AL22CS403	DANESHWARI SAJJANAR	<u>Daneshwari</u>
58.	4AL22CS404	JANUARY SHYLLA	<u>Janu</u>


H.O.D.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaleet08@gmail.com

INDEX

Sl No.	Particulars	Page No.
1	Report on Women Empowerment Cell	1-4
	Annexure	

REPORT ON WOMEN EMPOWERMENT SESSION – CHALLENGES & OPPORTUNITIES FOR WOMEN ENTREPRENEURS



Alva's Institute of Engineering and Technology



WOMEN EMPOWERMENT CELL

In Association with
Institute's Innovation Council
organises

WOMEN EMPOWERMENT SESSION on

Challenges & Opportunities for women Entrepreneurs



SPEAKER:
Ms Athmika Amin
Director-JV Group



28 February, 2023



3:00 PM-4.30 PM



MBA Seminar Hall

Dr. Catherine
Coordinator

Dr. Peter Fernandes
Principal, AIET



Date :28/02/2023

Time: 3:00pm-4:30pm

Resource person: Ms. Athmika Amin

Venue: MBA Seminar Hall

Objective of the Session: To orient the students about the various opportunities available for women entrepreneurs and to motivate young undergraduate and postgraduate students to take up Entrepreneurship as a source of livelihood. The Women Empowerment Cell, AIET, conducted a Programme for women students of MBA and Engineering students on challenges and opportunities for women entrepreneur's session on 28 February 2023 by Ms. Athmika Amin, Director-JV Group. The resource person enlightened the young women students about the importance of women entrepreneurs. In an interactive discussion about the women entrepreneurs, Ms Athmika discussed at length the various schemes available for women entrepreneurs by the government. She highlighted the fact that women have the provision of access to long term finance without giving any collateral which is absolutely.

Opportunities for Women Entrepreneurs

❖ Opportunities Based on business.

> Manufacturing. > Service Industries Trading ventures. > Technoracts. ❖ Financial Opportunities. > Mudra Loan for Women. > Bharthiya Mahila Bank Business Loan. > Annapurna Scheme. > Stree Shakti Yojana. > Pradhan Mantri Rozgra Yoga.

❖ Non - Financial Support. > Policies. > Regulations. > Legal Structures. > Financial Counselling and Training. > Handling legal barriers Establishing Commercial Linkages. > Lower rate of interest. > Collateral free loans. > Simplified processing system. > Flexible repayment system ❖ Opportunities Created by The Associations. > Self Help Groups. > Federation of Indian Women Entrepreneurs. > Women's indian Trust.

❖ Opportunities Created by The Government. > Stand-Up India Scheme for Women. > Trade. > Prime Minister's Rozgar Yojana. > Development of Women and Children in rural India. > Mudra Yojana Scheme for Women. > Udyogini Scheme.

❖ Opportunities Created through Training Programme. > Support for Training and Employment Programme of Women. > Small industry Service Institutes. > State Financial Corporations. > National Small Industries Corporations. > District Industrial Centres.

All the above schemes and government initiatives are available to the women entrepreneurs. Ms Athmika urged the students to make use of these opportunities.

She explained to the audience about the characteristics of a women entrepreneurs' company. She said that if the 51% of the shares of the company are in the hands of a women or 51% of women are working in a company then that company is called as women entrepreneurs' company. It seemed to have more energy and interest in this session and also highlighted that opportunities available to women in different sector as well as incentives like loan are provided to women to start up her new business with less interest rate range: 8.40%p. a-8.65% and without any collateral. Also discussed some of the challenges which are faced by the women which obstructs women to become entrepreneur like lack of education family responsibilities, limited mobility and safety concerns etc. Also showed videos related to the successful entrepreneurs and also shared her personal experiences and lot of interact were made with the students. At last Nithya.R.S from 1year MBA gave the feedback about the session.

Outcome:

- In this session, we got to know the more above the opportunities available to women in various sector.
- We got to know some of the association which helps the women entrepreneur.

- By seeing our speaker women are not only capable to handling small sector but also capable of handling the large sectors

Around 250 Students participated in the session and gained knowledge about opportunities available for the woman and associations which helps women entrepreneurs.






PRINCIPAL
Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.

Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

ANNEXURE



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New
Delhi. Recognized by Government of Karnataka.
A+, Accredited by NACC & NBA (ECE & CSE)
Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail

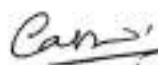
Ref. No. AIET/WC/22-23/03

Date: 24 February 2023

CIRCULAR

The Women Empowerment Cell in association with Institute's Innovation Council, AIET is organising a Women's Empowerment session by Ms Athmika Amin, Director of Manufacturing at Brahmas Engineering and Construction Company Limited, ^{on February 28th. 2023.} Mangalore from 3.00 PM onwards in the College Auditorium on the topic "Challenges & opportunities of women entrepreneurs".

The participants for this workshop will be all students of MBA and women students of I and II year engineering. HOD's are requested to send all the women students of I and II year BE and all MBA students to attend the same.


Dr Catherine N
WEC Coordinator


Dr Peter Fernandes
Principal
PRINCIPAL
Alva's Institute of Engg. & Technology,
MIJAR, MOODBIDRI - 574 225, D.K


Copies to HODs of CSE/ECE/ISE/AIML/CV/ME/PHY/CHE/MBA

Bio Data

M. Athmika Amin

Executive Director

Mangaluru, Karnataka, India

Thorough knowledge of Finance, Accounting, Marketing, Public Relations.

- Completed Bachelor of Business Management with highest grades in the university and awarded General Proficiency certificate.

- Yenepoya Moideen Kundi Memorial Educational and Charitable Trust qualified me for the award "Yenepoya Academic Excellence Award for the year 2010-2011".

- Received "Best Out- Going Student Award" at St Agnes College Mangalore India- 2010.

- Awarded "The Most Deserving Student Award" at St Agnes College Mangalore India – 2010.

- Honored at St Agnes College Mangalore India on International Women's Day on March 8, 2010 for my services to the college and my achievements in the field of Sports and Academics.

- Represented Mangalore University India for the Inter-State Basket –Ball match held in Kerala India-2009.

- Represented St Agnes College Mangalore India in various corporate and cultural fests and won awards in Finance, Marketing, Treasure Hunt, Dance and Sports.

- Active member of Management Forum and Career Guidance Forum.

Specialties: • Demonstrates excellent communication and leadership skills.

- Disciplined and organized individual.

- Excellent ability to work within a team.

- Problem solving ability.

- Capable of making good presentations.

- Build and maintain professional and personal relationships.

- High interpersonal skills, self-motivated individual.

- Knowledge of and ability to work on Microsoft office (word, excel, access and project).

- Trained in manual accounting and accounting software (Tally).



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

Date: 23-02-2023

Ms. Athmika Amin
Director of Manufacturing at Brahmas
Engineering & Construction Company Limited
Mangalore

Subject: Invitation to be resource person on 28th February 2023

Dear Ms. Athmika Amin,

Greeting from Women Empowerment Cell, Alva's Institute of Engineering and Technology. As part of our continuous efforts to empower our young women on the campus, the Women Empowerment Cell organises various activities to provide interaction with experts ensuring maximum exposure to our students. As part of this endeavour, we are organising a Talk on the topic "Challenges & Opportunities of women entrepreneurs" on 28th February 2023 from 03.00pm onwards. I request you to be the Resource person for the same and share your expertise. The tips that you will share with the young women students will enable them to prepare for a future which will involve multitasking and achieving work life balance. I request you to kindly communicate your acceptance for the same.

Sincere regards,

Dr Catherine Nirmala
WEC Coordinator



ALVA'S
Government Engineering

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08238-262725; Mob: 722262724, 7026262725, mail: principal@alvt08@gmail.com

PG DEPARTMENT OF BUSINESS ADMINISTRATION

Name Of The Resource Person	MS.ATHMIKA AMIN	
Contact Details	Phone	Email Id
	9900074641	
Session Handled (Branch)	MBA - WOMEN EMPOWERMENT CELL	
Date	28.02.2023	
No. Of Hours/Days	2 Hours	
Bank Details	A/c No	50100205818425
	IFSC Code	HDFC0001269
	Bank Address	HDFC Bank Ltd, Kaduri Branch
	PAN No.	CUHP58278M
Amount (Rs)	2,500/-	
Invoice Attached(Please Tick)	-	

WEC Coordinator

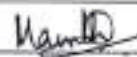

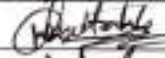
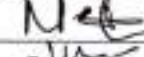


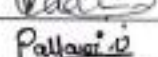

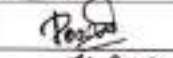
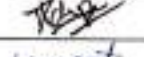


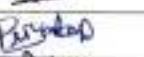
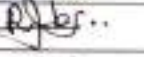
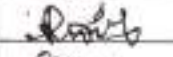

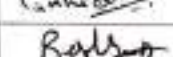
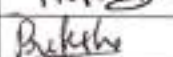




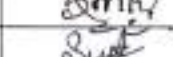






PG Dept. of
Business Administration

Principal
PG Dept. of Engg. & Technology
Shobhavana Campus, AICTE, MIJAR
Moodbidri - 574 225

Principal
AICTE, MIJAR
Alva's Institute of Engg. & Technology
MIJAR, MOODBIDRI - 574 225, D.K.

CHALLENGES AND OPPORTNITIES FOR WOMEN ENTREPRENEURS

Date: 28TH February 2023

SL.NO	USN	NAME	signature
1.	4AL21CS069	MANVITHA	
2.	4AL21CS070	MEGHANA V	
3.	4AL21CS077	MOOLYA CHAITRA SATISH	
4.	4AL21CS085	NEHA R SHETTY	
5.	4AL21CS086	NEHA RAVI BARKI	
6.	4AL21CS087	NIKISHA	
7.	4AL21CS089	P K VARNINI	
8.	4AL21CS090	PALLAVI U	
9.	4AL21CS093	POOJARY PRATHHIKSHA D	
10.	4AL21CS094	POORVI K SHETTER	
11.	4AL21CS095	PRABHU DHANYALAXMI DEV DAS	
12.	4AL21CS096	PRAGATHI SM	
13.	4AL21CS099	PRATHIKSHA J	
14.	4AL21CS100	PRATIKSHA SEETARAM HEGDE	
15.	4AL21CS105	PRIYANKA D	
16.	4AL21CS108	RADHIKA	
17.	4AL21CS109	RADHIKA B N	
18.	4AL21CS128	SANNIDHI	
19.	4AL21CS129	SANNIDHI SHETTY	
20.	4AL21CS115	RESHNA NANDIPI	
21.	4AL21CS103	PREKSHA P POOJARY	
22.	4AL21CS138	SHETTY SAKSHI SUKHANANDA	
23.	4AL21CS144	SHREYA	
24.	4AL21CS145	SHREYA ANIL PATIL	
25.	4AL21CS188	YAMUNA R	
26.	4AL21CS176	VIJAYALAXMI M KUNNUR	
27.	4AL21CS150	SMITA RAVI NAIK	
28.	4AL21CS151	SONALI GURURAJ NAGASHETTI	
29.	4AL21CS171	VEDA ISHWAR CHAVAN	

Alva's Institute of Engineering & Technology

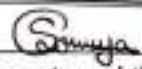
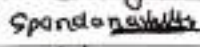

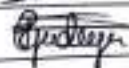
Shobhavana Campus, Mijar, Moodbidri, D.K - 574225

DEPARTMENT OF COMPUTER SCIENCE & ENGINEERING

(Accredited by NBA, New Delhi 2019-2025)



ALVA'S
Education Foundation

30.	4AL21CS153	SOURMYA	
31.	4AL21CS154	SPANDANA SHETTY	
32.	4AL21CS166	SUSHMA	
33.	4AL21CS167	TEJASWINI VENKATESH GUDIGAR	



V. O. D.
Dept. Of Computer Science & Engineering
Alva's Institute of Engineering & Technology
Mijar, MOODBIDRI - 574 225



PRINCIPAL

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,
New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

WOMEN EMPOWERMENT CELL 2022-23

REPORT ON WOMEN'S DAY CELEBRATION



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalajet08@gmail.com

INDEX

Sl No.	Particulars	Page No.
1	Report on Women Empowerment Cell	1-4
	Annexure	



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

REPORT ON INTERNATIONAL WOMEN'S DAY CELEBRATION - MOTIVATIONAL TALK BY EMPOWERED WOMAN - MS SADHANA MALLYA

On the auspices of International Women's Day on 8 March 2023, the Women's Empowerment Cell, AIET organised a Women's Empowerment Session by Ms. Sadhana Mallya from 2.30 PM onwards in the College Auditorium. This was followed by a Mime Show Contest on the theme "Women's Issues". This Contest was open to all students of AIET both boys and girls. Women students of I and II year BE and all MBA students participated in the Mime show competition.

Objectives of the Program:

1. To celebrate womanhood and create in the women students a sense of pride of being a woman.
2. To motivate the students and empower them through the inspirational talk by an empowered woman.
3. To bring out the various issues pertaining to women by the creative display of talents through Mime show.

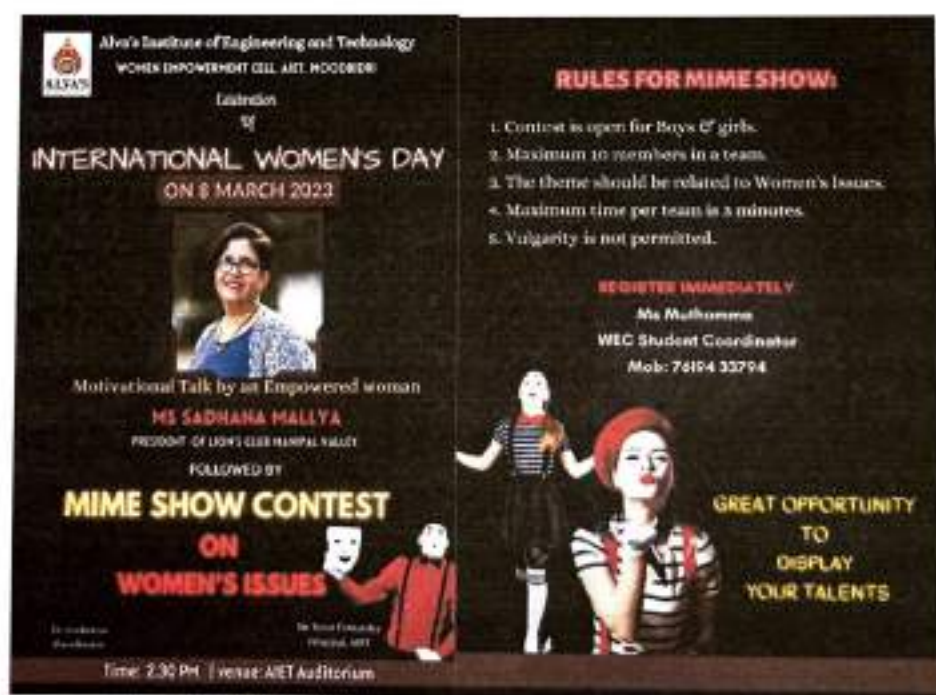
The Women Empowerment Cell of AIET celebrated International Women's Day in a meaningful way through a vibrant program consisting of motivational talk by an empowered woman Ms Sadhana Mallya. Through her life experiences she shared various tips on how to be an empowered woman. Speaking to the women students on the importance of being economically independent after marriage, she reiterated that 80% of domestic issues and problems would resolve themselves if a woman is a co bread winner in the family. An eloquent speaker, Ms Sadhana Mallya was able to connect to the audience in a heart-warming way and effectively communicated the tips to be an empowered woman. Speaking on the occasion, Dr Peter Fernandes, Principal, AIET spoke about the irreplaceable role of a woman in the family and society and lauded the efforts of the WEC in organising such an event.

The motivation talk was followed by a Mime show contest on Women's Issues. The judges for the event were the Resource Person Ms Sadhana Mallya, a renowned Mime artist and Prof Vasudev Shahapur the head of Cultural club, AIET. Thirteen teams participated in the Mime

show and with beautifully articulated gestures and coordination brought out the essence of being a woman and the various issues and challenges faced by women in the various stages of their life right from childhood. The teams were judged on the basis of facial expressions, theme and costumes and three teams emerged as winners. The audience for the session were the women students of I and II year engineering and all the MBA students. Around 400 students attended the event.


Outcome of the session:

1. Women students were provided an opportunity to learn from the rich life experiences of an empowered woman who shared her challenges and how she emerged as a winner.
2. Students got an opportunity to display their creativity and acting skills and used it to the maximum and came up with brilliant performances of mime show depicting various relevant challenges faced by women.



Alva's Institute of Engineering and Technology
WOMEN EMPOWERMENT CELL, AIET, MOODBIDRI

Celebration
of
INTERNATIONAL WOMEN'S DAY
ON 8 MARCH 2023


Motivational Talk by an Empowered woman
MS SADHANA MALLIA
PRESIDENT OF UOI'S CLUB MANIPAL VALLEY
FOLLOWED BY
MIME SHOW CONTEST
ON
WOMEN'S ISSUES

RULES FOR MIME SHOW:

1. Contest is open for Boys & girls.
2. Maximum 10 members in a team.
3. The theme should be related to Women's Issues.
4. Maximum time per team is 5 minutes.
5. Vulgarity is not permitted.

REGISTER IMMEDIATELY
Ms. Mathurama
WEC Student Coordinator
Mob: 76154 33794

**GREAT OPPORTUNITY
TO
DISPLAY
YOUR TALENTS**

Time: 2:30 PM | Venue: AIET Auditorium

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com



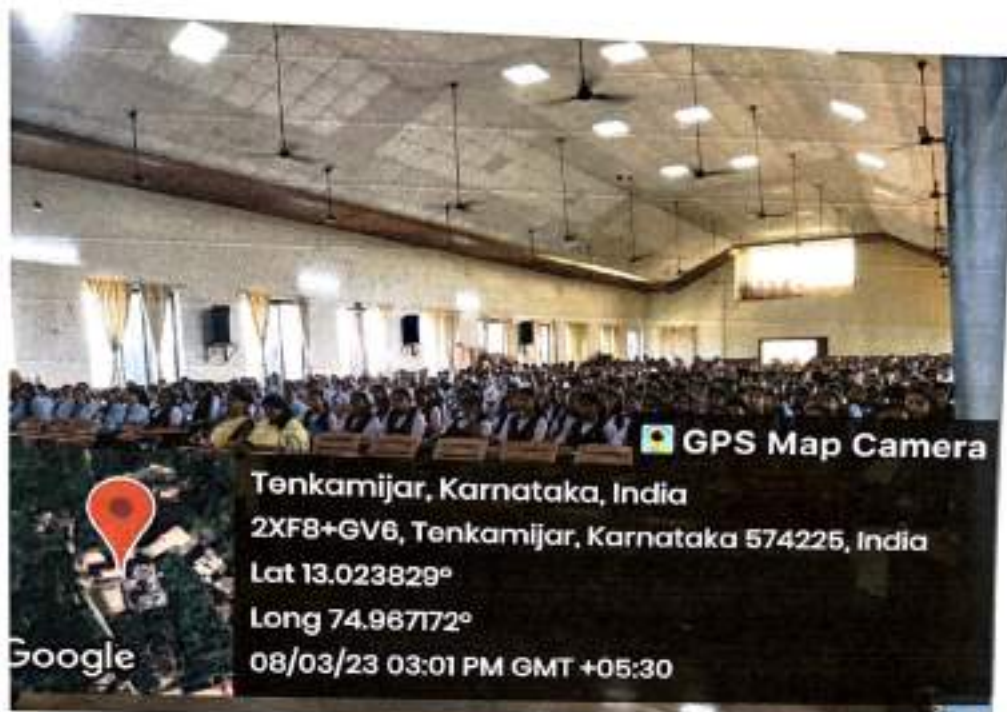


ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New
Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com



GPS Map Camera

Tenkamijar, Karnataka, India

2XF8+GV6, Tenkamijar, Karnataka 574225, India

Lat 13.023829°

Long 74.967172°

08/03/23 03:01 PM GMT +05:30



GPS Map Camera

Tenkamijar, Karnataka, India

2XF8+GV6, Tenkamijar, Karnataka 574225, India

Lat 13.023848°

Long 74.967285°

08/03/23 03:24 PM GMT +05:30


PRINCIPAL

Alva's Institute of Engg. & Technology,
Moodbidri - 574 225, D.K.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalajet08@gmail.com

ANNEXURE



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New
Delhi. Recognized by Government of Karnataka.
A+, Accredited by NACC & NBA (ECE & CSE)
Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principal@alvaet08@gmail

Ref. No. AIET/WC/22-23/02

Date: 22 February 2023

To

The Principal

Alva's Institute of Engineering and Technology

Mijar - 574225

Respected Sir

Subject: WEC Activities

This is to inform you that Women Empowerment Cell, AIET is organising the following two events in February 2023.

Date	Event	Budget	Details of expenditure
23.02.2023	Poster Competition on "Atrocities against women" for AIET students	Rs. 1,000	Trophies - Rs. 500 Judges' Honorarium - Rs. 500
28.02.2023	Motivational talk on "Challenges & Opportunities for Women Entrepreneurs" (In association with IIC)	Rs. 3,000	Banner - Rs. 500 Speaker's Honorarium - Rs. 2,500

I request you to grant permission for the same and sanction the budget for the same.

Thanking you.

Yours sincerely


Coordinator


Principal

PRINCIPAL

Alva's Institute of Engg. & Technology,
MIJAR, MOODBIDRI - 574 225, D.K.



AALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail

Ref. No. AIET/WC/22-23/04

Date: 06 March 2023

CIRCULAR

On the auspices of International Women's Day on 8 March 2023, the Women's Empowerment Cell, AIET has decided to organise a Women's Empowerment Session by Ms. Sadhana Mallya from 2.30 PM onwards in the College Auditorium. This will be followed by a Mime Show Contest on the theme "Women's Issues". This Contest is open to all students of AIET both boys and girls.

HOD's are requested to inform and encourage all students of I and II year BE and all MBA students to participate in the Mime show competition and all the women students to attend the program.

Dr Catherine N
WEC Coordinator

Dr Peter Fernandes
Principal

AALVA'S Institute of Engg. & Technology,
MIJAR, MOODBIDRI - 574 225, D.K.

Copies to HODs of CSE/ECE/ISE/AIML/CV/ME/PHY/CHE/MBA



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka
(Unit of Alva's Education Foundation (R), Moodbidri)
A+, Accredited by NAAC & NBA (EC & CSE)
Sholihavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 72262724, 7026262725, mail: principalset08@gmail.com

PG DEPARTMENT OF BUSINESS ADMINISTRATION

Name Of The Resource Person	BHODMIKA . R. PHUT A	
Contact Details	Phone	Email Id
	9971411288	
Session Handled (Branch)	JUDGMENT FOR POSTER COMPETITION.	
Date	08.03.2023	
No. Of Hours/Days	01	
Bank Details	A/c No	063005300000683
	IFSC Code	SIBL00000630
	Bank Address	South Indian Bank, Udupi
	PAN No.	CAEPP3236R
Amount (Rs)	2500	
Invoice Attached(Please Tick)		

Can
WEC Coordinator

PG Dept. of
Business Administration

Principal
Alva's Institute of Engg. & Technology
Mijar, Moodbidri - 574 225

Principal
Alva's Institute of Engg. & Technology
Mijar, Moodbidri - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

Date: 06-03-2023

Mrs. Sadhana Mallya

Social Entrepreneur, Social Activist

Clairvoyant, Special Educator

Subject: Invitation to be resource person on 8th March 2023

Dear Mrs. Sadhana Mallya,

Greeting from Women Empowerment Cell, Alva's Institute of Engineering and Technology. As part of our continuous efforts to empower our young women on the campus, the Women Empowerment Cell organises various activities to provide interaction with experts ensuring maximum exposure to our students. As part of this endeavour, we are celebrating "Women's Day" on 8th March 2023 from 02.30 onwards. I request you to be the Resource person for the same and share your expertise. The tips that you will share with the young women students will enable them to prepare for a future which will involve multitasking and achieving work life balance. I request you to kindly communicate your acceptance for the same.

Sincere regards,

Dr Catherine Nirmala

WEC Coordinator

A handwritten signature in cursive script, appearing to read "Catherine", is written over the printed name.

Sadhana Mallya

Social Entrepreneur | Social Activist | Clairvoyant | Special Educator



Education Qualification:

- Schooling from Sacred Heart High School, Hubli.
- Graduated from SVS College, Bantwal - B.com
- Foundation Course in Special Education - St Agnes College, Mangalore.
- MBA - 10,000K woman entrepreneurship training (organised by Goldman Sachs @ AIIMS, Bangalore 2011.)

Positions Held:

- Founder and Managing Trustee, Aditi Pratishtan. (Empowering citizens with special needs)
- Founder member and past president of power 2011-2013
- Taluk Panchayat Member 2000-2005
- President of Manipal Mahila Samaj 2004 and 2010
- Secretary, Udupi Parents Association for mentally challenged citizens.
- Social Enterprise, Samrudh Vocational Training Centre.
- Charter President of Lions Club of Manipal Valley
- Cabinet Member of District 317c which consists of revenue districts Udupi, Shimoga, Chitradurga and Davangere.
- Currently serving as The President of Lions Club Manipal Valley

Hobbies:

- Hobbies: Motivational speaking, reading, gardening, dancing, interacting with people to solve social issues etc

AWARDS:

- Woman Achiever State Award for Social Entrepreneurship by FKCCI, Bangalore in the year 2012.
- Hinduval Devamma H Honnayya State Award for Social Work in Mandya in the year 2013.
- Social Entrepreneurship Award from Udupi Chamber of Commerce in the year 2012

Aim:

Training the specially challenged citizens and finding fruitful placement for them to compete with other people in the mainstream. Also support, educate and empower the parents of specially challenged citizens.

Thank You

ALVA'S A2:D60 INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New

Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC & NBA (ECE & CSE)



Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail

PG DEPARTMENT OF BUSINESS ADMINISTRATION

Date: 08-03-2023

Venue: MBA BLOCK AUDITORIUM

WOMEN'S DAY**I YEAR MBA SECTION 'A'**

Sl.No	Student's Name	Signature
1	Abin K P	Abin K P
2	Akshatha B Mali	Akshatha B. Mali
3	Akshitha.m	Akshitha.m
4	Alisha Maria	Alisha Maria
5	Apoorva	Apoorva
6	Ashwitha Shetty	Ashwitha Shetty
7	Ayesha Ibrahim	Ayesha Ibrahim
8	Bhoomika	Bhoomika
9	Bhoomika DR	Bhoomika DR
10	Chaitra	Chaitra
11	Chirag	Chirag
12	Deekshitha .N	Deekshitha .N
13	Deekshitha Rani K	Deekshitha Rani K
14	Dhanush. K	Dhanush. K
15	Dhruvakumar Av	Dhruvakumar Av
16	Greeshma	Greeshma
17	Hrushitha	Hrushitha
18	Jenisha Lasrado	Jenisha Lasrado
19	Keerthan	Keerthan
20	Krithik K M	Krithik K M
21	Megha	Megha
22	Nanda DS	Nanda DS
23	Nithin J. Poojary	Nithin J. Poojary
24	Nithya	Nithya
25	Nithya R S	Nithya R S
26	Prajeetha Shetty	Prajeetha Shetty
27	Pramod	Pramod
28	Pranava Swaroopa	Pranava Swaroopa
29	Praneetha. J. H	Praneetha. J. H
30	Prashantha G	Prashantha G

31	Prathiksha	Prathiksha
32	Prathiksha Shetty	Prathiksha
33	Rachana Shenoy	Rachana
34	Rajendra Prasad K B	Rajendra
35	Rakshith Jain	Rakshith
36	Rashmitha	Rashmitha
37	Rithesh B	Rithesh B
38	Sahana	Sahana
39	Sahithya	Sahithya
40	Sandeep Raviprasad Acharya	Sandeep
41	Satyajeeth H Rao	Satyajeeth
42	Shraddha S Shetty	Shraddha
43	Shramya	Shramya
44	Shravan Acharya	Shravan
45	Shreshta Jain	Shreshta
46	Shreya	Shreya
47	Shreya Kava	Shreya
48	Shreyas H Devadiga	Shreyas
49	Shrutha D Shetty	Shrutha
50	Sindhu Shiva Kharvi	Sindhu
51	Sowndarya	Sowndarya
52	Srikanth N	Srikanth
53	Supritha	Supritha
54	Suvith Shetty	Suvith
55	Suzana Shaikh	Suzana
56	Tekoji Sillikyatar	Tekoji
57	Vikas D K	Vikas
58	Vineeth V Devadiga	Vineeth
59	Vinutha	Vinutha
60	Yogish	Yogish

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail



PG DEPARTMENT OF BUSINESS ADMINISTRATION

Date:08-03-2023

Venue: MBA BLOCK AUDITORIUM

WOMEN'S DAY I YEAR MBA SECTION 'B'

Sl.No	Student's Name	Signature
1	Abhiraj K V	
2	Adarsh	
3	Akshari Shetty	
4	Amisha Devadiga	
5	Chethan	
6	Ciona Vilceeta Pereira	
7	Deepthi	
8	Deepthi Kumari	
9	Dhanush	
10	Divyashree	
11	Fiza S Shaikh	
12	Harshitha	
13	Helan K. J	
14	Hithesh	
15	K Abhay Pai	
16	Kavya	
17	Kishan Kumar	
18	Kruti K S	
19	Maithri R Shetty	
20	Meghana G.U	
21	Monica M	
22	Muniraju S	
23	Navanceth Gore	
24	Naveen	
25	Nireeksha	
26	Pooja	
27	Pooja C	
28	Pooja k s	
29	Prahlad V Acharya	
30	Prajna	

31	Prajwal	Shetty.
32	Prerna Hegde	Prerna
33	Priyanka R	Priyanka
34	Pruthvika B G	Pruthvika
35	Pruthviraj	Pruthviraj
36	Rakshith	
37	Rakshith Shetty	Rakshith Shetty
38	Rakshitha	Rakshitha
39	Ramesh	Ramesh
40	Ramyashree	Ramyashree
41	Samyak Jain	Samyak
42	Sanketh S	Sanketh
43	Sapan	Sapan
44	Shama	Shama
45	Sharanya Shetty	Sharanya
46	Shashikumar Ramanna Bangi	Shashikumar
47	Shodhan Jain	Shodhan
48	Shraddha Shetty	Shraddha
49	Shraddha.m	Shraddha
50	Shreni Cs	Shreni
51	Shreya Jain	Shreya
52	Shushank Jain	Shushank
53	Soujanya	Soujanya
54	Srushti	Srushti
55	Sudeeksha S Shetty	Sudeeksha
56	Suman.b	Suman
57	Sumanth.m	Sumanth
58	Swathi	Swathi
59	Thrupthi	Thrupthi
60	Yashwith B Shetty	Yashwith

ALVA'S INSTITUTE OF ENGINE+A2:E38ERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.

Recognized by Government of Karnataka.



A+, Accredited by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail

PG DEPARTMENT OF BUSINESS ADMINISTRATION


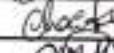


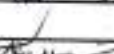

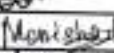
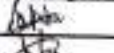


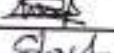
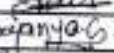




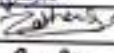


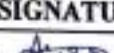


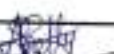

Date:08-03-2023

Venue: MBA BLOCK AUDITORIUM






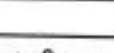
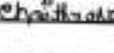
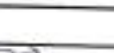







WOMEN'S DAY**II YEAR MBA****CORE FINANCE (CF)**


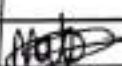
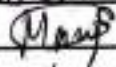

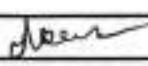
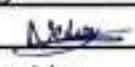

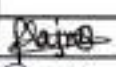
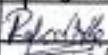
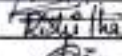
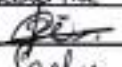
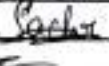



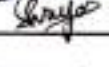
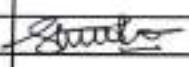

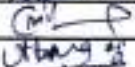





SL. No	USN	STUDENT NAME	SIGNATURE
1	4AL21BA002	AJAY BHANDARY	
2	4AL21BA004	AKSHAYA	
3	4AL21BA012	ASHWINI	
4	4AL21BA017	CHAITHRA S	
5	4AL21BA020	CHANDRIKA	
6	4AL21BA022	CHAYA	
7	4AL21BA023	CHETHAN	
8	4AL21BA025	DARSHAN V	
9	4AL21BA027	DHANYA KUMARI	
10	4AL21BA042	MAHAMMAD SINAN	
11	4AL21BA050	NAMITHA	
12	4AL21BA053	NIHARIKA D SHETTY	
13	4AL21BA058	PRAJWAL N GOWDA	
14	4AL21BA059	PRATHEEK K POOJARY	
15	4AL21BA060	PRITI V SHETTY	
16	4AL21BA061	PRIYANKA SHETTY	
17	4AL21BA065	S V RAHUL	
18	4AL21BA071	PRATHIKSHA SHETTY	
19	4AL21BA075	SHRAVYA JAIN	
20	4AL21BA084	SHWETHA SHETTY	
21	4AL21BA088	SOWMYA P RAO	
22	4AL21BA089	SOWMYA R	
23	4AL21BA091	STEPHY SALDANHA	
24	4AL21BA095	SURAKSHA	
25	4AL21BA097	SWATHI	
26	4AL21BA106	VIGNESH RAO	
27	4AL21BA114	DEEKSHITH SHETTY	
28	4AL21BA118	SUMANTH	

FINANCE HUMAN RESOURCE (FHR)



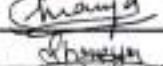
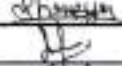
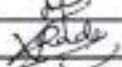

SL. NO	USN	STUDENT NAME	SIGNATURE
1	4AL21BA006	ARCHANA K	
2	4AL21BA015	CHAITHRA	
3	4AL21BA018	CHAITHRA U	
4	4AL21BA113	CHAYA SHETTY	
5	4AL21BA029	DIVYA RAJENDRA NAIK	
6	4AL21BA035	JOVEL RAKSHITH SEQUEIRA	
7	4AL21BA037	JYOTHI MEGHASHREE K	
8	4AL21BA041	LOLITA RESHMA LOBO	
9	4AL21BA046	MONISHA P	
10	4AL21BA068	SAKSHI	
11	4AL21BA074	SHRAVYA	
12	4AL21BA077	SHREYA PAI	
13	4AL21BA078	SHREYA S	
14	4AL21BA080	SHRUTHA	
15	4AL21BA081	SHRUTHI	
16	4AL21BA086	SOIJANYA G	
17	4AL21BA087	SOWMYA.K.R	
18	4AL21BA094	SURAKSHA	
19	4AL21BA098	SWATI NAIK	
20	4AL21BA099	SWETHA B	
21	4AL21BA102	VANDANA SHENOY N	
22	4AL21BA108	VINDHYA	
23	4AL21BA111	ZAHIRA BANU	
24	4AL21BA030	EENA ADELINE PINTO	

FINANCE MARKETING (FM)

SL. NO	USN	STUDENT NAME	SIGNATURE
1	4AL21BA001	AISIRI	
2	4AL21BA003	AKRITI SHETTY	
3	4AL21BA007	ARSHAD M P	
4	4AL21BA008	ARUN	
5	4AL21BA010	ASHRITHA SHETTY	
6	4AL21BA011	ASHWAL ASHOK KONA	
7	4AL21BA013	ATHMIKA K M	
8	4AL21BA014	BHAGYASHREE MUDIGOUDAR	
9	4AL21BA016	CHAITHRA NAYAK	
10	4AL21BA019	CHANDRAKANTH NAIK	
11	4AL21BA024	D JESSIE JANET	
12	4AL21BA028	DIVYA	
13	4AL21BA031	GAGANA V	
14	4AL21BA032	GURUCHARAN L SHETTY	
15	4AL21BA033	HARSHAKUMAR H S	
16	4AL21BA034	HARSHITH D	
17	4AL21BA038	KARTHIK N	

18	4AL21BA039	KIRAN KUMAR	
19	4AL21BA040	LOHITH G.P	
20	4AL21BA043	MAHANTESH PATIL	
21	4AL21BA044	MANJUNATHA R G	
22	4AL21BA045	MOHAMMED ISHAK	
23	4AL21BA047	MURALI K M	
24	4AL21BA048	MUTHAMMA M U	
25	4AL21BA049	NAGBUSHAN C	
26	4AL21BA051	NEELESH	
27	4AL21BA052	NEHA M R	
28	4AL21BA054	NISHA	
29	4AL21BA055	PALLAVI	
30	4AL21BA056	POOJA BS	
31	4AL21BA057	PRAJNA	
32	4AL21BA062	RAKSHITHA	
33	4AL21BA063	RISHITHA	
34	4AL21BA064	ROSHAN	
35	4AL21BA066	SACHIN	
36	4AL21BA067	SACHIN M J	
37	4AL21BA069	SHARANABASAVA	
38	4AL21BA070	SHASHANK A S	
39	4AL21BA072	SHIVU M	
40	4AL21BA079	SHREYAS	
41	4AL21BA082	SHRUTHI S	
42	4AL21BA083	SHWETHA	
43	4AL21BA085	SINCHANA Y S	
44	4AL21BA092	SUBBURAJ N	
45	4AL21BA096	SWAMI G S	
46	4AL21BA100	TEJENDRA PRATAP V CHAWAN	
47	4AL21BA101	UTTAMA	
48	4AL21BA104	VARSHINI B S	
49	4AL21BA105	VIDHYA NAIR	
50	4AL21BA109	YOGESH GOWDA P	
51	4AL21BA112	BHARATH GOWDA SL	

HR MARKETING (HM)

SL. NO	USN	STUDENT NAME	SIGNATURE
1	4AL21BA005	ANEES V I	
2	4AL21BA009	ASHISH	
3	4AL21BA021	CHANDRIKA N	
4	4AL21BA026	DARSHANNAIK	
5	4AL21BA036	JYOTHI	
6	4AL21BA073	SHRAVYA	
7	4AL21BA076	SHREYA	
8	4AL21BA093	SUHAN LEONARD	
9	4AL21BA103	VARADA	
10	4AL21BA107	VINAY VASANT PATIL	

11	4AL21BA110	YUVRAJ B N	
12	4AL21BA115	JASMINE RITA DANTIS	
13	4AL21BA116	SNEHA K	<i>Sneha</i>
14	4AL21BA117	SUBIN VARGHESE OOMMEN	<i>Subin</i>

X



PRINCIPAL

Alva's Institute of Engg. & Technology,
Nizar, MOODUDRI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by

AICTE, New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NACC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725;

Mob:722262724,7026262725,mail:principalale08@gmail.com

DEPARTMENT OF ELECTRONICS AND COMMUNICATION ENGINEERING
Academic Year 2022-2023

Date: 08/03/2023 ; 2:30pm - 5:00pm

Session: Women Empowerment Talk & Meme Show Contest.

Resource Person: Mrs. Sadana Mallha

#	USN	Student Name	Student Sign
1	4AL21EC001	A. S. Pavithra	
2	4AL21EC007	Anchita	
3	4AL21EC009	B. Vennela	
4	4AL21EC015	Bhavana B	
5	4AL21EC022	Chithra L	
6	4AL21EC025	Deeksha S	
7	4AL21EC027	Diya	
8	4AL21EC030	Harshitha B.S	
9	4AL21EC032	Hemashri H N	
10	4AL21EC033	Huriya Sanadi	
11	4AL21EC034	Inchara S Shetty	
12	4AL21EC043	Lakshmi Keerthana B	
13	4AL21EC049	Manupriya Y	
14	4AL21EC050	Meghana L	
15	4AL21EC068	Ramya .R	
16	4AL21EC104	Vaishnavi S	
17	4AL21EC056	Nivedita T Patil	
18	4AL21EC059	Pooja Venkatesh Naik	
19	4AL21EC063	Prakruthi K P	
20	4AL21EC066	Raksha	
21	4AL21EC070	Sahana	
22	4AL21EC073	Sanjana Shrikant Havanoor	
23	4AL21EC075	Shalini .B.Heggere	
24	4AL21EC080	Shravya Shetty	
25	4AL21EC081	Shreya Chandrasa Shetty	
26	4AL21EC082	Shreya K R	



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by
AICTE, New Delhi. Recognized by Government of Karnataka.
A+, Accredited by NACC & NBA (ECE & CSE)
Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725;
Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

DEPARTMENT OF ELECTRONICS AND COMMUNICATION ENGINEERING
Academic Year 2022-2023

27	4AL21EC084	Shruthi	Shruthi
28	4AL21EC086	Sinchana C K	Sinchana
29	4AL21EC087	Sinchana R	Sinchana
30	4AL21EC088	Sinchana RD	Sinchana
31	4AL21EC089	Sinchana S.D	Sinchana
32	4AL21EC090	Sindhu KS	Sindhu
33	4AL21EC091	Sindhu S Patil	Sindhu
34	4AL21EC092	Sonali	Sonali
35	4AL21EC093	Srishti S Shetty	Srishti
36	4AL21EC094	Suma K G	Suma
37	4AL21EC096	Sushrutha N	Sushrutha
38	4AL21EC097	Tanishka	Tanishka
39	4AL21EC101	Thrisha P Hegde	Thrisha
40	4AL21EC102	Usha Rani.N	Usha
41	4AL21EC105	Vaishnavi Vithal Naik	Vaishnavi
42	4AL21EC106	Varshini Shetty	Varshini
43	4AL21EC109	Veena Basavaraj Rachappanavar	Veena
44	4AL21EC113	Yashaswini T R	Yashaswini
45	DIP	Chetana A B	Chetana
46	DIP	Lakshmi P	Lakshmi
47	DIP	Pallavi	Pallavi
48	DIP	Suhani	Suhani
Staff Initial			

Faculty Coordinator

D.V. S. S.
H.O.D.
Dept. Of Electronics & Communication
Alva's Institute of Engg. & Technology
Mijar, MOODBIDRI - 574 225



ALVA'S
Education Foundation

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,
New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaict08@gmail.com

WOMEN EMPOWERMENT CELL 2022-23

REPORT ON WOMEN EMPOWERMENT SESSION



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.

Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

INDEX

Sl No.	Particulars	Page No.
1	Report on Women Empowerment Cell	1-4
	Annexure	



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

REPORT ON TALK ON WORK LIFE BALANCE

The Women's Empowerment Cell, AIET organised a Women Empowerment session – Talk on Unlocking the secrets to work life harmony for women – A Psychologist's perspective" for AIET students on 31 May 2023 at 3.00 PM.

Objectives of the Program:

1. To create awareness among the women students about the need and importance of maintaining work life balance.
2. To bring out the various issues pertaining to factors that create stress and empower the students with techniques to overcome stress and maintain harmony.

The Women Empowerment Cell of AIET organised a Talk on the theme "Unlocking the secrets to work life harmony for women – A Psychologist's perspective" on 31 May 2023 from 3.00 PM onwards in the AIET Auditorium in the MBA Block. The resource person for the session was Prof. Elsie Tharien, Former Head, Department of Psychology, St. Agnes College, Mangalore.

In the session, Prof. Elsie, a dedicated mother of four well settled children shared her expert knowledge as a psychologist and working woman highlighted the following main points. Work Life Balance is typically defined as the amount of time you spend doing your job vs. the amount of time you spend with loved ones. An ever increasing popular concept that has emerged is 'Work Life Integration' - a synergistic blending of our personal and professional lives.

Reasons why Work Life Balance is important:

- * Less stress
- *Better physical health
- * Better mental health
- * Contributes to creativity
- *Improves relationships

Negative effects of an imbalanced life:

- *Exhaustion
- *Lack of communication
- *Victim of restlessness
- * Weight fluctuations
- * Reliance on medication

Stress symptoms: Effects on Body and Behaviour:

Acute stress or short term stress helps in the 'fight or flight' response.

Chronic stress over prolonged periods of time gives rise to stress related illnesses such as heart attack, diabetes, hypertension, stroke etc.

Stress has an indirect effect on the immune system thereby making the person more susceptible to infections.

Conclusion: Work Life Balance teaches us that all have a right to be ambitious in pursuing our career goals but not at the cost of losing important emotional and personal ties with people.

Outcome of the session:

1. Women students were provided an opportunity to get first hand knowledge about the various factors that caused stress and what they had to do to avoid them.
2. Students were exhorted to prepare themselves for a corporate career in advance by applying various techniques to handle stress and practice certain lifestyle habits to overcome challenging situations in the future.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com





PRINCIPAL

**Alva's Institute of Engg. & Technology,
Mijar. MOODBIDRI - 574 225, D.K**



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.

Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalajet08@gmail.com

ANNEXURE



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New
Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

BIO DATA OF PROF ELSIE THARIEN

Elsie Tharien (George)
Former Head
Department of Psychology
St. Agnes College
Mangalore

- *Graduated from Mysore University in 1978 with Clinical Psychology as Specialisation.
- * Awarded 2 gold medals at the Undergraduate level for securing the highest marks in Psychology and 10th Rank from the University of Mysore.
- *Joined St. Agnes College Mangalore in 1979 as Lecturer in the Department of Psychology.
- * Served the Institution in different capacities:
 - Dean of Arts
 - Student Welfare Officer
 - Convenor of the Sexual Harassment cum Grievance Redressal Cell
 - Convenor, Student Welfare Committee
 - Secretary, PTA
 - Member of the Internal Quality Assurance Cell
 - Chairman, BOS, (UG) Mangalore University
 - Member , BOS(PG) Mangalore University
- *Counselling offered to students and parents.
- *Taken up sessions for new staff of the college.
- *Sessions given for teachers of different schools
- * Talks given to parents, teachers and students on parenting skills, Adolescents, problems and challenges.

Retired in the year 2015 as Head of the Department of Psychology.
Actively involved in Counselling the youth and married couples.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.
Accredited with A+ by NAAC & NBA (ECE & CSE)
Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

Ref. No. AIET/WC/22-23/06

24-05-2023

To
IQAC Chairman
Alva's Institute of Engineering & Technology,
Mijar - 574225

Respected Sir,

Sub: Women's Empowerment Cell Activity

This is to inform you that Women Empowerment Cell, AIET is organising a Talk on "Unlocking the secrets to work life harmony for women - A Psychologist's perspective" by Prof Elsie Tharien, Retired Professor in Psychology, St. Agnes College, Mangaluru on 31 May 2023 from 3.30 to 4.45 PM. The talk will be attended by the women students of MBA and BE and all women teaching faculty of AIET.
The Budget for this program is Rs. 2,000
I request you to kindly grant permission to conduct the same.

Thanking you,

Yours sincerely,

Dr Catherine N
WEC Coordinator

Chairman
IQAC
AIET, Mijar



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.
Accredited with A+ by NAAC & NBA (ECE & CSE)
Shobihavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

Ref. No. AIET/WC/22-23/07

Date: 24 May 2023



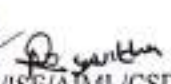


CIRCULAR

The Women Empowerment Cell, AIET is organising a Talk on "Unlocking the secrets to Work Life harmony for women – A Psychologist's perspective" by Prof Elsie Tharien on 31 May 2023 from 3.30 to 4.45 PM in AIET Auditorium, MBA Block, AIET.

The participants for this workshop will be all women students of MBA and BE and all women teaching faculty of AIET. HOD's are requested to send all the women students of BE and MBA to attend the same. Women teaching faculty of all Departments are requested to attend the session.


Dr Catherine N
WEC Coordinator


Dr Peter Fernandes
PRINCIPAL
Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K.

    N.R.S. 
Copies to Deans, HODs of CSE/ECE/ISE/AIEM/CSD/CV/ME/ AG/MATH/PHY/CHE/ MBA

Invitation to be Resource person

4 messages

Thu, May 25, 2023 at 4:49 PM

Alvas Institute <wecalvas@gmail.com>

To: "elsietharien@gmail.com" <elsietharien@gmail.com>

Dear Prof Elsie,

Greeting from Women Empowerment Cell, Alva's Institute of Engineering and Technology. As part of our continuous efforts to empower our young women on the campus, the Women Empowerment Cell organises various activities to provide interaction with experts ensuring maximum exposure to our students. As part of this endeavour, we are organising a Talk on the topic "Unlocking the secrets to work life harmony for women – A Psychologist's perspective" on 31 May 2023 from 3.30 to 4.45 PM. I request you to be the Resource person for the same and share your expertise and personal experiences as a much loved Professor in Psychology and a mother. The tips that you will share with the young women students will enable them to prepare for a future which will involve multitasking and achieving work life balance. I request you to kindly communicate your acceptance for the same.

Sincere regards,

Dr Catherine Nirmala

WEC Coordinator

Thu, May 25, 2023 at 5:00 PM

elsie tharien <elsietharien@gmail.com>

To: Alvas Institute <wecalvas@gmail.com>

Dear Dr Catherine Nirmala,

Thank you for your invitation to address the students on the topic mentioned by you. Looking forward to sharing and interacting with the students.

Warm regards,

Elsie Tharien

On Thu, 25 May 2023 at 4:50 PM, Alvas Institute <wecalvas@gmail.com> wrote:

Dear Prof Elsie,

Greeting from Women Empowerment Cell, Alva's Institute of Engineering and Technology. As part of our continuous efforts to empower our young women on the campus, the Women Empowerment Cell organises various activities to provide interaction with experts ensuring maximum exposure to our students. As part of this endeavour, we are organising a Talk on the topic "Unlocking the secrets to work life harmony for women – A Psychologist's perspective" on 31 May 2023 from 3.30 to 4.45 PM. I request you to be the Resource person for the same and share your expertise and personal experiences as a much loved Professor in Psychology and a mother. The tips that you will share with the young women students will enable them to prepare for a future which will involve multitasking and achieving work life balance. I request you to kindly communicate your acceptance for the same.

Sincere regards,

Dr Catherine Nirmala

WEC Coordinator

Tue, May 30, 2023 at 3:22 PM

elsie tharien <elsietharien@gmail.com>

To: Alvas Institute <wecalvas@gmail.com>

Dear Dr. Catherine Nirmala,

As requested by you, here are a few details regarding my professional life.

Elsie Tharien (George)
Former Head
Department of Psychology
St. Agnes College
Mangalore

*Graduated from Mysore University in 1978 with Clinical Psychology as Specialisation.

Awarded 2 gold medals at the Undergraduate level for securing the highest marks in Psychology and 10th Rank from the University of Mysore.

*Joined St. Agnes College Mangalore in 1979 as Lecturer in the Department of Psychology.

*Served the Institution in different capacities:

- Dean of Arts
- Student Welfare Officer
- Convenor of the Sexual Harassment cum Grievance Redressal Cell
- Convenor, Student Welfare Committee
- Secretary, PTA
- Member of the Internal Quality Assurance Cell
- Chairman, BOS, (UG) Mangalore University
- Member, BOS (PG) Mangalore University

*Counselling offered to students and parents.

*Taken up sessions for new staff of the college.

*Sessions given for teachers of different schools

* Talks given to parents, teachers and students on parenting skills, Adolescents, problems and challenges.

Retired in the year 2015 as Head of the Department of Psychology.
Actively involved in Counselling the youth and married couples.

Warm regards
Elsie Tharien

On Thu, 25 May 2023 at 5:00 PM, elsie tharien <elsietharien@gmail.com> wrote:
Dear Dr Catherine Nirmala,

Thank you for your invitation to address the students on the topic mentioned by you. Looking forward to sharing and interacting with the students.

Warm regards,
Elsie Tharien

On Thu, 25 May 2023 at 4:50 PM, Alvas Institute <wecalvas@gmail.com> wrote:

Dear Prof Elsie,
Greeting from Women Empowerment Cell, Alva's Institute of Engineering and Technology. As part of our continuous efforts to empower our young women on the campus, the Women Empowerment Cell organises various activities to provide interaction with experts ensuring maximum exposure to our students. As part of this endeavour, we are organising a Talk on the topic "Unlocking the secrets to work life harmony for women - A Psychologist's perspective" on 31 May 2023 from 3.30 to 4.45 PM. I request you to be the Resource person for the same and share your expertise and personal experiences as a much loved Professor in Psychology and a mother. The tips that you will share with the young women students will enable them to prepare for a future which will involve multitasking and achieving work life balance. I request you to kindly communicate your acceptance for the same.

Sincere regards,
Dr Catherine Nirmala
WEC Coordinator

Alvas Institute <wecalvas@gmail.com>
To: cathnirdavid@gmail.com

Tue, May 30, 2023 at 7:04 PM

----- Forwarded message -----
From: elsie tharien <elsietharien@gmail.com>
Date: Tue, 30 May 2023, 15:22
Subject: Re: Invitation to be Resource person
To: Alvas Institute <wecalvas@gmail.com>

Dear Dr. Catherine Nirmala,

As requested by you, here are a few details regarding my professional life.

Elsie Tharien (George)
Former Head
Department of Psychology

St. Agnes College
Mangalore

*Graduated from Mysore University in 1978 with Clinical Psychology as Specialisation.

* Awarded 2 gold medals at the Undergraduate level for securing the highest marks in Psychology and 10th Rank from the University of Mysore.

*Joined St. Agnes College Mangalore in 1979 as Lecturer in the Department of Psychology.

* Served the Institution in different capacities:

- Dean of Arts
- Student Welfare Officer
- Convenor of the Sexual Harassment cum Grievance Redressal Cell
- Convenor, Student Welfare Committee
- Secretary, PTA
- Member of the Internal Quality Assurance Cell
- Chairman, BOS, (UG) Mangalore University
- Member, BOS (PG) Mangalore University

*Counselling offered to students and parents.

*Taken up sessions for new staff of the college.

*Sessions given for teachers of different schools

* Talks given to parents, teachers and students on parenting skills, Adolescents, problems and challenges.

Retired in the year 2015 as Head of the Department of Psychology.
Actively involved in Counselling the youth and married couples.

Warm regards
Elsie Tharien

On Thu, 25 May 2023 at 5:00 PM, elsie tharien <elsietharien@gmail.com> wrote:
Dear Dr Catherine Nirmala,

Thank you for your invitation to address the students on the topic mentioned by you. Looking forward to sharing and interacting with the students.

Warm regards,
Elsie Tharien

On Thu, 25 May 2023 at 4:50 PM, Alvas Institute <wecalvas@gmail.com> wrote:

Dear Prof Elsie,
Greeting from Women Empowerment Cell, Alva's Institute of Engineering and Technology. As part of our continuous efforts to empower our young women on the campus, the Women Empowerment Cell organises various activities to provide interaction with experts ensuring maximum exposure to our students. As part of this endeavour, we are organising a Talk on the topic "Unlocking the secrets to work life harmony for women – A Psychologist's perspective" on 31 May 2023 from 3.30 to 4.45 PM. I request you to be the Resource person for the same and share your expertise and personal experiences as a much loved Professor in Psychology and a mother. The tips that you will share with the young women students will enable them to prepare for a future which will involve multitasking and achieving work life balance. I request you to kindly communicate your acceptance for the same.

Sincere regards,
Dr Catherine Nirmala
WEC Coordinator



ALVA'S
EDUCATION FOUNDATION

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

PG DEPARTMENT OF BUSINESS ADMINISTRATION

Name Of The Resource Person		ELSTE GEORGE	
Contact Details	Phone	9480229799	
	Email Id		
Session Handled (Branch)		MBA - WOMEN EMPOWERMENT CELL for all women students of AIET	
Date		31-5-2023	
No. Of Hours/Days		1	
Bank Details			
A/c No		64000517748	
IFSC Code		SBIN0040666	
Bank Address		State Bank of India, Kadi Shiva bagh branch	
PAN No.		ACSPG8033H	
Amount (Rs)		₹ 2000	
Invoice Attached (Please Tick)			

Caen
Program Coordinator

[Signature]
HOD

PG Dept. of
Business Administration

AIET, Mijar

[Signature]
Principal

AIET, Mijar

DEAN

Dept. of Business Administration
Alva's Institute of Engineering & Technology

Alva's Institute of Engg. & Technology,
Mijar, MOODBIDRI - 574 225, D.K

TALK ON UNLOCKING THE SECRETS TO WORK LIFE HARMONY FOR WOMEN-A PSYCHOLOGIST'S PERSEPECTIVE"

Date: 21 MAY 2023

SL.NO	USN	NAME	SIGNATURE
1.	4AL20CS011	AKSHATA JAGDEESH HUNASHIMARAD	AH
2.	4AL20CS007	ADITHI	Adithi
3.	4AL20CS025	ASHWINI	Ashwini
4.	4AL20CS026	ATHMASHREE H A	ATHMASHREE H A
5.	4AL20CS027	B SAI SHREYA	B SAI SHREYA
6.	4AL20CS028	BHOOMIKA E R	BHOOMIKA E R
7.	4AL20CS029	BHOOMIKA M P	BHOOMIKA M P
8.	4AL20CS013	AMRUTHA CHOWDARY M	AMRUTHA CHOWDARY M
9.	4AL20CS014	AMRUTHA G K	AMRUTHA G K
10.	4AL20CS015	ANANYA PREETHI	ANANYA PREETHI
11.	4AL20CS020	ANUPRIYA M R	ANUPRIYA M R
12.	4AL20CS021	ANUSHA	ANUSHA
13.	4AL20CS031	BUGADE POONAM GAJANAN	BUGADE POONAM GAJANAN
14.	4AL20CS032	C SHWETHA	C SHWETHA
15.	4AL20CS033	CHANDANA M	CHANDANA M
16.	4AL20CS034	DEEKSHITHA S R	DEEKSHITHA S R
17.	4AL20CS035	DISHA SHETTY	DISHA SHETTY
18.	4AL20CS036	DIVYA BRAHMANAND NETALKAR	DIVYA BRAHMANAND NETALKAR
19.	4AL20CS037	FARHEEN SADIA	FARHEEN SADIA
20.	4AL20CS039	FATHIMATHUL RAMZEENA	FATHIMATHUL RAMZEENA
21.	4AL20CS042	GOWRIKA G N	GOWRIKA G N
22.	4AL20CS044	HAMSA N	HAMSA N
23.	4AL20CS046	HARSHITHA N P	HARSHITHA N P
24.	4AL20CS048	IKSHU B A	IKSHU B A
25.	4AL20CS049	INCHARA T BADARISH	INCHARA T BADARISH
26.	4AL20CS059	KAVYA	KAVYA
27.	4AL20CS060	KEERTHI R	KEERTHI R
28.	4AL20CS061	KHUSHI V KSHEERASAGAR	KHUSHI V KSHEERASAGAR
29.	4AL20CS082	NANDA CHANDRAPPA BANGER	NANDA CHANDRAPPA BANGER

30.	4AL20CS063	LAVANYA	
31.	4AL20CS080	MONIKA L R	<i>[Signature]</i>
32.	4AL20CS081	MONISHA M	<i>Monika L.R.</i>
33.	4AL20CS066	M HARSHITHA	<i>Monisha M</i>
34.	4AL20CS098	PRIYA D B	<i>Harshitha</i>
35.	4AL20CS099	PRIYANKA R	<i>Priya</i>
36.	4AL20CS100	PRIYANKA VENKANNA KAMANNAVAR	<i>Priyanka</i>
37.	4AL20CS101	PRIYARANI ANNARAY GHORPADE	<i>P.A. Ghopade</i>
38.	4AL20CS085	NIKHITA	<i>Nikhita</i>
39.	4AL20CS086	NISARGA P R	<i>Nisarga</i>
40.	4AL20CS088	PALLAVI K	<i>Pallavi K</i>
41.	4AL20CS103	PUNYA N	<i>Punya N</i>
42.	4AL20CS104	RACHANA NAYAK	<i>Rachana</i>
43.	4AL20CS092	PAVITHRA H V	<i>Pavithra</i>
44.	4AL20CS107	RAKSHA	<i>Raksha</i>
45.	4AL20CS109	RAKSHITHA R	<i>Rakshitha</i>
46.	4AL20CS110	RAMYASHREE	<i>Ramyashree</i>
47.	4AL20CS111	RANJANA R SHETTY	<i>Ranjana</i>
48.	4AL20CS117	ROHINI M N	<i>Rohini M.N</i>
49.	4AL20CS118	RUCHITHA M R	<i>Ruchitha</i>
50.	4AL20CS113	RASHIKA	<i>Rashika</i>
51.	4AL20CS114	RASI K S	<i>Rasika</i>
52.	4AL20CS115	REKHA M S	<i>Rekha</i>

[Signature]
H.O.D.

Dept. Of Computer Science & Engineering
Alva's Institute of Engg. & Technology
Mijar, MOODBIDRI - 574 225

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,
New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail



PG DEPARTMENT OF BUSINESS ADMINISTRATION

Date:31/05/2023

II YEAR MBA

Sl.No	USN	Student's Name	Signature
1	4AL21BA001	Aisiri N.R	Aisiri
2	4AL21BA003	Akriti Shetty	Akriti
3	4AL21BA004	AKSHAYA	Akshaya
4	4AL21BA006	Archana k	Archana
5	4AL21BA010	Ashritha Shetty	Ashritha
6	4AL21BA012	ASHWINI	Ashwini
7	4AL21BA013	ATHMIKA K M	Athmika
8	4AL21BA014	Bhagyashree Madigoudar	Bhagyashree
9	4AL21BA015	CHAITHRA	Chaitra
10	4AL21BA016	Chaitra nayak	Chaitra
11	4AL21BA017	CHAITHRA S	Chaitra
12	4AL21BA018	CHAITRA U	Chaitra
13	4AL21BA020	Chandrika	Chandrika
14	4AL21BA021	Chandrika N	Chandrika
15	4AL21BA022	CHAYA	Chaya
16	4AL21BA024	D JESSIE JANET	Jessie
17	4AL21BA027	Dhanya Kumari	Dhanya
18	4AL21BA028	Divya	Divya
19	4AL21BA029	Divya Rajendra Naik	Divya
20	4AL21BA030	EENA ADELINE PINTO	Eena
21	4AL21BA031	Gagana V	Gagana
22	4AL21BA036	Jyothi	Jyothi
23	4AL21BA037	Jyothi Meghashree K	Jyothi
24	4AL21BA041	LOLITA RESHMA LOBO	Lolita
25	4AL21BA046	Monisha P	Monisha
26	4AL21BA048	Muthamma M U	Muthamma
27	4AL21BA052	Neha M R	Neha
28	4AL21BA053	Niharika D Shetty	Niharika
29	4AL21BA054	Nisha	Nisha
30	4AL21BA055	Pallavi	Pallavi
31	4AL21BA056	Pooja B.S	Pooja
32	4AL21BA057	PRAJNA	Prajna

33	4AL21BA060	Priti shetty	Priti
34	4AL21BA061	Priyanka Shetty	Priyanka
35	4AL21BA062	Rakshitha	Rakshitha
36	4AL21BA063	Rishitha	Rishi
37	4AL21BA068	Sakshi	Sakshi
38	4AL21BA071	Pratiksha Shetty	Pratiksha
39	4al21ba073	Shravya Jain	Shravya
40	4AL21BA074	Shravya	Shravya
41	4AL21BA075	Shravya Jain	Shravya
42	4AL21BA076	Shreya	Shreya
43	4AL21BA077	Shreya Pai	Shreya
44	4AL21BA078	Shreya S	Shreya S
45	4AL21BA080	Shrutha	Shrutha
46	4AL21BA081	Shruthi	Shruthi
47	4AL21BA082	Shruthi S	Shruthi S
48	4AL21BA083	Shwetha	Shwetha
49	4AL21BA084	Shwetha Shetty	Shwetha
50	4AL21BA085	SINCHANA Y S	Sinchana
51	4AL21BA086	Soujanya G	Soujanya
52	4AL21BA087	Sowmya KR	Sowmya
53	4AL21BA088	Sowmya P Rao	Sowmya
54	4AL21BA089	SOWMYA R	Sowmya
55	4AL21BA091	Stephy Saldanha	Stephy
56	4AL21BA094	Suraksha	Suraksha
57	4AL21BA095	Suraksha	Suraksha
58	4AL21BA097	Swathi	Swathi
59	4AL21BA098	Swati Naik	Swati
60	4AL21BA099	Swetha B	Swetha
61	4AL21BA102	Vandana shenoy N	Vandana
62	4al21ba103	Varada Shetty	Varada
63	4AL21BA104	Varshini B S	Varshini
64	4AL21BA105	Vidhya Nair	Vidhya
65	4AL21BA108	Vindhya	Vindhya
66	4AL21BA111	ZAHIRA BANU	Zahira
67	4AL21BA113	Chaya Shetty	Chaya
68	4AL21BA115	Jasmine Rita Dantis	Jasmine
69	4AL21BA116	Sneha k	Sneha
70	4AL21BA050	Namitha.N Suvarna	Namitha

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,

New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC



Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaet08@gmail

PG DEPARTMENT OF BUSINESS ADMINISTRATION

Date:31/05/2023

I YEAR MBA

Sl.No	Student's Name	Signature
1	Akshari shetty	
2	AKSHATHA.B.MALI	
3	Akshitha.M	
4	Amisha devadiga	
5	Apoorva	
6	Ashwitha Shetty	
7	Ayesha Ibrahim	
8	Bhoomika	
9	Bhoomika DR	
10	Chaitra	
11	Ciona Vilcoeta Pereira	
12	Deekshitha Rani K	
13	N Deekshitha	
14	DEEPTHI	
15	Deepthi Kumari	
16	Divyashree	
17	Fiza s shaikh	
18	Greeshma	
19	Harshitha	
20	Prerna Pramod Hegde	
21	HELAN K.J	
22	Hrushitha	
23	Jenisha Lasrado	
24	Kavya	
25	Kruti K S	
26	Maithri R Shetty	
27	Megha	
28	Monica M	
29	NANDA DS	
30	Nireeksha	
31	Nithya	
32	Nidhya R S	

33	Pooja	Pooja
34	Pooja C	Pooja C
35	POOJA K S	Pooja
36	PRAJEETHA SHETTY	Prajeetha
37	PRAJNA	Prajna
38	Praneetha J.H	Praneetha.
39	Prathiksha	Prathiksha
40	Prathiksha shetty	Prathiksha.
41	PRIYANKA R	Priyanka
42	Pruthvika B G	Pruthvika
43	Rachana Shenoy	Rachana
44	Rakshitha	Rakshitha
45	RAMYASHREE	Ramyashree
46	Rashmitha	Rashmitha.
47	Sahana	Sahana
48	Sahithya	Sahithya
49	Shama K	Shama.K.
50	Sharanya Shetty	Sharanya
51	SHRADDHA M	Shraddha
52	Shraddha S Shetty	Shraddha
53	Shraddha Shetty	Shraddha
54	Shramya	Shramya.
55	Shreni C S	Shreni
56	Shreshtha jain	Shreshtha.
57	shreya	Shreya
58	Shreya Jain	Shreya
59	Shreya Kava	Shreya
60	Shrutha D Shetty	Shrutha
61	Sindhu Shiva Kharvi	Sindhu
62	Soujanya	Soujanya
63	Sowndarya	Sowndarya
64	Srushti	Srushti
65	Sudeeksha S Shetty	Sudeeksha
66	Supritha	Supritha
67	SUZANA AK SHAIKH	Suzana
68	Swathi	Swathi
69	Thrupthi	Thrupthi
70	Vinutha C	Vinutha
71	Alisha maria	Vinutha
72	MEGHANA G U	Meghana
73	Poojary Vinisha Vishwanath	Vinisha


 PRINCIPAL
 KJVA's Institute of Engg. & Technology,
 Majur, MOODGURI - 574 225, D.K



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE,
New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

WOMEN EMPOWERMENT CELL 2022-23

REPORT ON GUEST LECTURE ON SELF ESTEEM



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail

INDEX

Sl No.	Particulars	Page No.
1	Report on Guest Lecture on Self Esteem	1-3
	Annexure	



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New
Delhi. Recognized by Government of Karnataka.
Accredited with A+ by NAAC & NBA (ECE & CSE)
Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

REPORT ON TALK ON "HOW TO IMPROVE SELF ESTEEM"

The Women's Empowerment Cell, AIET organised a Women Empowerment session – Talk on How to Improve self-esteem" for AIET students on 5 July 2023 at 3.30 PM to 5.00 PM.

Objectives of the Program:

1. To educate the students of I year BE and I year MBA the importance of self-confidence and high self-esteem to build personality.
2. To bring out the various issues pertaining to factors that contribute to low self-esteem among young people and discuss ways to deal with it.

The Women Empowerment Cell of AIET organised a Talk on the theme "How to improve your self-esteem" by Prof. Della Cordeiro, Professor in Psychology & Soft Skills Trainer, Mangaluru on 5 July 2023 from 3.30 to 4.45 PM, in AIET Auditorium, MBA Block, AIET.

In the session, Prof Della spoke about what exactly self-esteem is, importance of believing in oneself, avoiding negativity. She also focussed on the various areas of low self-esteem and through some activities brought out the importance of knowing their own strengths, accepting oneself, dealing with special focus problems, having realistic expectations and goals and discussed various specific steps to improve self-esteem. Around 350 boys and girls students of I year Engineering and I year MBA attended the session.

Outcome of the session:

1. Students who are in the first year Engineering were provided an opportunity to identify their potential and introspect within themselves and see how they deal with their strengths and weaknesses.
2. Students were taught how to view their strengths and weaknesses in a positive manner and how to live up to their potential by having a good self-esteem.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com



ALVA'S INSTITUTE OF ENGINEERING AND TECHNOLOGY MIJAR, MOODBIDRI

WOMEN EMPOWERMENT CELL

*Organises Talk
On*

HOW TO IMPROVE YOUR

"SELF ESTEEM"

By

Prof. Della Cordeiro

PROFESSOR IN PSYCHOLOGY & SOFT SKILL TRAINER

STUDENT CO-ORDINATOR

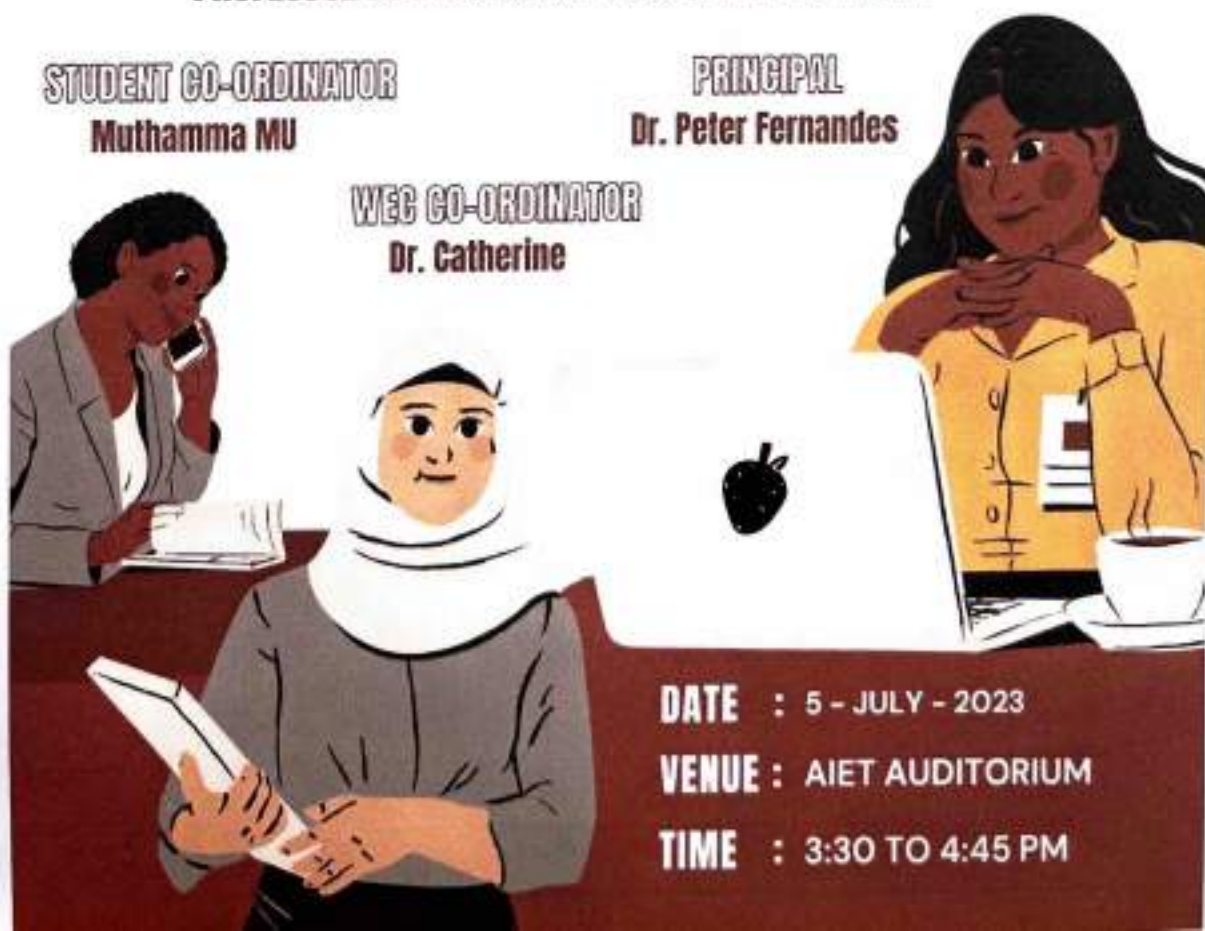
Muthamma MU

PRINCIPAL

Dr. Peter Fernandes

WEC CO-ORDINATOR

Dr. Catherine



DATE : 5 - JULY - 2023

VENUE : AIET AUDITORIUM

TIME : 3:30 TO 4:45 PM



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

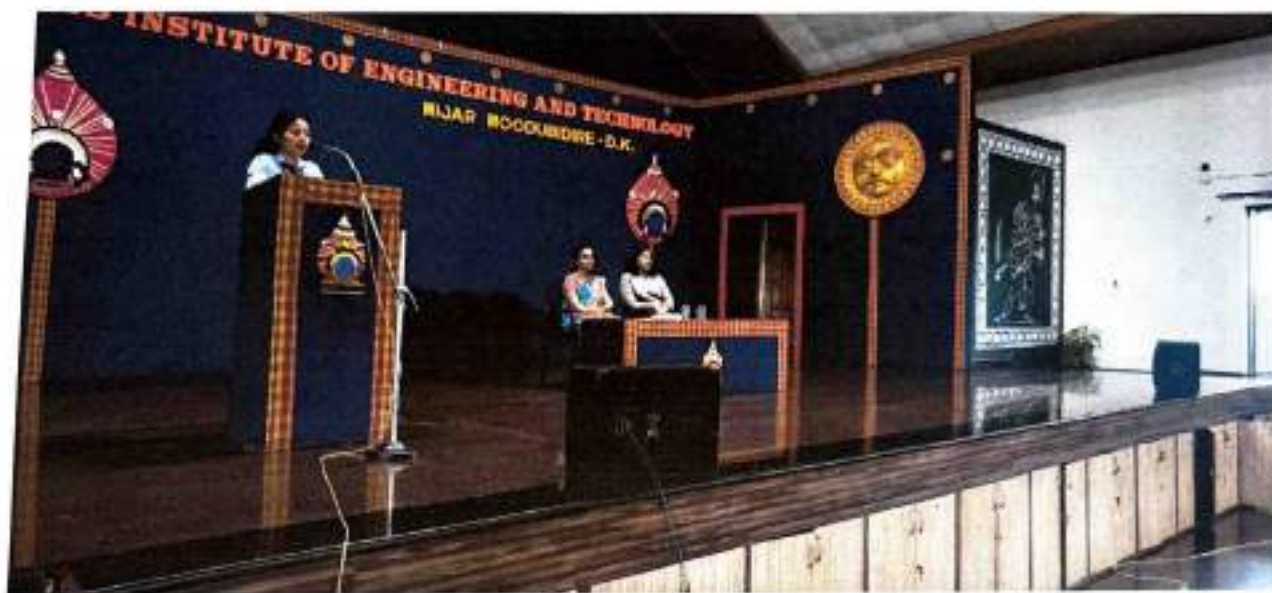
(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com





ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, M/JAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com



PRINCIPAL

Alva's Institute of Engg. & Technology

Alva's MOODBIDRI - 574 225, D.K.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MLJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

PROFILE: Ms Della Cordeiro

I'm a Counselling Psychologist with 7 years of experience as a Counsellor in Dubai, UAE. I have predominantly worked in the education sector. I have worked as an assistant professor in Psychology

- I'm certified under Cognitive Behaviour Therapy and Solution Focused Therapy which are highly recommended for emotional counselling.
- I have been trained under Pearson Education for Career Counselling and Assessment and have been certified under the NCDA for Career Guidance and Coaching.

I'm a full-time mom and a part time trainer and recently joined hands in the training and development field.

I love public speaking and I'm an active member of 2 Toastmaster clubs in Mangalore. I love challenging myself with different experiences to improve and make myself a better public speaker which would in return be a service to the society. My forte is working with young adults, that's where I find my passion and strength.

Aside from professional life, I love reading and theatre- drama is one of the rarest talents



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.

Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail

ANNEXURE



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

[Unit of Alva's Education Foundation (R), Moodbidri]

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.

Recognized by Government of Karnataka.

Accredited with A+ by NAAC & NBA (ECE & CSE)

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

Ref. No. AIET/WC/22-23/08

30-06-2023

To
IQAC Chairman
Alva's Institute of Engineering & Technology,
Mijar - 574225

Respected Sir,

Sub: Women's Empowerment Cell Activity

This is to inform you that Women Empowerment Cell, AIET is organising a Talk on "How to improve your Self Esteem" by Prof Della Cordeiro, Professor in Psychology & Soft Skills Trainer, Mangaluru on 5 July 2023 from 3.30 to 4.45 PM. The talk will be attended by the women students of MBA and BE and all women teaching faculty of AIET.

The Budget for this program is Rs. 2,000

I request you to kindly grant permission to conduct the same.

Thanking you,

Yours sincerely,

Dr Catherine N
WEC Coordinator

Dr Catherine N
WEC Coordinator



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi.
Recognized by Government of Karnataka.
Accredited with A+ by NAAC & NBA (EC & CSE)
Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

Ref. No. AIET/WC/22-23/09

Date: 04 June 2023

CIRCULAR

The Women Empowerment Cell, AIET is organising a Talk on "on "How to improve your Self Esteem" by Prof Della Cordeiro, Professor in Psychology & Soft Skills Trainer, Mangaluru on 5 July 2023 from 3.30 to 4.45 PM. in AIET Auditorium, MBA Block, AIET.

The participants for this workshop will be all women students of MBA and BE and all Department faculty coordinators of WEC. HOD's are requested to send all the women students of BE and MBA to attend the same. Faculty coordinators of all Departments are requested to attend the session.

Dr Catherine N
WEC Coordinator

Dr Peter Fernandes
PRINCIPAL

Alva's Institute of Engg. & Technology,
Moodbidri - 574 225, D.K.

Copies to Deans, HODs of CSE/ECE/ISE/AIEM/CSD/CV/ME/ AG/MATH/PHY/CHE/ MBA



ALVA'S
Education Foundation

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)

Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

A+, Accredited by NAAC & NBA (BCE & CSE)

Shobhavana Campus, MJAR-574225, Moodbidri, D.K., Karnataka

Ph: 08258-262725; Mob: 722262724, 7026262725; mail: principalaiet08@gmail.com

PG DEPARTMENT OF BUSINESS ADMINISTRATION

Name Of The Resource Person

DELLA CINDY CORDEIRO

Contact Details

Phone

8197391427

Email Id

Session Handled (Branch)

Women Empowerment Cell - Session on How to build Self Esteem

Date

05-07-2023

No. Of Hours/Days

02

Bank Details

A/c No

1100000251980

IFSC Code

CNRG00000842

Bank Address

TS 1585/2 Ward No.19, Canara bank

PAN No.

BNMPCG477M

Amount (Rs)

22000

Invoice Attached(Please Tick)

WEC Coordinator

PG Dept. of
Business Administration

F.O
AIET, Mijar

PRINCIPAL

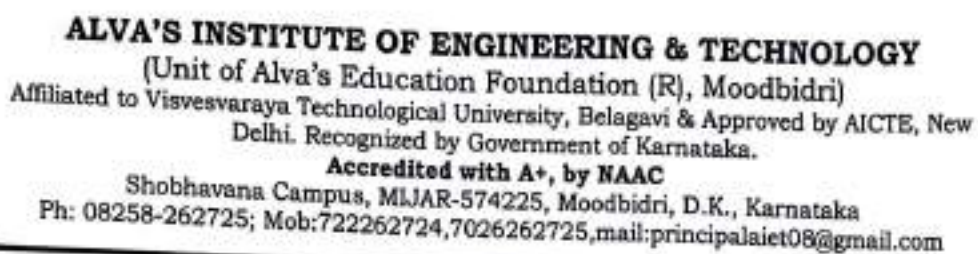
Alva's Institute of Engg. & Technology,
Mijar. MOOREGURI - 574 225, D.K



Physics

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
 (Unit of Alva's Education Foundation (R), Moodbidri)
 Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New
 Delhi. Recognized by Government of Karnataka.
 Accredited with A+, by NAAC
 Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
 Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

SLNo	USN	Student's Name	Signature
1	4AL22EC101	Latham. S. Kudachi	<i>[Signature]</i>
2	4AL22EC191	Umesh	<i>[Signature]</i>
3	4AL22EC070	Poithiviraj. S.S	<i>[Signature]</i>
4	4AL22CS097	Padmasai. Kurundande	<i>[Signature]</i>
5	4AL22CS051	H.T. Akshay	<i>[Signature]</i>
6	4AL22CS067	K. Jeevan Kumar	<i>[Signature]</i>
7	4AL22TC009	SOHASS	<i>[Signature]</i>
8	4AL22TC050	Sumal P.K	<i>[Signature]</i>
9	4AL22TC036	Pavan Kumar C.K	<i>[Signature]</i>
10	4AL22CD002	Abhishek S.D	<i>[Signature]</i>
11	4AL22CD009	Prishikesh Ghoshle	<i>[Signature]</i>
12	4AL22AI022	Karthik	<i>[Signature]</i>
13	4AL22AI021	Kailas	<i>[Signature]</i>
14	4AL22CS02	Charmay H.V	<i>[Signature]</i>
15	4AL22EC02	Karthik. S. Kashyap	<i>[Signature]</i>
16	4AL22EC02	Annapurna A.C	<i>[Signature]</i>
17	4AL22AI020	Jaravi. MP	<i>[Signature]</i>
18	4AL22CD009	Varsha.V.	<i>[Signature]</i>
19	4AL22AI055	Sunshree Sunshree	<i>[Signature]</i>
20	4AL22CD024	Shree Lekha C.K	<i>[Signature]</i>
21	4AL22CD034	Priyanka. R.B	<i>[Signature]</i>
22	4AL22IS049	Shreeya J.R	<i>[Signature]</i>
23	4AL22AI029	Gouri Mahadev	<i>[Signature]</i>
24	4AL22EC014	Bhagyashree H. Hirenath	<i>[Signature]</i>
25	4AL22EC088	Savita. C.B	<i>[Signature]</i>
26	4AL22IC019	Namratha	<i>[Signature]</i>
27	4AL22TC039	Philpa	<i>[Signature]</i>
28	4AL22CD039	Shazma	<i>[Signature]</i>
29	4AL22AI018	Harshini	<i>[Signature]</i>
30	4AL22AI035	Padma Pooja Shetty	<i>[Signature]</i>
31	4AL22AI030	Meghana D.G.	<i>[Signature]</i>
32	4AL22CD020	Krushika. V. Shetty	<i>[Signature]</i>
33	4AL22CD025	Grihna Shetty	<i>[Signature]</i>
34	4AL22CD051	Tejmayi. N.K	<i>[Signature]</i>
35	4AL22IC024	P. Kirthi Reddy	<i>[Signature]</i>
36	4AL22IC029	Pushpa	<i>[Signature]</i>
37	4AL22TC029	Shruti aditi	<i>[Signature]</i>

[illegible]

PHYSICS.



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
 (Unit of Alva's Education Foundation (R), Moodbidri)
 Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New
 Delhi. Recognized by Government of Karnataka.
 Accredited with A+, by NAAC
 Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
 Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

SLNo	USN	Student's Name	Signature
1	4AL22EC073	RAGHAVENDRA.HO	Rag
2	4AL22EC052	Navreen.S.S	Navreen
3	4AL22CS029	Chithan.DB	Chithan
04	4AL22EC061	Pradeep MC	Pradeep
05	4AL22IC009	C.G. Vashanth . Raj	C.G. Vashanth . Raj
06	4AL22CS001	B.B. NAIK	B.B. NAIK
07	4AL22CS055	Holsha .C.R	Holsha .C.R
08	4AL22JC007	Ashik . S	Ashik . S
09	4AL22IS018	Lohith . Patgar	Lohith . Patgar
10	4AL22EC031	Karthik J	Karthik J
11	4AL22CD054	Thilak .	Thilak .
12	4AL22CD007	Ajay.T	Ajay.T
13	4AL22AI003	ABHISHEK.S	ABHISHEK.S
14	4AL22CS186	Varun H.M	Varun H.M
15	4AL22AI032	Mohammed Faizal	Mohammed Faizal
16	4AL22IS023	Md. Farhan	Md. Farhan
17	4AL22CS003	Bhagath HO	Bhagath HO
18	4AL22AI015	FAHAZ SHAIKH	FAHAZ SHAIKH
19	4AL22CD031	Praveen . P. Bhavi	Praveen . P. Bhavi
20	4AL22IS047	Shadhar Rao	Shadhar Rao
21	4AL22EC079	Rohan . A. Naik	Rohan . A. Naik
22	4AL22IS044	Raj kumar	Raj kumar
23	4AL22CS121	Roshan . S	Roshan . S
24	4AL22IS003	Akash Pujari	Akash Pujari
25	4AL22IS013	Guruprasad	Guruprasad
26	4AL22EC051	Nandishgouda . R.D	Nandishgouda . R.D
27	4AL22CS183	Veigas Loyston Vincent	Veigas Loyston Vincent
28	4AL22IS015	Karthik Kumar P	Karthik Kumar P
29	4AL22IS020	Manojrao	Manojrao
30	4AL22CS183	Yogeshwara	Yogeshwara
31	4AL22CS105	Pranav	Pranav
32	4AL22CS009	Abin . C. Raju	Abin . C. Raju
33	4AL22IC014	Tishnu Raj V.R	Tishnu Raj V.R
34	4AL22IC005	Anvesh Rao	Anvesh Rao
35	4AL22IC006	Ujjwal . K. Das	Ujjwal . K. Das
36	4AL22IC045	Siddharth Naik	Siddharth Naik



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+, by NAAC

Shobhavana Campus, MJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

Sl.No	USN	Student's Name	Signature
37	4AL22IC020	Kaveen Kumar	
38	4AL22IS040	Breetham Shetty	
39	4AL22IS001	Adithy	
40	4AL22IS108	Preetham D	
41	4AL22IC062	Yash	
42	4AL22CD046	Skanda Shetty	
43	4AL22IS018	Arvind Jay Shetty	
44	4AL22IS003	Abhishek Alupin	
45	4AL22CS012	Anil Kumar	
46	4AL22CS111	Ravindra C. Neeli	
47	4AL22IS190	Hemba Singh	
48	4AL22IC048	Sreedheep	
49	4AL22IC031	Rakshith Rao	
50	4AL22IC026	Rajwal SB	
51	4AL22CS078	Kiran Kumar	
52	4HAL22EC073	Rizjay Katal	
53	4HAL22EC094	Sharan Shetty	
54	4AL22CS171	Suraj	
55	4AL22CS090	Mohidin Ahmed Kabeer	
56	4AL22CS047	Gilanil Jawid	
57	4AL22CS044	Jagan	
58	4AL22IS143	Samay Shetty	
59	4AL22IS028	Nisha	
60	4AL22IS030	Oliva	
61	4AL22CS030	Hafeeza	
62	4AL22CD048	Priyadarshini K.S	
63	4AL22CD047	Sonika N	
64	4AL22CD020	Karehana P	
65	4AL22CD044	Shanvi M	
66	4AL22CS004	Aditya H. Shetty	
67	4AL22CS043	Pranami M. Shetty	
68	4AL22IC060	Varsha V	
69	4AL22IS045	Rithika G. Shetty	
70	4AL22IC002	Aishwarya	
71	4AL22IS022	Meghana Naik	
72	4AL22IS028	Nisarga Naik	

Sl.No	USN	Student's Name	Signature
1.	4AL22AI033	Navya Shree M	Navya Shree M
2.	4AL22AI061	Vaishnavi S. Keddlaya	Vaishnavi S. Keddlaya
3.	4AL22CS126	Sakshi Shetty	Sakshi Shetty
4.	4AL22IS048	Shradha Shetty	Shradha Shetty
5.	4AL22EC011	Ashwini V.M	Ashwini V.M
6.	4AL22P1002	Aishwarya S.R	Aishwarya S.R
7.	4AL22EC007	Anushree M.J	Anushree M.J
8.	4AL22EC041	Maheshwari S.R	Maheshwari S.R
9.	4AL22EC038	Madhu M.	Madhu M.
10.	4AL22EC049	Monika M	Monika M
11.	4AL22EC015	Bhavana K.N	Bhavana K.N
12.	4AL22EC034	Kshama N	Kshama N
13.	4AL22EC048	Megha Kulkarni	Megha Kulkarni
14.	4AL22IC033	Rakshatha R	Rakshatha R
15.	4AL22IS004	Apoorva	Apoorva
16.	4AL22CS114	Rajeshwari N	Rajeshwari N
17.	4AL22EC007	HC Manya	HC Manya
18.	4AL22IS059	Sukanya Patil	Sukanya Patil
19.	4AL22CS156	Shravya S.M	Shravya S.M
20.	4AL22CS039	Disha M	Disha M
21.	4AL22EC017	Bhronika K.R	Bhronika K.R
22.	4AL22EC082	S.K.Punyashree	S.K.Punyashree
23.	4AL22EC112	Sumitha M	Sumitha M
24.	4AL22EC106	Spandan B	Spandan B
25.	4AL22EC003	Soujanya P. G	Soujanya P. G
26.	4AL22CS112	Sahana A	Sahana A
27.	4AL22EC090	Shrinidhi R. S	Shrinidhi R. S
28.	4AL22EC030	Kannika P.S	Kannika P.S
29.	4AL22EC084	Sahana	Sahana
30.	4AL22EC099	Pinchana	Pinchana
31.	4AL22CG055	Sneha	Sneha
32.	4AL22CO04	Shreya	Shreya
33.	4AL22EC100	Pounya	Pounya
34.	4AL22EC057	Niveditha	Niveditha
35.	4AL22IC004	Amulya M.M	Amulya M.M
36.	4AL22IS025	Mandini R. B	Mandini R. B
37.	4AL22CS053	H Manjula	H Manjula



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+, by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

SLNo	USN	Student's Name	Signature
38	4AL22IS062	Uthamsha S.	Uthamsha S.
39	4AL22E400	Sneha. S. B.	Sneha S.
40	4AL22AI056	Sneha P. U	Sneha P. U
41	4AL22AI058	Sushma. V. M.	Sushma V. M.
42	4AL22CG020	Houseya. G.	Houseya G.
43	4AL22CG006	Ashwini. J.	Ashwini J.
44	4AL22CG000	YASHANYA. G. R.	Yashanya G. R.
45	4AL22CS037	Devika. S. A	Devika S. A
46	4AL22EC008	Sparshita. S. M	Sparshita S. M
47	4AL22CS055	Megha. T	Megha T
48	4AL22CS025	Bhramita. P	Bhramita P
49	4AL22CS146	Shivaleela Kalasod	Shivaleela Kalasod
50	4AL22CG007	B. bi Fatima	B. bi Fatima
51	4AL22CG054	Shruthi N	Shruthi N
52	4AL22CS160	Soumya Shetty	Soumya Shetty
53	4AL22CD045	Shruthi	Shruthi
54	4AL22CS116	Rakshitha	Rakshitha
55	4AL22TS007	Chaya	Chaya
56	4AL22AI054	Somali	Somali
57	4AL22CG056	Sneha S	Sneha S.
58	4AL22CD013	G. L. Shreyas	G. L. Shreyas
59	4AL22IS033	Pavithra	Pavithra
60	4AL22CS074	Kanyashree	Kanyashree
61	4AL22IS032	Esha	Esha
62	4AL22CS131	Shanaya	Shanaya
63	4AL22CS147	Shivani Ramath	Shivani Ramath
64	4AL22CD048	Rakshitha	Rakshitha
65	4AL22CS033	Chirashree	Chirashree
66	4AL22EC008	Jyothi	Jyothi
67	4AL22EC053	Neeta. K	Neeta K.
68	4AL22EC028	Seetha. S. S.	Seetha S. S.
69	4AL22CS087	Neelak. H. N	Neelak H. N
70	4AL22CS079	Kusuma C. D	Kusuma C. D
71	4AL22CS165	Sneha. N. B	Sneha N. B
72	4AL22CS185	Varshitha	Varshitha
	4AL22CS84	Manohari	Manohari
	4AL22CD056	Varshitha	Varshitha

CHEMISTRY:



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+, by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob:722262724,7026262725,mail:principalaiet08@gmail.com

Sl.No	USN	Student's Name	Signature
01	4AL22IS008	chethan H.D	
02	4AL22EC091	Sharanaprakash Hosamani	
03	4AL22CS012	BASAVARAJ	
04	4AL22EC111	Sunil Itagi	
05	4AL22EC022	Charith Kumar K.S	
06	4AL22CS071	Karthik N	
07	4AL22CG022	Hemant K.V	
08	4AL22C0032	Prathak	
09	4AL22CG039	Pavan raj	
08	4AL22C0004	Abhishek	
09	4AL22IS032	Pavan Kumar M	
10	4AL22AI031	Mithun Gowda SR	
11	4AL22CS133	Sharath	
12	4AL22IC030	Rahul A.G	
13	4AL22IS016	Krushnakumar. N	
14	4AL22EC126	Vishwa Pradeep Shet	
15	4AL22CS035	Deepak	
16	4AL22CS013	Anurish	
17	4AL22AI013	Darshan C M	
18	4AL22CS174	Swarnith A.K	
19	4AL22CS077	Keerthiraj S.B	
20	4AL22CS130	Sanjay N	
21	4AL22CS008	Abhishek R.D	
22	4AL22CS179	Tamir Agrawal	
23	4AL22CS102	Pragya	
24	4AL22CS133	Shravan Kulkarni	
25	4AL22CS111	Pratik R.P	
26	4AL22CS148	Shivaprasad R.K	
27	4AL22CG038	Pooresh Talwar	
28	4AL22IC003	Akash Goud	
29	4AL22DC026	MB Thimmappa	
30	4AL22CG025	Karthik	
31	4AL22CG045	Premkumar Ingale	
32	4AL22CS005	Akhil H.R	
33	4AL22CS187	Vaun	



ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY

(Unit of Alva's Education Foundation (R), Moodbidri)
 Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New Delhi. Recognized by Government of Karnataka.

Accredited with A+, by NAAC

Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
 Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

Sl.No	USN	Student's Name	Signature
34	4AL22A3017	Gururiddhi. B	Gururiddhi
35	4AL22A1016	Ganesh APS	Ganesh
36	4AL22A1010	Bushreddy Jalawarth	B. Jalawarth
37	4AL22C3062	Hemanth. R	Hemanth. R
38	4AL22C4008	Chandrashekhar. P. L	Chandrashekhar
39	4AL22E5003	Afthab Khan	Afthab
40	4AL22A1047	Shashank K. F. A	Shashank
41	4AL22A1012	Danush M. Kolari	Danush
42	4AL22C0016	Gumpiyasad	Gumpiyasad
43	4AL22C6033	Nagabhishek Daddi	Nagabhishek
44	4AL22E0020	Chandan Dk	Chandan
45	4AL22A1042	Sangeetha V. Reddy	Sangeetha
46	4AL22C5136	(Shashank. D)	Shashank
47	4AL22C1001	Abhishankha Surya. T. K	Abhishankha
48	4AL22C0001	Abdul Khader Jilani	Abdul Khader
49	4AL22C5137	Shashank. D. P	Shashank
50	4AL22A5099	Sanket Patil	Sanket
51	4AL22E112	Sh. S. Hitesh Gowda	Hitesh
52	4AL22E101	Sanjay M. R	Sanjay
53	4AL22E111	Sulvas Hemanth	Sulvas
54	4AL22E113	Surej S. Acharya	Surej
55	4AL22E0066	Prasad Prakash Lekkar	Prasad
56	4AL22A1051	Shubham Venkatar	Shubham
57	4AL22C9042	Pradeep U. N. A. R	Pradeep
58	4AL22I5031	Omkar. R. Naik	Omkar
59	4AL22C5024	Bharathim	Bharathim
60	4AL22A1059	Surekha. S. R	Surekha
61	4AL22C5	Rupin. D. B	Rupin
62	4AL22C5017	Arun. P. S	Arun
63	4AL22B1063	Praywal. A. Andarav	Praywal
64	4AL22C5068	K. VEERESH	K. VEERESH
65	4AL22C5018	Gaganendra A	Gaganendra
66	4AL22C5112	Raghavendra. P. K.	Raghavendra
67	4AL22C5031	Chethan. L. R	Chethan



Chennur

ALVA'S INSTITUTE OF ENGINEERING & TECHNOLOGY
 (Unit of Alva's Education Foundation (R), Moodbidri)
 Affiliated to Visvesvaraya Technological University, Belagavi & Approved by AICTE, New
 Delhi. Recognized by Government of Karnataka.
 Accredited with A+, by NAAC
 Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
 Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

Sl.No	USN	Student's Name	Signature
68	4AL22C1034	Darshan . B	Darshan . B
69	4AL22C1035	Danush . N	Danush . N
70	4AL22C1036	Jagadeesh . B	Jagadeesh . B
71	4AL22C1037	Karthikeya . S.	Karthikeya . S.
72	4AL22A1007	Abhay	Abhay
73	4AL22C1140	Shrinidhi	Shrinidhi
74	4AL22A1033	Premod . C	Premod . C
75	4AL22C1019	Manish D. Sathian	Manish D. Sathian
76	4AL22C1169	Suman H. L	Suman H. L
77	4AL22A1050	Gaurav Shetty	Gaurav Shetty
78	4AL22C1023	Mehesh	Mehesh
79	4AL22C1036	Roshan Shetty	Roshan Shetty
80	4AL22C1106	Prathamesh Shetty	Prathamesh Shetty
81	4AL22C1030	Chethan Kumar	Chethan Kumar
82	4AL22A1044	Gathya Prakash . T	Gathya Prakash . T
83	4AL22C1009	Anshul A Sathian	Anshul A Sathian
84	4AL22C1115	Srikanth Kumar . S	Srikanth Kumar . S
85	4AL22C1167	Sudeep . Y . K	Sudeep . Y . K
86	4AL22C1038	Phanaraj . B	Phanaraj . B
87	4AL22C1159	Siddhant Karan	Siddhant Karan
88	4AL22C1061	Yashwanth . B . R	Yashwanth . B . R
89	4AL22C109	ASHWITH . R	ASHWITH . R
90	4AL22C1090	Shailesh	Shailesh
91	EC076	Ramesh C	Ramesh C
92	EA122E071	Puneeth Kumar B R	Puneeth Kumar B R
93	4AL22C1058	Biddu . N . D	Biddu . N . D
	4AL22C1023	Nishant	Nishant
	4AL22C1046	Manju Choudhary	Manju Choudhary
	4AL22C1042	Mallikarjun	Mallikarjun
	4AL22C1072	Rudresh	Rudresh
	4AL22C1059	Venkat	Venkat
	4AL22C1055	H. L Raksha	H. L Raksha
	4AL22C1058	Shreya . H	Shreya . H
	4AL22C101	Pooja . K . R	Pooja . K . R
	4AL22C1047	Priyanka . S	Priyanka . S



Shobhavana Campus, MIJAR-574225, Moodbidri, D.K., Karnataka
Ph: 08258-262725; Mob: 722262724, 7026262725, mail: principalaiet08@gmail.com

SL.No	USN	Student's Name	Signature
1	4AL22BA053	Pooja.C	Pooja
2	4AL22BA025	Divyashree	Divyashree
3	4AL22BA090	Shradha.M	Shradha
4	4AL22BA115	Thirupathi	Thirupathi
5	4AL22BA035	Kavya	Kavya
6	4AL22BA024	Rakshitha	Rakshitha
7	4AL22BA058	Prajna	Prajna
8	4AL22BA028	Amsha Swadiga	Amsha
9	4AL22BA042	Meghana G.U	Meghana
10	4AL22BA020	Deepthi	Deepthi
11	4AL22BA024	Soujanya.	Soujanya
12	4AL22BA021	Deepthi kumari	Deepthi
13	4AL22BA092	Shradha Phetty	Shradha
14	4AL22BA066	Priyanka R	Priyanka
15	4AL22BA029	Priyanka Hegde	Priyanka
16	4AL22BA052	Pooja.	Pooja
17	4AL22BA076	Ramyashree	Ramyashree
18	4AL22BA026	Liza.S.Shankh	Liza
19	4AL22BA086	Shama Bhal	Shama
20	4AL22BA095	Shreen?	Shreen
21	4AL22BA067	Pruthvika B.G	Pruthvika
22	4AL22BA113	Swathi?	Swathi
23	4AL22BA004	Akshari Shetty	Akshari
24	4AL22BA098	Shreya Jain	Shreya
25	4AL22BA055	Poojany Urusha Urushnath	Poojany
26	4AL22BA007	Ciona Purina	Ciona
27	4AL22BA007	Hanisha	Hanisha
28	4AL22BA048	Nirneeksha	Nirneeksha